## City of Eagan 2025 Open Enrollment

October 2024





### Welcome to Open Enrollment

- Open Enrollment is your annual opportunity to make changes to your benefits for the new plan year, effective 1/1/2025.
- During Open Enrollment, you may opt to do the following:
  - Change or opt out of coverage
  - Choose new benefit options
  - Enroll eligible family members in your health or dental plans
  - Enroll in coverage, if eligible, but not currently covered
- You must submit your enrollment decisions no later than Monday, November 11th



### Special Enrollment Periods

- Elections made at Open Enrollment will remain until the next open enrollment unless you or your family members experience a qualifying event. If you experience a qualifying event, you must contact HR within 30 days.
- Qualifying events include:
  - Gaining a new dependent by Marriage, Birth, Adoption, or Placement for Adoption,
  - Loss of Other Coverage through your spouse's employer
  - Loss of Coverage for Medicaid or a State Children's Health Insurance Program
  - Gaining eligibility for Medicaid or a State Children's Health Insurance Program



### Today We'll Cover....





### 2025 Medical Insurance





### **2025 Medical Plan Offerings**

	Copay Plan IN NETWORK	VEBA Plan 1 IN NETWORK	VEBA Plan 2 IN NETWORK
NETWORK	Aware	Aware	Aware
DEDUCTIBLE	\$0/\$0	\$1,500/\$3,000	\$1,500/\$3,000
COINSURANCE	100%	80%	100%
COPAY	\$20 copay (\$55 copay ER)	N/A	N/A
OUT-OF-POCKET MAXIMUM	\$1,000/\$5,000	\$3,000/\$6,000	\$1,500/\$3,000
PRESCRIPTION (RX) Generic Formulary Non-Formulary	\$10 copay \$25 copay \$50 copay	\$10 copay \$25 copay \$50 copay	\$10 copay \$25 copay \$50 copay

### **KNOW WHERE TO GO FOR CARE**

Knowing where to go for the right care can help save you time and money. Get familiar with your options now, before you need care.

WHEN YOU NEED	USE	ACCESS/AVAILABILITY	WAIT TIME	COST
CARE QUICKLY	Online care Colds, cough or flu, bladder infections, mental health[*]	Visit doctorondemand.com/BlueCrossMN 24 hours a day, seven days a week or check with your provider.	Short short	\$
CARE TODAY	Convenience clinic Minor illnesses or injuries, screenings and vaccinations	No appointment necessary. Often available nights and weekends.	short short	\$\$
CARE SOON	Office visit Preventive care, screenings and vaccines, mental health therapy or referrals to specialty care	Call your clinic to schedule an appointment. Days and hours vary.	• varies	\$\$ - \$\$\$
CARE NOW	Urgent care Minor cuts, sprains and burns, skin rashes, fever and flu, X-rays and lab testing	No appointment necessary. Available seven days a week, but specific hours vary.	• varies	\$\$\$\$
CARE IMMEDIATELY	Emergency room (ER) Chest pain, shortness of breath, uncontrolled bleeding, poisoning, risk of harming yourself or others, or other life-threatening illnesses or injuries	Immediately call 911 or go to your nearest ER anytime.	longer, unless life-threatening	\$\$\$\$\$



### **Preventive Care**

Covered at 100%, not subject to deductible

#### **Annual Physical**

Including screenings for high blood pressure, diabetes and cholesterol



Routine pre- and postnatal care as well as well-child visits





Vaccines



Cancer screenings: breast, cervical and colorectal screenings



### **DOCTOR ON DEMAND**

All you need is a smartphone, tablet or computer to get quick, convenient care with Doctor On Demand

- · Medical care available in just minutes with no travel time
- Treats common non-emergency conditions such as sinus infections, rashes, pink eye, cold, flu, allergies, etc.
- Prescriptions, when necessary, will be sent to your local pharmacy Mental health care available by appointment between 7 a.m. and 10 p.m. local time Claims process automatically specific to your benefits as a telehealth visit



Download the app or visit
DoctorOnDemand.com/bluecrossmn



# LEARN TO LIVE: ONLINE BEHAVIORAL HEALTH PROGRAM

Online mental health programs for members (age 13+) living with mental health conditions. Quick online assessment to learn which program would benefit you the most.

- 6 programs: Depression; Social Anxiety; Stress, Anxiety and Worry; Insomnia; Panic; and Substance Use
- Immediate, 24/7, confidential access using your unique code
- 8 self-paced lessons per program
- · Proven tools to apply to day-to-day life
- Coaches available to keep you engaged (text, email, phone)
- Social support (peer-to-peer, loved ones and social networks)



#### **DON'T BE A MENTAL STAT HEALTH FACT**

- Over 114 million Americans who have addressable mental health conditions will never seek face-to-face therapy due to social stigma, accessibility and cost
- Anxiety problems affect 30% of people, but often go undiagnosed and untreated
- 80% of employees feel stress on the job



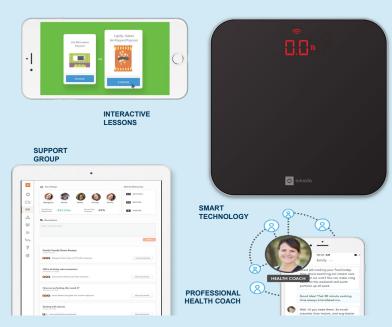


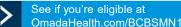


### **OMADA**

Omada is designed to build healthy habits that last. Upon qualification, receive a welcome kit with a digital scale and other tools to track your progress. Program includes interactive weekly lessons and guidance from a health coach.





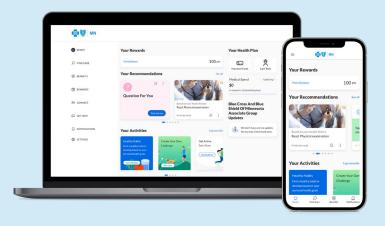


### BLUE CARE ADVISOR<sup>™</sup>

Connect to everything you need to manage your health.



Blue Care Advisor lets you connect to all your benefits, so you can see your medical and pharmacy claims, programs, and more. You'll get information based on your benefits and history along with recommendations on steps you can take to improve your health.



### BLUE CARE ADVISOR<sup>™</sup> IS PERSONALIZED TO YOU



#### ACCESS YOUR BENEFITS ANYWHERE



View important plan and benefit information



Track medical and pharmacy spend



Access your Member ID card from anywhere



Earn rewards for completing certain activities to help with your health journey



Receive personalized support and important reminders



Find high-quality providers with expertise that fits you



Compare costs to keep healthcare spending in check



### **GETTING STARTED**

Blue Care Advisor<sup>™</sup> connects you to everything you need to easily manage your healthcare, meet your goals and live healthier.

Once your plan is in effect, visit <u>bluecrossmn.com/BCA</u> or download the mobile app.





- If you have an existing Blue Cross account, log in with the same username/password
- If you don't have an account, you will need your Blue Cross Member ID card to register



### **GET ACTIVE WITH BLUE CARE ADVISOR**

Earn rewards for taking steps toward your health.



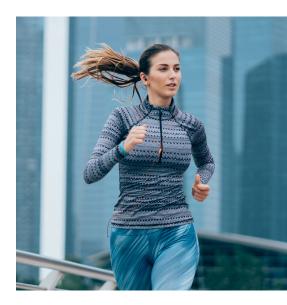
Small steps can lead to big benefits — and rewards with the Get Active program.

Simply complete your Health Assessment and track your daily steps or your favorite fitness activity and earn points that translate to real dollars.



Employees and spouses¹ can earn up to

\$240° ANNUALLY



<sup>1</sup>Employees and spouses must be enrolled in the Blue Cross and Blue Shield of Minnesota health plan. <sup>2</sup>Based on points earned by step tracking and fitness activities.



### START EARNING

### 1 COMPLETE A SHORT HEALTH ASSESSMENT AND EARN 100 POINTS

Complete your Health Assessment to start earning points. Based on your results, you'll receive personalized recommendations including helpful tips and resources.

START TRACKING

Link your fitness tracker or fitness app to automatically record your activities. You can also track activity manually — including weightlifting, yard work or swimming.

**3** COLLECT YOUR REWARD

Your Reward Center shows how many points you have available.



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5,000 steps = 5 points 7,000 steps = 7 points 10,000 steps = 10 points (max per day)



10 points = \$1 Earn a maximum of \$240 per year





### Health Reimbursement Arrangement

HRA/VEBA Administered by WEX





### **Health Reimbursement Arrangement**



#### **HRA/VEBA**

#### Eligibility – who gets it?

Employees enrolled in employer's qualified medical plan(s)



#### Contribution

- · Only the employer can contribute
- Employees cannot make additional contributions
- · Unused balances rollover

#### Expenses

#### Who's Expenses?

 Can be used for qualified expenses of the employee, spouse, and dependents up to age 26

#### What Expenses?

- · Medical, Dental, and Vision Expenses
  - Including over-the-counter medications and menstrual products
  - Rx, chiropractor, glasses, medical copays and expenses
- · Insurance premiums
  - · Any post-employment

#### The City of Eagan will make <u>quarterly</u> VEBA contributions:

- \$375 for employee coverage
- \$750 for Employee + Spouse, Employee + Children and Family coverage

This is a summary only. Learn more: IRS Publication 969 & IRS Publication 502



### Flexible Spending Account

FSA Administered by WEX





### **Flexible Spending Accounts**



### **Dependent Care FSA**

#### Contributions

- Elect up to \$5,000 per family annually to pay for child care while working
  - Cannot change election midyear without a qualifying event
  - · Use it or Lose It
- Pre-tax account: save money!



#### Expenses

#### Eligible Expenses:

- · Licensed day care facilities
- · Preschool programs
- · After-school programs
- In-home child and dependent care services
- Elder care dependent care expenses for tax dependents over the age of 13 require proof of medical necessity
- · Day camp expenses

#### **Qualifying Person**

- Your child who is your dependent and who was under age 13 when the care was provided;
- Your spouse who wasn't physically or mentally able to care for himself or herself and lived with you for more than half the year; or
- A person who wasn't physically or mentally able to care for himself or herself, lived with you for more than half the year – see IRS publication 503 for more details to determine if they are a qualified person

This is a summary only. Learn more: IRS Publication 503



### **Flexible Spending Accounts**



#### Health FSA

#### Elections

- Employees elect up to the limit annually to set aside pre-tax money to pay for eligible expenses
- Can only make mid-year changes to the election if there is a qualifying event
- IRS maximum amount is \$3,200 (2024)
- <u>Elect carefully</u> these funds do not carry over, use it or lose it

#### Health FSA - Full Scope

- Full-scope is used when employee <u>and</u> spouse are not contributing to an HSA
- FSA funds used to reimburse eligible medical, vision and dental expenses

#### Health FSA- Limited Scope

- Limited-scope is used when employee or spouse are contributing to an HSA
- FSA funds limited to eligible vision and dental expenses only



This is a summary only. Learn more: <u>IRS</u> <u>Publication 969</u> & <u>IRS</u> <u>Publication 502</u>



### 2025 Dental Insurance



### 2025 Dental Plan



	Base Plan In Network Benefits	Buy-Up Option In Network Benefits
DEDUCTIBLE:	None	\$50/\$150
ANNUAL MAX:	\$1,000	\$1,250
PREVENTIVE:	100%	100%
BASIC:	No coverage	80%
MAJOR:	No coverage	50%
DENTAL IMPLANTS, CROWNS, BRIDGES, DENTURES	No coverage	50%
DIABETES AND PREGNANCY	Additional exams, cleanings, scaling, etc. for membe who are diabetic and/or pregnant are covered at 100 in-network	
		Little Partners

Little Partners Benefit

### Extra dental care for your gums

Available on Both Plans: Base Plan & Buy-Up Plan

We share tips to keep your teeth healthy and help you feel your best, along with important benefits.

#### Diabetic or pregnant and at risk of gum disease? HealthPartners MouthWise Matters covers:

- 100% of in-network services to help control or prevent gum disease no coinsurance or deductible, even if you've hit your annual max
- Extra dental checkups and cleanings
- Root planing and scaling a deep cleaning for your teeth





### 100% dental coverage for kids

### ONLY included on Buy-Up Plan

Your kids are less likely to have future dental problems when they see a dentist early.

Just add your kids to your dental plan and set up their first appointment with a network dentist.

## Little Partners<sup>™</sup> dental benefit for children 12 and younger:

- 100% coverage at an in-network dentist
- Pay nothing at the dental office
- No limit on dental care (excluding orthodontia)







### 2025 Vision Insurance



### 2025 Vision Plan



No Changes to Plan Design or Rates

**FRAME** 

Materials* \$ 10 Copay (Materials copay applies to frame or spectacle lenses, if applicable.)	In-Network Member Cost	Out-of-Network Reimbursement	
FRAME ALLOWANCE** (Up to 20% discount above frame allowance.)	\$ 130 allowance	Up to \$45	Ler
STANDARD SPECTACLE LENSES Single Vision Bifocal Trifocal Lenticular	Covered in full after \$10 copay Covered in full after \$10 copay Covered in full after \$10 copay Covered in full after \$10 copay	Up to \$25 Up to \$40 Up to \$50 Up to \$80	enhand option availab additi cop amount full Sur
CONTACT LENSES† (in lieu of frame and spectacle lenses) Elective Medically Necessary Covered in full	\$130 allowance Covered in full	Up to \$110 Up to \$250	
REFRACTIVE LASER SURGERY	Onetime/lifetime \$150 allowance Provider discount up to 25%	Onetime/lifetime \$150 allowance	-
Frequency			
EYE EXAMINA LENSES OR CO		N/A ery 12 months	

Once every 24 months



### EAP & MetLaw Legal Plan

### No Changes:

Benefit	Carrier
Employee Assistance Program (EAP)	TELUS Health  TELUS Health
MetLaw Legal Plan	MetLife Inc.  MetLaw®



Helping You Prepare for the Unexpected

### Your Benefit Options

#### Helping protect your family's financial future

- Life Insurance
- Accidental Death & Dismemberment Insurance

#### Income protection & recovery support

• Long-term Disability Insurance

#### Helps fill financial gaps left by medical plans

• \*\*NEW\*\* Accident Insurance

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### Life Insurance

#### These benefits

- Are protection for those who you will leave behind with a cash benefit that can help with final planning and loss of future income.
- Gives you some peace of mind that your family will be protected when you're gone.
- Can be used to help cover costs like funeral expenses, debts, tuition, and childcare.



Life Form Series includes GBD-1000, GBD-1100, or state equivalent.



### Life Insurance

### How much Life insurance is provided by my employer?

Employee: \$50,000

### How much Supplemental coverage am I able to purchase?

- Employee: Increments of \$10,000 up to \$500,000 or 5x earnings
  - You may increase your current amount of coverage increment under Guarantee Issue
- Spouse: Increments of \$5,000 up to \$250,000 not to exceed 100% of your elected amount of coverage
- Dependent children: \$20,000

#### **Guaranteed issue**

- EE \$250,000
- SP \$50.000
- CH \$20,000

#### When can I elect my coverage?

- 10/28-11/11

#### When does my coverage begin?

Current coverage will continue and increases in coverage will take effect
January 1st (for coverage not requiring EOI)

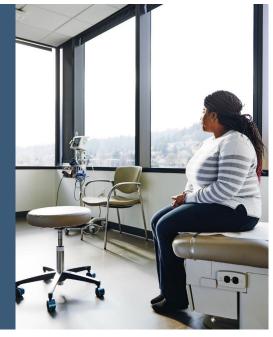


Long-term Disability Insurance, which we

## Long-term Income Protection Benefits

#### These benefits:

- Replace part of your income if you are unable to work for an extended time due to an illness or injury.
- Help create some stability in an unstable time
- Can be used for anything you choose, like:
  - Rent or mortgage payments
  - Medical deductibles
  - Bills
  - Groceries



THE DISABILITY POLICY PROVIDES LIMITED BENEFITS. This limited benefit plan (1) does not constitute major medical coverage, and (2) does not satisfy the individual mandate of the Affordable Care Act (ACA) because the coverage does not meet the requirements of minimum essential coverage. In New York: This Disability policy provides disability income insurance only. It does NOT provide basic hospital, basic medical or major medical insurance as defined by the New York State Department of Financial Services.

Disability Form Series includes GBD-1000, GBD-1200, or state equivalent.



Long-term Disability Insurance

### Long-term Income Protection Benefits

#### How much is provided by my employer?

- 50% of monthly earnings up to a maximum of \$6.250

#### When does my coverage begin?

 Coverage begins the first of the month, next following or coinciding with 30 days of employment (for anyone newly eligible)

#### When are benefits payable?

 Benefits are payable after 30 days of Disability

#### When do benefits terminate?

 Benefits terminate when you are no longer disabled or reach your Social Security Retirement Age

This policy is guaranteed issue, but does contain a Pre-Existing Condition Limitation. Please refer to your plan documentation for more information on exclusions and limitations, such as Pre-Existing Conditions.

THE DISABILITY POLICY PROVIDES LIMITED BENEFITS. This limited benefit plan (1) does not constitute major medical coverage, and (2) does not satisfy the individual mandate of the Affordable Care Act (ACA) because the coverage does not meet the requirements of minimum essential coverage. In New York: This Disability policy provides disability income insurance only. It does NOT provide basic hospital, basic medical or major medical insurance as defined by the New York State Department of Financial Services.

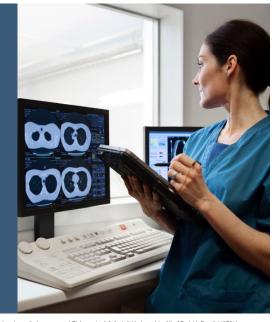
Disability Form Series includes GBD-1000, GBD-1200, or state equivalent.



# Accident Insurance, which we call Accidental Injury Benefits

#### These benefits

- Provide a cash benefit for an accident.
- Are an added level of financial protection for you and your family from an accident.
- Can be used anyway you choose, such as for:
  - Deductibles
  - Food
  - Housing
  - X-ray Copays
  - Utilities



The ACCIDENT POLICY IS A LIMITED ACCIDENT ONLY SEMERT POLICY. This imitted benefit plan (1) does not constitute major medical coverage, and (2) does not satisfy the individual mandate of the Affordable Care Act (ACA) because the coverage does not meet the requirements of minimum essential coverage. In New York: This Accident policy provides ACCIDENT insurance only. It does NOT provide basic hospital, basic medical or major medical insurance as defined by the New York State Department of Financial Services. IMPORTANT NOTICE—THIS POLICY DOES NOT PROVIDE COVERAGE FOR SICKNESS.

Accident Form Series includes GBD-2000, GBD-2300, or state equivalent.



### Accident Insurance

### Accidental Injury Benefits

#### How can I purchase coverage?

- Employee Only
- Employee/Spouse/DP
- Employee/Child(ren)
- Family

#### Health Screening Benefit \$100

Reimbursement for covered screenings

#### **Guaranteed** issue

All Guarantee Issue

Can I take the coverage if I leave my job?

Yes

	Employee	Employee + Spouse	Employee + Child(ren)	Family
Monthly Rates:	\$7.88	\$12.46	\$14.00	\$21.68

The ACCIDENT POLICY IS A LIMITED ACCIDENT ONLY BENEFIT POLICY. This limited benefit plan (1) does not constitute major medical coverage, and (2) does not satisfy the individual mandate of the Affordable Care Act (ACA) because the coverage does not meet the requirements of minimum essential coverage. In New York. This Accident policy provides ACCIDENT insurance only. It does NOT provide basic hospital, basic medical or major medical insurance as defined by the New York State Department of Financial Services.

IMPORTANT NOTICE—THIS POLICY DOES NOT PROVIDE COVERAGE FOR SIGNIESS.

Accident Form Series includes GBD-2000, GBD-2300, or state equivalent.





#### Accident Insurance

### Accidental Injury Benefits

#### **BENEFIT EXAMPLE: JAYDEN'S STORY**

Jayden had played basketball all through high school and still played as often as he could. One Saturday during a pickup game he tripped and went down hard. When his wrist swelled up and he couldn't stand without feeling dizzy, friends drove him to the emergency room.

He went home with an arm in a cast and instructions on healing from a concussion. It took him some time to recover, but Jayden knew he'd be okay with his bills

He'd checked the box for Accident Insurance, which we call Accidental Injury Benefits, during open enrollment at work. It paid him a cash benefit he used for medical expenses, food and rent

The plan would pay a benefit amount for each service covered as a result of Jayden's accident.

What Benefits Could be Included?		
Service	Accident Plan Pays	
Ground Ambulance	\$750	
ER	\$150	
X-Ray	\$100	
CT Scan	\$300	
Leg Fracture (Closed/Non-surgical)	\$2,000	
Medical Appliance	\$150	
Accident Follow-up (2 visits)	\$300 (\$100/visit x 3)	
Chiropractor (6 visits)	\$500 (\$50/visit x 10)	
Physical Therapy (3 visits)	\$750 (\$75/visit x 10)	
Total	\$5,000	

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These claim examples are for illustrative purposes only. The benefit amounts used in this example are for demonstration purposes only and may vary from the benefits that are available to you.







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### Additional Services

### Take advantage of additional benefits that come with your insurance plan.

- Funeral Planning Services<sup>1</sup>
- Will Prep Services.<sup>1</sup>
- Travel Assistance and ID Theft and Protection Services.<sup>1</sup>
- Ability Assist® Counseling Services.¹
- HealthChampion<sup>SM</sup> Health Care Support Services. 1,2

1 Services are offered through vendors which are not affiliated with The Hartford and these services are not insurance. The Hartford is not responsible and assumes no liability for the goods and services described in this material and reserves the right to discontinue any of these services at any time. Services may vary and may not be available in all states. Vist www. TheHartford.com/employee-benefits/value-adedde-services for more information.

2 Health Champion SM specialists are only available during business hours. Inquiries outside of this timeframe can either request a call-back the next day or schedule an appointment.





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Products may not be available in all states.

Information relating to Paid Family Medical Leave is subject to change as The Hartford continues to receive guidance from states and municipalities. It shall not be considered legal advice. The Hartford sassumes no responsibility for legal compliance with respect to an employer's business practices, and the views and recommendations contained herein shall not constitute The Hartford's undertaking on a company's behalf, or for the benefit of others, to determine or warrant that an employer's business operations are in compliance with any law, rule, or regulation. Employers seeking resolution of specific legal or business issues, questions, or concerns regarding this topic should consult their own attorney or business advisors; and employees should continue to consult their employers' Human Resources or other employment benefits department for quidance on the application of any law, rule, or requlation.

### Next Steps



#### Review

- Review current elections and consider your benefit needs
  - Review the Open Enrollment Benefit
     Information on the Connect2MyBenefits site:
     c2mb.ajg.com/cityofeagan

#### **Elect**

- Make elections via JDE-ESS (where you enter your timecard) by November 11
- Select beneficiaries for life and retirement plans and update address and contact information

#### Confirm

Confirm elections and deduction amounts match selections

### Thank You! - Questions?

3600 American Blvd., Suite 500 Bloomington, MN 55431

This material is meant to provide an overview of the most commonly asked questions on HSAs and FSAs. It does not represent all rules and regulations. For more information, please refer to IRS Publications #502, #503, #969 and the US Treasury Website. And always consult your tax advisor.



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