



Get rewarded for well-living

Quartz Well is a personal wellness program that rewards you for healthy choices. Earn points for tracking healthy behaviors, keeping up with preventive care, and making progress toward your well-being goals.



Set your goals

You choose your wellness goals and interests

Track your progress

Easily track healthy habits and sync health and fitness devices

Choose your rewards

Pick from over 45 gift cards or shop the Virgin Pulse store



Sign up and start earning today

Visit QuartzBenefits.com/QuartzWell to set up your account today. You'll need your Quartz Member ID number handy.

Here to help

Quartz Well is offered in collaboration with Virgin Pulse.

Quartz Well technical support

Email Support@VirginPulse.com or visit Support.VirginPulse.com/QuartzWell for tips and live chat

Quartz benefits support

Contact Customer Success at **(800) 362-3310** or message us in Quartz MyChart