

Find A Behavioral Health Provider – Quick and Easy!



When you need behavioral health care, you want access to the most up-to-date listings of qualified in-network psychologists, psychiatrists, family therapists, and other behavioral health providers near your home or work.

We can help!

Getting behavioral health care is easy – Call the MHN number listed on your ID card next to *Mental Health Benefits*, or call 1-888-327-0010, Monday through Friday, between 8:00 a.m. and 6:00 p.m. Here's what we'll do:

- Offer immediate help if there's a crisis or emergency. (Clinicians are available 24/7 to help members in case of a psychiatric emergency.)
- Find out your needs and suggest a network provider for you.
- Help you get an appointment (within 48 hours if urgent or, if not urgent, within 10 business days).
- Answer questions about your benefits.

Too busy to call during business hours?

We understand – That's why we make it easy to find a network behavioral health provider online, anytime! Visit www.members.mhn.com and follow the simple directions to find MHN providers.

How can we help you today?

MHN EAP

Employee Assistance Program Resources

The EAP section of MHN's member website is loaded with tools and resources to help you:

- Understand your EAP benefits and how to access them
- Cope with grief, anxiety, stress, depression and other emotional health issues
- Solve financial, legal, childcare and eldercare issues
- Improve your health and wellbeing
- Handle workplace issues effectively

[Need login help?](#)

Log In

OR

MHN Behavioral

Behavioral Health Plan Resources

We invite all of our MHN behavioral health members - including our members through Health Net and Medicare Advantage - to explore our online resources. The behavioral health section of MHN's member website has everything you need to:

- Understand your mental health and substance use disorder benefits and how to access them
- Find a network provider
- Learn more about how your plan works and what to do if you have a problem

Go

Find a Provider

With MHN's extensive network, finding a provider that's just right for you is simple. You can call MHN for assistance or use our [online provider search](#).



Taking care of your mental health is a vital part of living well and realizing your healthy potential.