



Health Net®

The Best Start for Your Baby

We have a program for pregnant and new moms. It is called Start Smart for Your Baby®. It is designed to customize the support and care you need for a healthy pregnancy and baby. It is already part of your benefits and won't cost you a thing.



A Program To Meet Your Needs

We provide the following:

- **Information about pregnancy and newborn care.**
- **Community resources** to help you get the things you need during your pregnancy and after your baby is born. This includes food, cribs, housing and clothing.
- **Breastfeeding support** and resources.
- **Professional medical staff** who work with you and your doctor and nurses if you have a more difficult pregnancy.
- **Resources if you are feeling down** during or after your pregnancy.
- Methods to help you **quit smoking, alcohol or drugs.**



For any questions, call the phone number on your member ID card.

www.healthnet.com (Group members)

www.myhealthnetca.com
(Individual & Family Plan members)

Health Net of California, Inc. and Health Net Life Insurance Company are subsidiaries of Health Net, LLC. Health Net is a registered service mark of Health Net, LLC.

All other identified trademarks/service marks remain the property of their respective companies. All rights reserved.

Get Started



Call us if you need help finding a doctor.



Let us know about your pregnancy. Fill out our pregnancy form so we can personalize the ways we can help you.

There are three easy ways to fill out our form:

- **Mail in the printed form.**
- **Call us.**
- **Go online.** Log in to your online member account.

Visit:

<https://www.healthnet.com> (Group members)

OR

www.myhealthnetca.com

(Individual & Family Plan members)

OR

Call the phone number on your member ID card.

