

VIRTUAL CARE WITH AMWELL



SAVE TIME AND CONNECT WITH A PROVIDER ONLINE

Virtual care*, also known as online care or an e-visit, is a quick, cost-effective and easy way for members to get care for non-urgent matters, including common medical conditions such as:

- Allergies
- Bladder infection
- Bronchitis
- Cold and cough
- Ear pain
- Flu
- High blood pressure
- Migraines
- Pink eye
- Rashes
- Sinus infection
- Other non-urgent, common health conditions

Access to a Doctor 24/7

Amwell is a virtual care clinic available to members in all states anytime, day or night. You can talk to a doctor in minutes with no appointment or long wait times. It's a great option when your primary care doctor is not available, you are traveling, or you want fast, real-time, non-emergency care. Visits are \$59 or less depending on your plan.

Benefits

- » Save time — avoid a trip to the doctor's office and get care from the comfort of your home, work or wherever you are.
- » Get care for non-urgent medical conditions when you need it — visits are available 24/7.
- » Save money — a virtual care visit typically costs less than a regular visit to the doctor's office, depending on your plan.

Behavioral Health Services

You can also get behavioral health care services through Amwell, including therapy and psychiatry. With virtual behavioral health care, you get the same care and attention you'd expect from an in-office visit, plus the visits can be scheduled at a time that is convenient for you. Eligible services are covered under your plan as a behavioral health office visit.**

WITH AMWELL

- » Receive care from a board-certified doctor or nurse practitioner.
- » Get help for many common medical conditions.
- » Access behavioral health care services, including therapy and psychiatry.**



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GETTING STARTED WITH AMWELL IS EASY

Enroll

Take a few minutes to create an account with Amwell:

- » **Smartphone/tablet:** Download the free Amwell app from the App Store or on Google Play.
- » **Computer:** Go to **amwell.com**.
- » **Phone:** Call **844-733-3627**.

Choose

If you need care, select a doctor or nurse practitioner and follow the prompts to start your visit.

Visit

The provider will review your history, answer questions, diagnose, treat and prescribe medication (if needed). If a prescription is needed, it'll be sent to your pharmacy. The cost of your prescription will be based on your plan's coverage for prescription drugs.



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*Virtual care is different than receiving care via telemedicine. With telemedicine, you go to a doctor's office or other healthcare facility and connect with a provider at another location using the phone, internet or other means.

**To check your plan's coverage for behavioral health, log on to mymedica.com, select Look Up My Benefits and click on Coverage Documents. Look for "Office Visit" under the Behavioral Health - Mental Health section.

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