

CITY OF SAINT PETER EMPLOYEE
COVID POLICY – EFFECTIVE May 17, 2021



A. If you have COVID 19 symptoms or test positive:

1. For 10 days, you must QUARANTINE:
 - a. Stay home from work and all other activities.
 - b. Stay apart from others.
 - c. Do not share anything that others touch like phones, eating utensils, remote controls, etc. If you must share a bathroom, clean with disinfectant wipes after each use.
 - d. Call you supervisor and tell them your situation.
 - e. Stay home until these three things have been met:
 - i. It has been at least 10 days since your symptoms first started; and
 - ii. You are fever free for 24 hours without using fever reducing medicine; and
 - iii. You have no symptoms from the Covid Symptom Checklist.

B. If you have close contact to someone who has tested positive or someone who develops symptoms for COVID within two days* (48 hours) after your contact – whether at home, work or in the community:

**This time period is when the person with COVID is most infectious. To be clear, "close contact" means within 6 feet for 15 minutes over a period of 24 hours. The 15 minutes is cumulative so if for example you stop in my office for 5 minutes three times in one day, that equals 15 minutes.*

1. For 10 days, you must QUARANTINE:
 - a. Stay home from work and all other activities.
 - b. Stay apart from others.
 - c. Do not share anything that others touch like phones, eating utensils, remote controls, etc. If you must share a bathroom, clean with disinfectant wipes after each use.
 - d. Call you supervisor and tell them your situation.
2. If you do not get sick (i.e. you have no symptoms as outlined on the City's COVID Symptom Checklist shown below), you should be tested **after 5 days**. If your test comes back negative and you have not developed symptoms, call you supervisor and they will tell you what to do in order to return to work.
3. If you get sick (i.e. you have symptoms as outlined on the City's COVID Symptom Checklist shown below), during your time away from work you must QUARANTINE:
 - a. Continue to stay home from work and all other activities.
 - b. Stay away from others.
 - c. Do not share anything that others touch like phones, eating utensils, remote controls, etc. If you must share a bathroom, clean with disinfectant wipes after each use.
 - d. Stay home until these three things have been met:
 - i. It has been at least 10 days since your symptoms first started; and
 - ii. You are fever free for 24 hours without using fever reducing medicine; and
 - iii. You have no symptoms from the Covid Symptom Checklist
4. If you have received a COVID-19 vaccination:

- a. It takes about two weeks after getting vaccinated for your body to build up protection against COVID-19 to help protect you from getting sick. There is still a small chance that you could get infected and become sick even after being vaccinated. The risk of this is higher when there are high levels of COVID-19 disease spread in the community. This risk will come down as more people are vaccinated and we see less COVID-19 disease in the community.
- b. If someone has completed COVID-19 vaccination (two doses in a two-dose series or one dose in a one-dose series) and is exposed, they do not need to quarantine if ALL of the following are true:
 - i. The COVID-19 exposure was at least 14 days after their vaccination series was fully completed.
 - ii. The COVID-19 exposure was within 90 days of their final dose of the vaccination series.
 - iii. They do not currently have any symptoms of COVID-19. While the evidence shows the available vaccines are safe and effective at preventing you from getting sick with COVID-19, the CDC and MDH do not have enough information yet to know whether someone who was vaccinated can still get infected and without developing symptoms spread COVID-19 to others. Additionally, they are still learning about how well the vaccine works among people who have a weakened immune system.

To get COVID-19 under control, in addition to getting vaccinated, non-vaccinated employees should continue to wear a mask and stay 6 feet from others. All employees should continue to wash their hands, and get tested for COVID-19 when needed. The CDC and Minnesota Department of Health advise it is important to continue to follow public health guidance to reduce the spread of COVID-19 even after you have been vaccinated. Vaccinated employees, (other than Bus Drivers who are still required to wear masks while in the bus with passengers), may discontinue use of masks if they choose to.

The City will continue to screen all employees at the start of their shift as we have done for the past number of months.

COVID SYMPTOM CHECKLIST

- Fever equal or greater than 100.4⁰ F
- New sore throat or worsening cough
- Shortness of breath or difficulty breathing
- New loss of taste or smell
- Nausea
- Vomiting
- Diarrhea
- Chills
- Muscle pain
- Excessive fatigue
- New onset severe headache
- New onset nasal congestion or runny nose