

THE BRIDGE



May 10 | Issue 46

Welcome to the Employee Newsletter!

Leadership Discussion

Employee Advisory Committee Dives In

By Kelly Murtaugh

The Employee Advisory Committee (EAC) has been meeting regularly since mid-February. Formed to review health insurance options, they have spent several meetings learning the factors that impact the rates, comparisons with like cities, and the options that can be considered when choosing a plan. The RFP is going to market on May 30 and carriers will have 21 days to respond. In early July, the EAC will begin review of the proposals from carriers, with a recommendation in August.

The EAC has also had the opportunity to meet with our Employee Assistance Program (EAP) representative from Vital WorkLife. They learned that our EAP program offers far more than individual consultations. The services of our EAP are available to you and your family at no direct cost to you! Committee members were pleasantly surprised at the broad array of resources available. Please check out the [50 Ways to Use Your EAP](#). Though the Committee will not actively engage in health insurance discussions until July, they will also have the opportunity to review the Engagement Survey results as we prepare to share them citywide.

Thank you to the EAC members: Bo Schuette, Elisabeth Lee, Georgann Freeman, Justin Fortney, Kaitlin Neuman, Stephanie Taylor, TJ Lucas, and Megan Schlei.

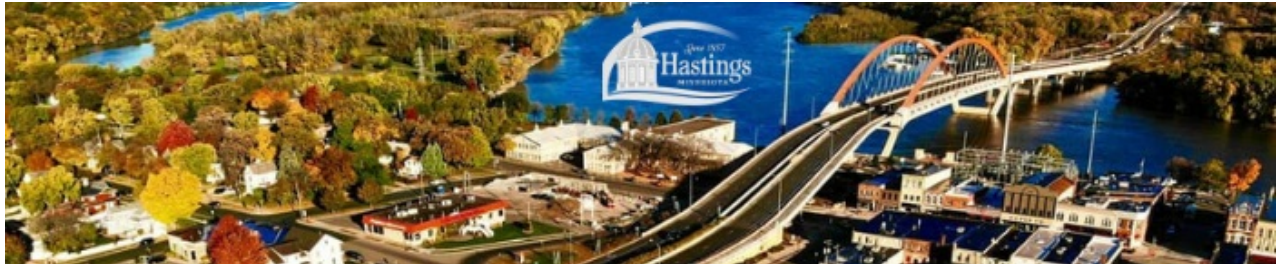
Kudos Korner

From Dawn Skelly - Thank you to Communications Intern Jojo Zhang, who has been working to bring our website into ADA

compliance, creating video reels for our events and programs, as well as several social posts. We appreciate your talents and friendly face. Congratulations on your graduation from Macalester College. We know your future will be bright.



Kudos to Ryan Stempki and his team at Public Works for their work on the PFAS public meeting held on May 9. Your hard work and knowledge is greatly appreciated!



Wellness Spotlight:

May is Mental Health Awareness Month

[Work and Life Integration:
Strategies for a Harmonious
Lifestyle](#)

[Urgency of Care Guide](#)

[Use Your Employee Assistance
Program \(EAP\) - Get Started with
Counseling](#)

[EAP Mobile APP Registration](#)

Dates to Know May

May 10 - National Clean Your Room Day

May 11 - National Eat What You Want Day

May 12 - Mother's Day

May 14 - National Dance Like a Chicken Day

May 15 - Peace Officer's Memorial Day

May 17 - National Pizza Party Day

May 19 - World Baking Day

May 20 - National Rescue Dog Day

May 21 - National Talk Like Yoda Day

May 23 - World Turtle Day

Visit the Events
Calendar



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