

Protect your health and receive a benefit

Your UnitedHealthcare Critical Illness Protection Plan wellness benefit may be money in your pocket.*

To receive the wellness benefit, complete at least 1 of these screenings or tests:

- Blood test for breast cancer (CA 15-3)
- Blood test for colon cancer (CEA)
- Blood test for myeloma (serum protein electrophoresis)
- Blood test for ovarian cancer (CA 125)
- Blood test for prostate cancer (PSA)
- Blood test for triglycerides
- Bone marrow testing
- Breast ultrasound
- Chest X-ray
- Colonoscopy
- Fasting blood glucose test
- Flexible sigmoidoscopy
- Hemoccult stool analysis
- Mammography
- Pap smear
- Serum cholesterol test to determine HDL and LDL levels
- Stress test on a bicycle or treadmill
- Thermography
- Virtual colonoscopy

Program rules

- ① Screenings must be completed during the calendar year
- ② A covered spouse can also earn a benefit
- ③ The benefit will only be paid for 1 test each calendar year, regardless of the test results. The benefit is paid in addition to any other payments you and/or your covered spouse receive under the policy.



* While many major medical health plans cover preventive care without cost-sharing when provided by a network physician, some charges may apply to these services when they are considered diagnostic (for example, services rendered to treat a health condition). Check your major medical benefit plan documents to see what services are covered.

continued

Help maintain your health with uhc.com/preventivecare

Maintaining or improving your health is important. Routine checkups and screenings can:

- ① Help you avoid serious health problems
- ② Allow you and your doctor to work as a team to manage your overall health
- ③ Assist you in reaching your personal health and wellness goals

Our online preventive care tool allows you to easily:

- View health guidelines and recommendations specific to your age and gender
- Get useful health tips
- Access tools, resources and materials to support your overall health, potentially lowering your out-of-pocket health care costs

Work with your doctor

Once you have the preventive recommendations specific to you, use them to work with your doctor.

Together, you can:

- Evaluate your current health status
- Address any concerns you may have

Then, your doctor can:

- Advise you on appropriate treatments
- Help you make medical decisions that fit your lifestyle



**This is a critical
illness-only policy**

See your official Critical Illness Protection Plan documents for benefit details



For use in Arizona only.

This information does not replace your official plan documents. Please see your official plan documents for all coverage details, which includes limitations and exclusions.

Under the Patient Protection and Affordable Care Act (ACA) certain preventive care items and services, including immunizations, are generally covered without cost-share by most major medical plans. These services may be based on your age and other health factors. Always review your benefit plan documents to determine your specific coverage details.

UnitedHealthcare Critical Illness product is provided by UnitedHealthcare Insurance Company on form UHICI-POL-1 et al., in Texas on UHICI-POL-1 and in Virginia on UHICI-POL-1-VA. Critical Illness coverage is NOT considered "minimum essential coverage" under the Affordable Care Act and therefore does NOT satisfy the mandate to have health insurance coverage. Failure to have other health insurance coverage may be subject to a tax penalty. Please consult a tax advisor. The policies have exclusions, limitations, reductions of benefits, and terms under which the policy may be continued in force or discontinued. For costs and complete details of the coverage, call or write your insurance agent or the company. Some products are not available in all states. UnitedHealthcare Insurance Company is located in Hartford, CT.