

## FOR IMMEDIATE RELEASE

November 22, 2021

## MENTAL HEALTH AMERICA OF WISCONSIN GRIEVES WITH THE WAUKESHA COMMUNITY

Trauma-Informed Peer Support Services are Ready to Respond to Community Needs.

**MILWAUKEE, WI** – The staff and network of Mental Health America of Wisconsin share their love and thoughts with those affected by the tragic incident that occurred during the Waukesha holiday parade on November 21, 2021. Our community may never understand the motivation behind this tragedy, but we stand united to provide support to any individuals seeking an empathetic listener to assist them as they navigate through these traumatic feelings of grief, anger, and confusion.

The R&R House, a veteran-run resource in Pewaukee, WI, provides non-crisis warmline phone support any individuals who are service members, veterans, or military families. That resource can be reached **262-336-9540**. Additionally, young adults and teenagers who identify as LGBTQ+ can reach out to the PRISM warmline, at **414-336-7974**. Both of these resources from MHA are provided by individuals who identify with those populations and have received extensive training in addressing trauma and feelings of grief. MHA also provides direct counseling services through its Wellness Clinic, available at **414-276-3122**. For others seeking support, similar warmline resources are provided throughout the state, and they can be found at www.namiwisconsin.org/resources.

As we move forward, we are grateful for the actions of first responders to limit the loss of life, and we offer our appreciation for the unimaginable challenge faced by medical providers, including those at our community partner facilities. While rumors may fly about the intentions behind this attack, no one among us can point to a single cause for this incident. MHA calls on our community to remain peaceful and we urge all to refrain from speculation on the actions of persons involved until all facts are known.

Southeast Wisconsin is a small community. It does not take long for the effects of one tragedy to reach the rest of us. Let us remember this as we come together in support of those who were injured, traumatized, or who tragically lost their lives in this incident.

If you or a loved one are in need of crisis counseling support, please call the National Suicide Prevention Lifeline at 1-800-273-8255 (TALK). If you are in a medical emergency or need immediate assistance, please dial 9-1-1.

The R&R House and the PRISM program are operated by Mental Health America of Wisconsin, www.mhawisconsin.org, with funding from Wisconsin Department of Health Services.