



News & Views

July 29, 2016

The City of New Hope's Employee Newsletter

A Vast Improvement!

Remember K-Mart? Or the empty lot it once sat on?
All gone! Replaced with a really nice 'City Center'.

Not that long ago, the parcel across from city hall was vacant and the streetscape just a dream. Now, Hy-Vee is open and the streetscape has been completed. Quite a nice change!

Bye, bye K-Mart,
hello Hy-Vee!
And a brand new,
welcoming streetscape.

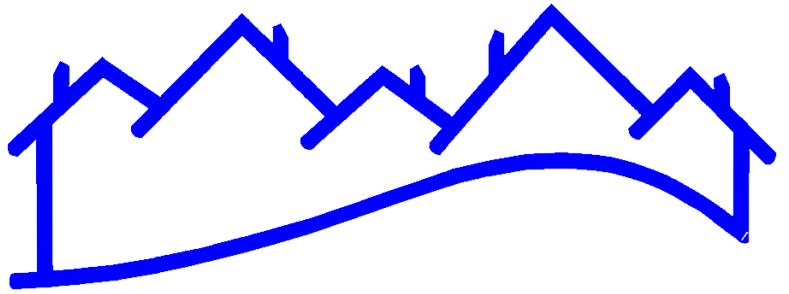


New Hope is truly 'new', with amenities for walking, sitting, and shopping in city center.



Hy-Vee brought new life to 42nd Avenue and Xylon; it has never looked so good.





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News Items

Welcome, Cale

Kaeley and Chris Cazin

welcomed their third child on July 15 at 9:49 a.m. Cale Thomas weighed 6 pounds 10 ounces and was 19 inches long. He joined older brothers Beau age 7 and Colt who is 4.



Kaeley is the Administrative Specialist in Community Development and Chris is a Police Officer.

Congratulations, Cazins!

Welcome, Emily

Mike and Becky Keithahn welcomed Emily Lynn Keithahn on July 18. Emily arrived at 10.3 pounds and 22 inches long.

Mike Keithahn is a Police Officer with the city.

Congratulations, Mike and Becky!



Personnel Updates

- ❖ **Lorraine Kloss** has returned on a temporary part-time basis to help cover a staff leave of absence in Community Development. Welcome back, Lorraine!
- ❖ **Jason Ryan** started as a police officer on July 18. See his Spotlight on page 6.

Farmer's Market Going Strong

Despite a smaller location, the New Hope Community Farmer's Market continues to draw crowds.

Farmers now have fresh fruits and veggies ranging from berries to zucchini and lots in between. Also available are fresh flowers, plants, jewelry, honey, maple syrup, condiments, mini donuts, and more.

The market is currently open on Saturdays from 8 a.m. to 1 p.m. on Boone and 36th Avenue in the St. Joseph's parking lot.

Enjoy really fresh, local produce this summer!



Arrival of Ahanu

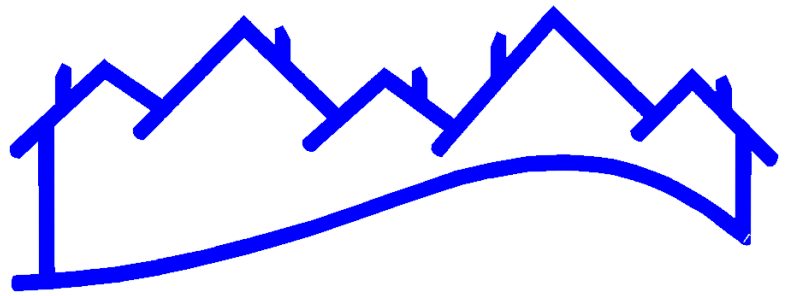
"He Who Smiles" has arrived at Jerry Beck's home. He is a Golden Retriever puppy, 10 weeks old, weighs about 12 pounds, and will eventually reach 65 to 75 pounds. The name "Ahanu" comes from the language of the Native American Blackfoot Indian tribe in Montana near Glacier Park, one of Jerry's favorite spots.

Jerry worked with a breeder in Wisconsin, put his name on the waiting list in March, and anticipated Ahanu's arrival for several months. Ahanu actually picked Jerry by paying lots of attention to him on previous visits to the breeder. How could Jerry select any other?

Congratulations to Jerry and welcome, Ahanu!

PS - This is the first time that Jerry has actually posed for a photo!! Ahanu should be proud.

3 Dates & Events



Charlie Brown is in the House Park



Charlie Brown and all his friends are playing live in the New Hope Outdoor Theatre, on Thursdays through Saturdays thru August 6, starting at 8 p.m.

The play, "You're a Good Man, Charlie Brown", is a 1967 musical comedy based on the popular cartoon created by Charles M. Schultz.

Snoopy, Schroeder, Linus, Lucy, Sally, and Patty join Charlie Brown on stage.

Food shelf donations are accepted at the door for the PRISM food shelves and a \$4 suggested free-will donation is appreciated.

Thanks to the Minnesota Twins for loaning us the great statue of Charlie Brown that welcomes attendees.

"The Avengers"

The last Movie in the Park for this season will be held on August 26, starting at 8:15 p.m. at Civic Center Park.

"The Avengers" are a fictional team of superheroes from Marvel Comics, who vanquish the villains who threaten global safety and security, and become known as The Avengers.



Concessions will be available for purchase.

Busy Calendar



Saturday mornings	Farmers Market
Thursday-Saturday	"You're a Good Man, Charlie Brown"
July 30	West Metro Waffle Breakfast
August 1	InFocus Photo Contest Deadline
August 2	National Night Out
August 5	Wet and Wild Water Fun Day
August 9	Primary Election
August 16-18	Safety Camp
August 24	Wacky Wednesday
August 25	State Fair Opens
August 26	Movie in the Park "The Avengers"
August 31	Wellness Picnic & Yard Games
September 5	Labor Day Holiday

Safety Camp

Youth entering grades 3-5 will enjoy three days of safety learning and fun at the 25th Annual Safety Camp, from August 16 through 18, in Civic Center Park. The very popular camp is sponsored by New Hope Police, West Metro Fire-Rescue District, and New Hope Parks and Recreation.

Sessions may include fire safety, water safety, sports safety, electrical safety, and others.

In addition to all the fun and education, each participant receives a T shirt, snacks, lunches, and a graduation event.

Space is available but usually fills up quickly.

Primary Election is August 9

Although the city council elections do not require a primary this year (the number of candidates equals the number of openings), there are two items on the Primary Election ballot, State Representative in District 5 and Supreme Court Judge.

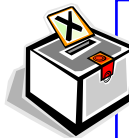
The general election is November 8 and will include everything from the presidential to city council races.



NATIONAL
NIGHT OUT

National Night Out Reminder

August 2nd is set for the 2016 National Night Out celebration. Check with your neighbors to see where there will be a party in your neighborhood. City council members, staff, and police officers will visit as many events as possible.



What is it?

It's a bird! It's a plane! It's super-model bike rack!

Whatever you call it, it is great fun and adds some levity to the city hall parking lot by the pool.



New Addition by the Pool

Imagine that—a crocheted or knitted cover for a bike rack! So far, guessers have given the edge to crocheting. But we may never know for sure.

Susan Rader, Director of Parks and Recreation, said some kids took it upon themselves to give the bike rack a little character. No idea who. It is here to stay and a welcome site for all to enjoy!

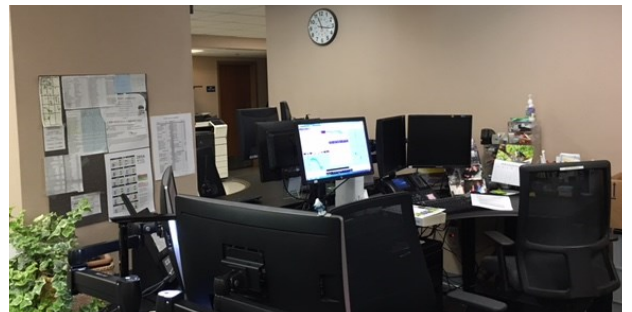
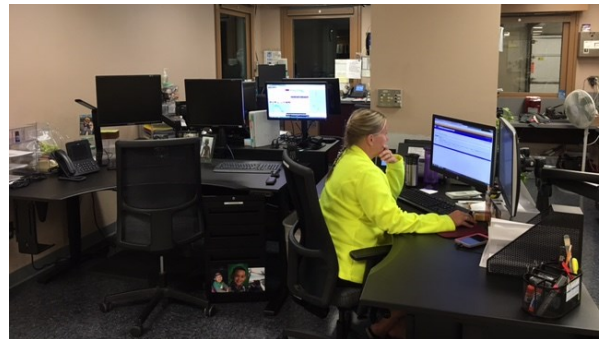
Another Vast Improvement

Remember the Police Clerk desks—crowded into a too-small shared space? Well, look at them now!

The two cubicles of old and the worn out furniture are gone, replaced with four new work stations that are bright and spacious, each with its own PC. And, the desks can be raised and lowered at will!

Now the full-time staff each has their own space. Each clerk has easier access to the service window. And there is even space for supplies and files.

Yes, another vast improvement!



Employee of the Quarter

Nominees

Shari Rains, Accounting Tech, was named Employee of the Quarter for her diligence and patience in compiling and processing the city's Affordable Care Act (health insurance) reports to the IRS.

This task was important and critical for the city's ACA reporting because inaccuracies could result in hefty fines. The instructions were vague, to say the least. Shari completed the report several times, just to get notification from LOGIS that there was an error but without specifically explaining the error or how to correct it. She researched each issue and through trial and error completed it correctly and processed it to LOGIS with time to spare.

This is not part of Shari's usual duties so she did it while attending to her regular day-to-day tasks. Shari never complains, she just does her job. In this case, she demonstrated her patience and commitment to get it right.

Shari has always strived to 'get it right'. One of the many things she has gotten right is choosing her husband. She met Tim at age 15 and they were married soon after high school. Next year they will reach 40 years of marriage and plan to celebrate with a cruise. So far Shari would like to go to the Caribbean and Tim prefers Alaska. Somewhat of a difference there, but they will work it out.

Shari is a people person. Her favorite pastime is being with her four grandchildren who range in age from 9 years to 6 months. She will babysit for them at the drop of a hat and sees them most weekends. She and Tim have recently downsized into a condo much smaller than their previous single family house, but there is a room designated for the grandchildren, and they are anxious to use it.

Shari's favorite person is her mother-in-law, Shirley Rains, who called Shari her 'daughter-in-love'. Shirley passed away in 2001 but Shari still finds herself wondering, 'what would Shirley do?' when faced with a dilemma.

Her favorite get-away is yet to be named—she is still looking for it. One contender may be Japan, but she will need to visit there first. Then again, she may need to visit both Alaska and the Caribbean before making a decision.

Congratulations, Shari, on being named the Employee of the Quarter! It is a well-deserved honor!

Penny Spitzer, Administrative Specialist in Parks & Recreation, was nominated for all the extra work that she was assigned to do this past quarter, which was in addition to her 'normal' work.

Penny was assigned to enter all of the daily transactions for the pool, ice arena, and golf course on top of taking care of all the daily financials for the rest of the parks and recreation programs. This new responsibility includes going through each deposit from each facility and entering all the financial details into the Rec Trac computer program. This is on top of all the other support she gives to all the facilities and programs in Parks & Rec. Penny was also responsible for coordinating the addition of two credit card machines being set up at the pool. The ability to accept credit cards at the pool for admissions and concessions has greatly helped operations.

Penny did all these things in addition to her already jam packed schedule at the busiest time of the year and, as usual, did it with a smile.

Thanks, Penny!

Ben Harty, School Resource Officer, was nominated for cultivating cooperation and coordination among Cooper High School, North Education Center, the police department, and prosecutors. He has also undertaken case investigations and pursued cases through the entire prosecution process. In addition, he coordinated the pre-prom mock crash demo at Cooper High School which involved multiple entities and was a success.

Ben is now transitioning to the patrol division and brings his experience with him from four years at the two schools and the investigative experience he acquired while there.

Good job, Ben!

David Walker-Crawford, Administrative Specialist in the City Manager department, has immersed himself into his position. It is noticeable that customers are being served immediately and efficiently at our city's front desk and respond favorably to his outstanding customer service.

"Walker" has already made improvements in the resident packet and has organized forms and other documents into an 'easier to find' system. He has jumped in during an election year and is learning quickly all the ramifications of that. He also serves staff and, among other things, he fills all the printers with paper every morning!

Thanks, Walker, for all you have done in such a short time!

Spotlight On...



Jason Ryan started as a police officer with the city on July 18, 2016. Jason has experience with Hennepin County and the Department of Corrections as a jailor, and was most recently a deputy sheriff at Hennepin County Medical Center.

Not only does Jason have a new job, he is also a new dad. His daughter Lucy was born May 9, just a few days after he had interviewed with the Personnel Board and was certified. His life has certainly changed since then.

Jason met his current wife, Kathryn, online through a dating site. He received several leads and contacted Kathryn shortly thereafter. They emailed back and forth and met face-to-face a couple weeks later. That led to more dating and learning what each others hobbies are. Kathryn loves her dad's hobby of restoring old cars and now Jason loves it, too. Were it not for the expense, Jason and Kathryn would be right there with their own collection. Maybe some day.

Kathryn has worked for Hennepin County in Health and Human Services, for more than 10 years. She is an administrative assistant but her responsibilities sound more like logistics for the 30+ Hennepin County buildings. She is responsible for about a third of them and is in charge of any type of move (moves are pretty frequent). Her two coworkers are anxious for her to return to work since they are in the midst of a heavy work load.

Another of Jason's favorite things is being a coach for most of the Special Olympics team sports such as softball (the team he coached won the national gold medal in 2010!), poly hockey, basketball, flag football, and Bocce ball. He also plays in a softball league.

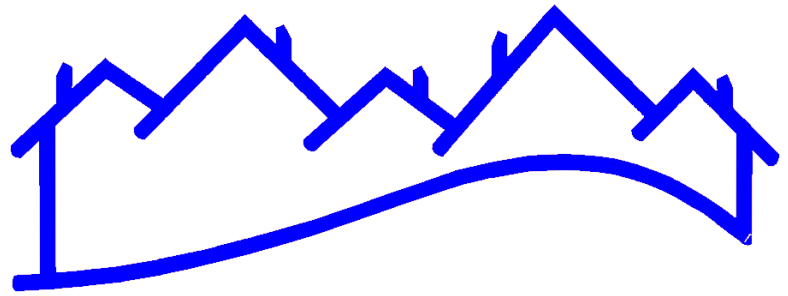
When they have the time, Jason and Kathryn ride their Harley around Minnesota and Wisconsin. That may be on hold this summer until Lucy gets a little older.

Another 'hobby' of Jason's is cooking, or at least it is becoming a hobby. Kathryn gave him a 'Big Green Egg', which does just about everything a stove does from baking to barbecuing, for his birthday. Now, of course, she expects him to do the cooking. Clever lady! Always up for a challenge, Jason is fine with that.

Welcome to New Hope, Jason. Your life is very full right now and we are happy to be a part of it!

The Roving Reporter





7 From the Mayo Clinic

Good health and well-being don't happen by accident. They depend on the decisions you make and the habits you adopt.

To fully enjoy the years ahead of you, you need to take steps to safeguard your health.

The American Cancer Society predicts that more than half of all cancer deaths could be prevented if Americans just took better care of themselves — stopped smoking, exercised more, ate healthier and got recommended screening tests. And studies show that regardless of whether you're 50 or 70, exercising every day or nearly every day can reduce your risk of heart attack, stroke, high blood pressure, diabetes, osteoporosis, and other health problems.

It's also important to remember that you're more than just your body. Good health means staying strong emotionally and mentally — having an optimistic attitude and maintaining connections with friends, family, and community.

Not all diseases and conditions are avoidable. However, many of the most serious ones can be prevented by adopting habits and behaviors that promote good health.

Here are some key factors that help promote a healthy, meaningful, and enjoyable long life.

- Having a purpose in life
- Enjoying a healthy diet
- Keeping physically active
- Maintaining a healthy weight
- Avoiding tobacco and excessive alcohol
- Preparing for retirement
- Challenging your brain
- Keeping socially and spiritually connected
- Cultivating a positive attitude
- Seeing your doctor regularly

By following these steps you'll feel good about yourself — and as a result, come across as young — no matter what your age.

From Mayo Clinic
Robert Sheeler, M.D.
Medical Editor
Mayo Clinic Health Letter



World of Wellness 2016

A tale of two events—one outside and one inside,
due to the unpredictable weather.

Both were a big success!

City of New Hope

This month:

- WOW partnered with Hy-Vee on a Healthy Grilling event
- 36 participants enjoyed Hawaiian Turkey Sliders, grilled Sweet Potato and Corn Salad, and refreshing watermelon
- A chef from Hy-Vee presented information and tips on how to grill interesting foods that are tasty and easy to prepare
- A Hy-Vee dietician relayed the nutrition in each item
- Hy-Vee provided recipe handouts, copies of their “Seasons” magazine, and bags of snacks





City of New Hope

Upcoming Wellness Events:

- August 31 - Summer picnic with lawn games, Civic Center Park, lunch provided
- September 28 - Healthy Living Presentation, City Hall, brown bag lunch
- October 26 - Presentation on Dementia/Alzheimers Awareness
 - ◇ Send your questions about Dementia to Eve in preparation for this talk by St. Therese

Mark your calendar!!

Wellness is a GOOD thing!

