

Don't forget to Use these Tools!

We know that the healthcare system can be difficult to navigate, which is why we provide our members with tools to assist!

MMO Advocacy Line

Elevated service team to answer any questions or concerns with your Medical or Prescription Drug coverage.

Call 1.888.636.3622

Mon. - Thurs. - 7:30 am - 7:30 pm

Fri. - 7:30 am - 6:00 pm

Sat. - 9:00 am - 1:00 pm

Nurseline

AFTER HOURS - If you are unsure whether you should go to the emergency room, urgent care or be directed to another source of care, Nurseline will assist!

Call 1.888.912.0636

Available 24 hours a day,
7 days a week

Teladoc

Need Care NOW?

Use Teladoc at NO COST!

Available 24 hours a day, 7 days a week access to U.S. Board Certified doctors by web, phone or mobile app.

Great for treating colds, flu, rashes, strep, upper respiratory conditions, allergies and more.

Register Now: teladoc.com

You can also download the Teladoc app on your smartphone or call 1.800.835.2362

The Cardinal Wellness Clinic

NO office visit copay!

Created to make healthcare more **convenient** for our employees and their families. The Clinic can be used for preventive care like physicals, flu shots and vaccines along with minor illnesses like strep, pink eye, upper respiratory infections, UTIs, ear infections and rashes. Also, minor injury care like sprains, strains, minor cuts and burn care.

Mentor Location

8655 Market Street

Mon/Tues/Thurs: 7am – 5pm

Sword Health

Back, joint or muscle pain?

Or did you recently have hip, knee, shoulder surgery and need a bit more physical therapy in the comfort of your home?

This program provides you with a certified physical therapist virtually that has proven to ease pain and help recover from surgery.

Enroll to get started:

<https://join.swordhealth.com/medmutual/register>

For Questions: **1.888.246.0476**

Mon. – Fri. 9am – 6pm

You can earn up to \$400 by participating in the wellness program!

SmartShopper

Cash for Smart Decisions!

The next time you need a non-emergent procedure, contact SmartShopper first! Either by phone or online, you describe the service you need and SmartShopper will provide cost and quality information for providers in the network!.

Completely voluntary!

You can select one of the providers they recommend and receive a CASH award or use a different provider.

ONLY for PPO and Bronze Plan Members!

Concierge Team: 1.877.292.1541

Mon. – Thurs. 8am – 8pm

Fri. – 8am – 6pm

Or log on at [SmartShopper](#)

Mentor Schools Benefit Website

[Public Schools Benefit Portal \(ajg.com\)](#)

YES! All the benefit plan information, customer service numbers, links to carrier websites, information about the **wellness program** along with all these tools are accessible 24 hours a day, 7 days a week for your use!

Eligibility: The Cardinal Wellenss Clinic is for all insurance eligible employees and their family members. All other tools are solely for those enrolled in the Mentor medical plan.