

Have you ever thought about what you would do if you or a family member were accidentally injured as a result of an accident? Accidents are unexpected and can strike any member of your family. The costs associated with treatment can mount quickly.

- One in six U.S. residents require medical treatment from an injury each year.
- Over 40 million Americans visit a physician's office for unintentional injuries each year.

The plan pays a fixed cash benefit amount. What you do with the money is all up to you.

- Benefits are paid directly to you to be spent any way you choose
- Plan is portable, you can take it with you at the same rates should you change jobs or retire.
- Health Screening: \$50 Wellness Benefit paid annually
- Pays in addition to any other coverage you may have
- No health questions
- Fast and accurate claims service

The additional financial protection you may need. Use the payment for what matters most. Everyone has different needs and different ways of coping with the unplanned. These benefits can help you pay for out-of-pocket medical and nonmedical costs such as:

- Medical copays and deductibles
- > Travel to see a specialist
- > Child care
- > Help around the house
- Alternative treatment



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# **Group Accident - Example**

#### **Consider this:**

Jack and Lori have an active family. They love to play sports and go bike riding with their two kids, Tim and Emily. Of course, with four people always on the go, there have been more than a few spills – and more than a few trips to an urgent care clinic or emergency room. Like the time Jack fell off his bike and dislocated his knee and fractured his wrist. How do Jack and Lori pay for those unplanned medical bills? What will their out-of-pocket costs look like once their medical funds are depleted?

Jack signed up for the Accident "Medium Plan." The premium cost was as follows:

Employee Only \$16.95/month x 12 months = \$203.40/year -\$50 Health Screening/Wellness benefit Net=\$153.40/year (Net = \$12.79/month)

The plan paid Jack this when he had an accident:

#### JACK FELL OFF HIS BIKE. INJURY: DISLOCATED KNEE AND FRACTURED WRIST\*

Expenses		Accidental Injury plan	
Medical Plan with a \$3,000 family deductible:		Coverage paid:	
		Doctor office visit	\$100
> Plan annual deductible	\$3,000	Diagnostic exam (X-ray)	\$25
) Coinsurance amount due	\$100	Dislocated knee	\$1,000
LIPA ampleyer contribution fund	(-\$1,500)	> Fractured wrist	\$800
HRA employer contribution fund	\$250	Follow-up appointment	\$100
Other expenses not covered		Five physical therapy sessions	\$250
Total out-of-pocket	\$1,850	Total Accidental Injury coverage paid =	= \$2,275

The payment Jack and Lori received from their Accidental Injury policy helped to pay for those unexpected medical costs.

#### **Group Accidental Injury Proposal Summary of Benefits and Coverage**

Eligibility	All active, full-time Employees of the Employer regularly working a minimum of {20} hours per week, who are United States citizens and permanent resident aliens, regularly working in the United States.	
SI	UMMARY OF BENEFITS	
Benefit Waiting Period	None for Employee benefits unless otherwise stated.	
Employee Benefit Amount(s)	Employee benefits are payable at 100% of the Benefit Amount shown for the Eligible Employee unless otherwise stated	
Spouse /Domestic Partners Benefit Amount(s) (Spouse to age 70 is eligible for coverage if employee is enrolled)	Spouse/ Domestic Partners benefits are payable at 100% of the Benefit Amount shown for the Employee unless otherwise stated	
<b>Dependent Child Benefit Amount(s)</b> Child only eligible if employee is enrolled Birth to 26	Dependent Child (ren) benefits are payable at 100% of the Benefit Amount shown for the Employee unless otherwise stated	
Coverage	Plan pays a lump sum cash benefit direct to the insured (Employee) for a broad range of accident treatments and conditions, based on the schedule below. Other enhancements will be defined in the policy.  This is a group accident Off-the-job insurance policy. Benefits provided are not intended to cover all medical expenses. This is not a substitute for comprehensive health insurance.	
Coverage and Benefit Amounts		

#### INITIAL CARE AND EMERGENCY CARE

Benefit Type	Benefit Amount	
	<u> Plan 1</u>	Plan 2
<b>Emergency Care Treatment</b>	\$100	\$200
Physician Office Visit	\$50	\$100
Diagnostic Exam	\$10	\$25
Ground / Water Ambulance	\$100	\$200
Air Ambulance	\$300	\$600

#### HOSPITALIZATION

If a benefit is payable under the Hospital Stay Benefit as well as under the Initial Intensive Care Unit Benefit, only 1 benefit will be paid for the same Covered Accident, which is the greater amount.

Benefit Type	Benefit Amount	
	<u>Plan 1</u>	Plan 2
Hospital Admission	\$500	\$1,500
Benefit Waiting Period 0 days		
Hospital Stay	\$100 per day	\$300 per day
Benefit Waiting Period 0 days		
Maximum Benefit Period 365 days		
Intensive Care Unit Stay	\$200 per day	\$400 per day
Benefit Waiting Period 0 days		
Maximum Benefit Period up to 365 days		
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## **FRACTURES**

Must be diagnosed and treated by a physician within 90 days of a Covered Accident

## Benefit Type

	<u>Plan 1</u>		Plan 2	
	Benefit Amount		Benefit Amount	
	Non-Surgical	<b>Surgical</b>	Non-Surgical	Surgical
Skull	\$1,000	\$2,000	\$2,000	\$4,000
Hip or Thigh	\$1,000	\$2,000	\$2,000	\$4,000
Vertebrae or Pelvis	\$1,000	\$2,000	\$1,500	\$3,000
Upper Arm	\$500	\$1,000	\$1,000	\$2,000
Shoulder or Collarbone	\$500	\$1,000	\$1,000	\$2,000
Leg	\$500	\$1,000	\$1,000	\$2,000
Ankle	\$400	\$800	\$800	\$1,600
Kneecap	\$400	\$800	\$800	\$1,600
Lower Arm	\$400	\$800	\$800	\$1,600
Foot	\$400	\$800	\$800	\$1,600
Hand or Wrist	\$400	\$800	\$800	\$1,600
Upper Jaw	\$300	\$600	\$600	\$1,200
Lower Jaw	\$300	\$600	\$600	\$1,200
<b>Bones of Face or Nose</b>	\$300	\$600	\$600	\$1,200
Vertebral Processes	\$300	\$600	\$600	\$1,200
Rib	\$100	\$200	\$200	\$400
More than 1 rib fracture pays				
2 times the Benefit Amount				
Coccyx	\$100	\$200	\$200	\$400
Finger	\$50	\$100	\$100	\$200
More than 1 finger pays 2				
times the Benefit Amount				
Toe	\$50	\$100	\$100	\$200
More than 1 toe fracture pays				
2 times the Benefit				
Sternum	\$50	\$100	\$100	\$200
Heel	\$50	\$100	\$100	\$200
Chip Fracture	25% of closed	N/A	25% of closed	N/A
	fracture		fracture	
	benefit		benefit	
Multiple Fractures	200% of the	N/A	200% of the	N/A
	single fracture		single fracture	
	benefit for		benefit for	
	multiple		multiple	
	fractures to the		fractures to the	
	same bone		same bone	

#### DISLOCATIONS

Must be diagnosed and treated by a doctor within 90 days of a Covered Accident

#### Benefit Type

	<u>Plan 1</u>		<u>Plan</u>	<u>Plan 2</u>	
	Benefit A	mount	Benefit A	mount	
	Non-Surgical	<u>Surgical</u>	Non-Surgical	<u>Surgical</u>	
Hip Joint	\$1,000	\$2,000	\$2,000	\$4,000	
<b>Knee Joint</b>	\$500	\$1,000	\$1,000	\$2,000	
<b>Bones of Foot</b>	\$500	\$1,000	\$1,000	\$2,000	
Ankle	\$500	\$1,000	\$1,000	\$2,000	
Wrist	\$400	\$800	\$800	\$1,600	
Elbow	\$300	\$600	\$600	\$1,200	
Shoulder	\$200	\$400	\$400	\$800	
Hand	\$200	\$400	\$400	\$800	
Collarbone	\$200	\$400	\$400	\$800	
Lower Jaw	\$200	\$400	\$400	\$800	
Finger or Toe	\$50	\$100	\$100	\$200	

More than 1 finger or toe pays 2 times the benefit

#### FOLLOW UP CARE

Benefit Type	Benefit Amount	
	<u>Plan 1</u>	Plan 2
Follow up Physician Office Visit	\$50	\$100
Benefit is limited to 10 treatments per Accident		
Follow up Physical Therapy Visits	\$25	\$50
Benefit is limited to 10 treatments per Accident		

Refer to the policy for definitions of terms and full conditions

# Additional Benefits and Provisions PORTABILITY Coverage may be continued upon employee's termination of employment with employer, or when employer terminates policy. - Portable period is to age 100 - Coverage(s) may be ported on employee, spouse/Domestic Partner, and dependent child

- Maximum port age is 70

#### ENHANCED ACCIDENT BENEFITS

Benefit Type	Benefit Amount	
	<u>Plan 1</u>	Plan 2
Small Burns	\$100	\$300
Large Burns	\$300	\$900
Skin-Graft Benefit	50% of the	50% of the
	applicable	applicable
	Benefit	Benefit
	amount for	amount for
	Small Burns or	Small Burns or
	Large Burns	Large Burns
Small Lacerations	\$50	\$100
Large Lacerations	\$100	\$200
General Anesthesia Benefit	\$100	\$200
Medicine Benefit	\$5	\$10
Medical Supply Benefit	\$5	\$10
Abdominal or Thoracic Surgery	\$1,000	\$1,500
Tendon, Ligament, Rotator Cuff, or Knee	\$200	\$400

Surgery – Repair		
Tendon, Ligament, Rotator Cuff, or Knee	\$100	\$200
Surgery – Exploratory		
Ruptured Disc Surgery – repair	\$500	\$750
Eye Injury Surgery	\$200	\$400
Eye Injury - Removal of Foreign Object	\$100	\$200
Emergency Dental - Extraction	\$100	\$150
Emergency Dental - Broken Tooth	\$50	\$75
Concussion	\$100	\$150
Coma	\$5,000	\$10,000
Diagnostic Advanced	\$50	\$75
Appliance	\$100	\$150
Prosthesis	\$200	\$500
Paralysis - Paraplegia	\$1,000	\$3,000
Paralysis – Quadriplegia	\$2,000	\$6,000
Blood, plasma, platelets	\$100	\$200
Transportation	\$100	\$200
Family Lodging	\$50 per day	\$75 per day

Benefit Amount

Refer to the policy for definitions of terms and full conditions.

#### WELLNESS BENEFIT

Benefit Type

This benefit is payable for Wellness Visits, Health Screening Tests, and Preventive Care services once per calendar year per Covered Person. The Benefit Waiting Period is 30 days following the effective date of the Wellness rider.

	Plan 1 Plan 2
Wellness	\$50 \$50
Wellness Visits Include:	<ul> <li>Well Child Care - Visits, Labs and Immunizations;</li> <li>Osteoporosis screenings;</li> <li>Routine gynecological exams;</li> <li>Routine prostate exams;</li> <li>General health exams;</li> <li>Colorectal cancer screening;</li> <li>Lead poisoning screening;</li> <li>Cancer screenings; and</li> <li>Adult immunizations</li> </ul>
Health Screening Tests Include:	<ul> <li>Mammography</li> <li>Pap Smear for women over Age 18</li> <li>Flexible Sigmoidoscopy</li> <li>Hemocult Stool Specimen</li> <li>Colonoscopy</li> <li>Prostate Specific Antigen (for prostate cancer)</li> <li>Stress test on a bicycle or treadmill</li> <li>Fasting blood glucose test</li> <li>Blood test for triglycerides</li> <li>Serum cholesterol test to determine levels of HDL and LDL</li> <li>Bone marrow testing</li> <li>Breast ultrasound</li> <li>CA 15-3 (blood test for breast cancer)</li> <li>CA125 (blood test for ovarian cancer)</li> <li>CEA (blood test for colon cancer)</li> <li>Chest X-ray</li> <li>Serum Protein Electrophoresis (blood test for myeloma)</li> <li>Thermography</li> </ul>

#### **Preventive Care Includes:**

Patient Protection and Affordable Care Act (PPACA) required preventive health services for the following preventive care services. Detailed information is available at: <a href="https://www.healthcare.gov/center/regulations/prevention/recommendations.html">www.healthcare.gov/center/regulations/prevention/recommendations.html</a>

- 1. Evidence-based items or services that have in effect a rating of "A" or "B" in the current recommendations of the United States Preventive Services Task Force;
- 2. Immunizations that have in effect a recommendation from the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention with respect to the Covered Person involved;
- 3. For infants, children, and adolescents, evidence-informed preventive care and screenings provided for in the comprehensive guidelines supported by the Health Resources and Services Administration;
- 4. For women, such additional preventive care and screenings not described in paragraph.

Refer to the policy for definitions of terms and full conditions.

Health Advocacy Services	Cigna offers customers and their family members access to
Tieditii Mavocaey Services	
	health advocacy services through Health Advocate™, a health
	assistance and support company. "Personal Health Advocates"
	provide expert assistance with a wide range of healthcare and
	health insurance challenges – from coverage questions, locating
	a provider or second opinion, understanding a medical issue, to
	grievance or medical bill challenges and more.
	These features are included as part of this Cigna proposal and
	coverage extends to spouse, dependent children, parents and
	parents-in-law.
	This offering may not supersede the terms and conditions of any
	existing contract the client has with Health Advocate. Health
	Advocate reserves the right to refuse any client group through
	Cigna if the client group cancels a pre-existing contract with
	Health Advocate prior to expiration date of the contract.

#### **RATE SUMMARY**

#### **Quoted Number of Eligible Lives**

Rate Guarantee 36 months

Rates Per Insured Class			
	Monthly		
EE Paid			
	<u>Plan 1</u>	<u>Plan 2</u>	
Employee	\$9.70	\$16.95	
Employee + Spouse	\$16.40	\$28.75	
Employee + Child(ren)	\$16.10	\$28.20	
Family	\$22.80	\$39.75	

Premium rates are guaranteed for 36 months provided that the first year participation is 10 enrolled employees or greater and Guaranteed Issue benefits are included.

Rate guarantee is subject to all exceptions stated in the policy and the policy's termination provisions.