

# Four Reasons to Fund your HSA



Wondering why you may want to contribute to a Health Savings Account, or HSA? An HSA is a tax advantaged account that lets you save for medical expenses and reduce your taxable income. You are eligible to participate in the HSA if you enroll in one of the High Deductible Plans, are not enrolled in Medicare, and not a dependent on someone else's tax returns. Read on to understand how an HSA works and why you may want to consider contributing to one!

## An HSA Offers Triple Tax Savings

- Contributions to your HSA are tax-free and lower your taxable income.
- If you are able to invest your HSA, the interest earnings are not taxed.
- You can use your HSA to pay for eligible medical expenses, and you won't be taxed on that withdrawal.

## Use Your HSA Now... or Save it for Retirement

Your HSA is designed to help you pay for medical expenses now, or you can choose to save it in a tax-free savings account to pay for future qualified health care expenses. Annual Contribution maximums are set by the Internal Revenue Service (IRS). If you are over 55, you can make additional "catch up contributions" up to \$1,000 to help increase your HSA balance. Your account balance rolls over year after year and continues to grow with your contributions.

## Your Money, Your Decisions

With an HSA-qualified plan, you're the one in control. You have the power to make smarter health care choices. Did you know an MRI of the spine can range from under \$500 to over \$1,000, depending on the provider. If you have any out-of-pocket costs, you can save significantly by taking a few minutes to find quality, affordable providers.

## Pay for the Care You Need

Use the money in your HSA to pay for eligible medical expenses such as:

- doctor's visits
- prescriptions
- diagnostic tests
- dental work
- acupuncture

This is just a small list of the medical expenses you can pay for with your HSA. You can find a full list at [www.irs.gov/pub/irs-pdf/p5002.pdf](http://www.irs.gov/pub/irs-pdf/p5002.pdf)