

# COBRA

COBRA information regarding continuing health care coverage on a self-pay basis will be sent to your mailing address after separation from service by the City of Bellevue's COBRA administrator, Navia Benefit Solutions.

- ❖ Your health plan coverage will be terminated until you elect COBRA and pay your initial premium. In the interim, you may need to pay for any services provided and file a claim once coverage has been reinstated.
- ❖ Each family member has a separate right to enroll in COBRA coverage and may choose to continue medical, dental, and/or vision coverage.
- ❖ Once you elect COBRA coverage on the Election Form and pay your initial premium within the specified time frames, your coverage will be reinstated retroactively to the first day after your loss of active benefits.
- ❖ If you do not receive your election packet at your mailing address within two weeks from your last date of active coverage, call or email Navia.

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**Navia Benefit Solutions**

[www.naviabenefits.com](http://www.naviabenefits.com)

Hours: Monday – Friday 7:00 am to 5:00 pm closed on holidays

Phone: 425-452-3490 or toll-free 1-877-920-9675

Email: [cobra@naviabenefits.com](mailto:cobra@naviabenefits.com)

*Send your COBRA election form and payments to:*

Navia Benefit Solutions  
P.O. Box 3961  
Seattle, WA 98124-3961