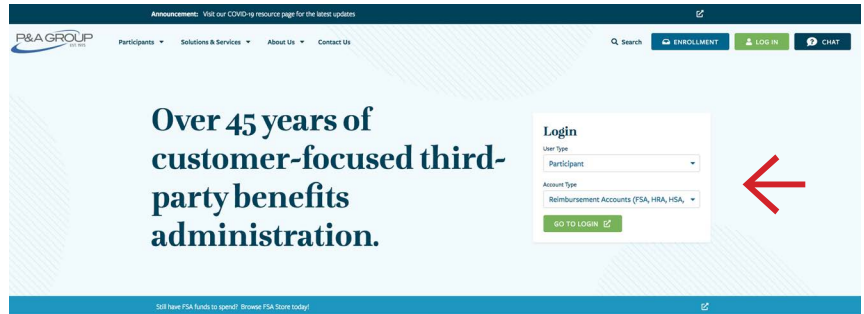


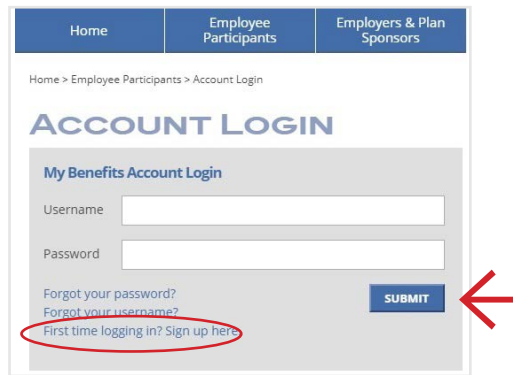
# How to Log Into My Benefits

1 Go to [www.padmin.com](http://www.padmin.com) and in the Login box make sure “Participant” is selected under User Type. Choose your Account Type and click “Go to Login.”



2 Under My Benefits Account Login, enter your username and password and click “Submit”. If you are a first time user, click the “First Time Logging In” link. You will be prompted to create a username and password for your account.

**TIP:** You must click the Submit button when you are finished.



*This example is for illustrative purposes only.*

3 After you successfully logged into your account, your My Benefits Summary will be displayed. This shows a summary of every plan made available to you through your employer.

Click “Show/Hide Plan Details” to expand the Benefits Summary and display claims submitted, pending claims, claims paid and contributions.

