

EAP BENEFIT

Childcare & Parenting Resources



Examples of the concerns we can help with:

- Back-Up Care
- Family Day Care
- Resources for kids from birth to 16 years
- Self-Care
- Summer Camp
- Center Care
- In-Home Care
- Preschool
- School-Age Issues

Examples of ways we can help:

- Verified referrals to daycare providers with confirmed vacancies
- Urgent situations: Within 6 hours
- Non-urgent situations: Within 12 hours
- When you need to locate a summer camp
- When you need help with planning for college

RESEARCH, RESOURCE & REFERRAL ASSISTANCE

Our child care consultants can offer resources surrounding mildly ill, emergency back-up care; back-up care as a result of school closings from inclement weather to teacher workdays; day, religious, sports, or residential summer camps; summer volunteer opportunities for teens; play groups for mothers and their infant/toddler; preschools; Montessori schools; resources on prenatal care from books to a lactation program. Consultants can also search for a variety of resources for children with special needs, such as respite care, in-home caregivers, financial guidance, testing and assessment resources, education programs, schools for exceptional children, and residential programs.

WEBSITE ACCESS

Your online Parenting resources include information for parents of all different experience levels with kids of all different ages, including advice for everything from raising your child's self-esteem to keeping backseat chaos to a minimum. It also includes *Adoption* information and resources to help with understanding the process and needs. The *Child Care* section will help parents consider their options and choose the one that best suits their family. Information on *Developmental Stages* provides insight into the maturation process from infancy through young adulthood. The *Education* section covers early development through adult education and even offers some non-college educational options for young adults. *Kid's Well-Being* has tips for keeping kids safe and sound from infancy through young adulthood with an emphasis on health, safety, and a positive interaction with the world around them. The website also offers a self-search locator for child care, camps and schools, access to Live Connect where you can chat online with a consultant, and also access to send in a referral request—through an online form—to receive a call back within the next business day.



your childcare & parenting benefit includes

Unlimited calls and instant messaging for parenting resources or information

1-800-553-7798

WELLSPRINGEAP.ORG

USERNAME: