

### **PLAN DESIGN & BENEFITS** MEDICAL PLAN PROVIDED BY AETNA LIFE INSURANCE COMPANY

PLAN FEATURES	IN-NETWORK DESIGNATED PROVIDERS	OUT-OF-NETWORK	
Benefit limitations - Some service or		There might be a maximum number of	
	. In such cases, the benefit year begins		
	to your plan documents to learn more.		
Deductible (per plan year)	\$5,000 per Individual	\$10,000 per Individual	
	\$10,000 per Family	\$20,000 per Family	
		overed expenses out-of-network add up	
towards your out-of-network deductible	e.		
You must first meet the deductible bef	ore the plan begins paying benefits, un	less otherwise noted.	
	some medical services does not coun		
drug costs count toward the deductible	e. Refer to your plan documents for det	ails.	
	ou will meet it when the expenses of s		
family deductible. No one person will h	nave to pay more than the individual de		
Member coinsurance	Covered 100%	You pay 30%	
Applies to all expenses except as note			
Out-of-pocket limit (per plan year)	\$6,000 per Individual	\$24,000 per Individual	
	\$12,000 per Family	\$48,000 per Family	
		limit. Covered expenses out-of-network	
add up towards your out-of-network out-of-pocket limit.			
Some of your cost sharing may not count toward the out-of-pocket limit.			
	Your pharmacy expenses count toward your out-of-pocket limit.		
In-network expenses include coinsura			
Out-of-network expenses include coinsurance and deductibles. Penalty amounts do not apply.			
Your family will have one out-of-pocket limit. You will meet it when the expenses of several family members add up to			
	person will have to pay more than the in	ndividual out-of-pocket limit amount.	
Lifetime maximum			
Unlimited except where otherwise indi			
Payment for out-of-network care**	Does not apply	Professional: 100% of Medicare Facility: 100% of Medicare	
Primary care physician selection	Does not apply	Does not apply	
Precertification requirements -			
Some out-of-network services need approval by us in advance (precertification). Without this approval, we reduce			
benefits by \$400. Refer to your plan documents for a full list of services that need this approval.			
Referral requirement	Not required	None	
Telehealth consultations - You can access covered services for telehealth visits from different kinds of providers in			
your plan. Log on to <b>Aetna.com</b> to see a list of telehealth providers. You'll also find more about your options, including			

your plan. Log on to Aetna.com to see a list of telehealth providers. You'll also find more about your options, including cost share amounts.

Network Designations- In order to be covered at the preferred in-network benefit level you must use a designated provider for care. If you receive care from a non-designated provider your care may be paid at the out-of-network benefit level or may not be covered at all.

PREVENTIVE CARE	IN-NETWORK DESIGNATED PROVIDERS	OUT-OF-NETWORK	
Routine adult physical exams/	Covered 100%; no deductible	30%; after deductible	
immunizations			

1 exam every 12 months until age 65, then 1 exam every 12 months age 65 and older



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Routine well child	Covered 100%; no deductible	30%; after deductible
exams/immunizations	,	,
<ul> <li>7 exams in the first 12 months</li> </ul>		
• 3 exams from age 13 to 24 months		
3 exams from age 25 to 36 months		
• 1 exam every 12 months thereafter u	ntil age 22	
Routine gynecological care exams	Covered 100%; no deductible	30%; after deductible
1 exam and pap smear per year, inclu		
Virtual primary care (VPC)	Covered 100%; no deductible	Not Covered
preventive care consultations		
Includes screening and counseling ser	vices for members age 18 and older	
Routine mammogram	Covered 100%; no deductible	30%; after deductible
Recommended: One per year for mem	bers age 40 and over	
Women's health	Covered 100%; no deductible	30%; after deductible
Includes: Screening for gestational dia	betes, HPV (Human- Papillomavirus) D	NA testing, counseling for sexually
	screening for human immunodeficiency	
	preastfeeding support, supplies and cou	
		ng contraceptives and devices you can't
	dures (including tubal ligation), patient e	
apply.	( 3 3 //1	,
Pre-natal maternity	Covered 100%; no deductible	30%; after deductible
Routine digital rectal exam	Covered 100%; no deductible	30%; after deductible
Recommended: For members age 40		<b>5 5 5 5 5 5 5 5 5 5</b>
Prostate-specific antigen test	Covered 100%; no deductible	30%; after deductible
Recommended: For members age 40		
Colorectal cancer screening	Covered 100%; no deductible	30%; after deductible
Recommended: For members age 45		
Routine eye exams	Covered 100%; no deductible	30%; after deductible
1 routine exam per 12 months.	0010.00.10070, 00000	00 70, 0.1101 00 00 01 01
Routine hearing screening	Covered 100%; no deductible	30%; after deductible
PHYSICIAN SERVICES	IN-NETWORK DESIGNATED	OUT-OF-NETWORK
11110101/11 021(11020	PROVIDERS	551 51 H21H5HK
Office visits to non-specialist	Covered 100%; after deductible	30%; after deductible
	ral physician, family practitioner or pedia	
Virtual primary care (VPC)	Covered 100%; after deductible	Not Covered
consultations	Covered 10070, and academote	1101 0010100
	ations through a VPC vendor for memb	ers age 18 and older; refer to Aetna.com
for VPC vendor information.	and agree to tonder for mornio	2.2 2.3 10 4.14 5.45., 10101 10 7.0114.00111
Telehealth consultation with non-	Covered 100%; after deductible	30%; after deductible
specialist	23.3.04 10070, altor doddolibio	5575, and addadable
Specialist office visits	Covered 100%; after deductible	30%; after deductible
Telehealth consultation with	Covered 100%, after deductible	30%; after deductible
specialist	Covered 100%, after deductible	0070, arter deductible
Hearing exams	Not Covered	Not Covered
Walk-in clinics	Covered 100%; after deductible	30%; after deductible
wain-iii CiiiiiC5	Covered 100%, after deductible	של אין מונטו עבעעטוואוב



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#### **Designated Walk-in clinics**

Covered 100%; after deductible

Walk-in clinics are free-standing health care facilities. Sometimes they may be within a pharmacy, drug store, supermarket, or other retail store. They offer some limited medical care and services.

Not walk-in clinics: Urgent care centers, emergency rooms, the outpatient department of a hospital, ambulatory

surgical centers, and physician offices.

sargical certicis, and priyololan offices:		
Allergy testing	Your cost sharing amount depends on the type of service and where you receive it.	Your cost sharing amount depends on the type of service and where you receive it.
Allergy injections	Your cost sharing amount depends on the type of service and where you receive it. Covered 100% when an office visit charge is not applicable.	Your cost sharing amount depends on the type of service and where you receive it.
DIAGNOSTIC PROCEDURES	IN-NETWORK DESIGNATED PROVIDERS	OUT-OF-NETWORK
Diagnostic X-ray (Other than complex imaging services)	Covered 100%; after deductible	30%; after deductible
	s for this service at their office, you pay y	
	Covered 100%; after deductible s for this service at their office, you pay y	
<b>Diagnostic complex imaging</b> When your physician performs and bill	Covered 100%; after deductible s for this service at their office, you pay y	30%; after deductible your office visit cost share amount.
EMERGENCY MEDICAL CARE	IN-NETWORK DESIGNATED PROVIDERS	OUT-OF-NETWORK
Urgent care provider	Covered 100%; after deductible	30%; after deductible
Non-urgent use of urgent care provider	Not Covered	Not Covered
Emergency room	Covered 100%; after deductible	Same as in-network care
Non-emergency care in an emergency room	Not Covered	Not Covered
Emergency use of ambulance	Covered 100%; after deductible	Same as in-network care
Non-emergency use of ambulance	Not Covered	Not Covered
HOSPITAL CARE	IN-NETWORK DESIGNATED PROVIDERS	OUT-OF-NETWORK
benefits you receive.	Covered 100%; after deductible or the care you need, your cost sharing a	
npatient maternity coverage (includes delivery and postpartum care)  When you're admitted into a hospital for	Covered 100%; after deductible or the care you need, your cost sharing a	30%; after deductible
benefits you receive.	and dand you mode, your door onaining a	initiani esante terrara un coronda
Outpatient hospital When you receive outpatient care at a covered benefits during your visit.	Covered 100%; after deductible hospital but don't stay overnight, your co	
Outpatient surgery - hospital When you receive outpatient care at a covered benefits during your visit.	Covered 100%; after deductible hospital but don't stay overnight, your co	30%; after deductible ost sharing amount counts toward all



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Outpatient surgery - freestanding facility	Covered 100%; after deductible	30%; after deductible
•	hospital but don't stay overnight, your	cost sharing amount counts toward all
covered benefits during your visit.	. , , , , ,	Č
MENTAL HEALTH SERVICES	IN-NETWORK DESIGNATED	OUT-OF-NETWORK
	PROVIDERS	
Inpatient	Covered 100%; after deductible	30%; after deductible
	or the care you need, your cost sharing	amount counts toward all covered
benefits you receive.		
Mental health office visits	Covered 100%; after deductible	30%; after deductible
Mental health telehealth	Covered 100%; after deductible	30%; after deductible
consultations		
Other mental health services	Covered 100%; after deductible	30%; after deductible
	facility but don't stay overnight, your co	ost sharing amount counts toward all
covered benefits during your visit.		
SUBSTANCE ABUSE	IN-NETWORK DESIGNATED PROVIDERS	OUT-OF-NETWORK
Inpatient	Covered 100%; after deductible	30%; after deductible
	or the care you need, your cost sharing	amount counts toward all covered
benefits you receive.		
Residential treatment facility	Covered 100%; after deductible	30%; after deductible
	the care you need, your cost sharing a	amount counts toward all covered benefits
you receive.		
Substance abuse office visits	Covered 100%; after deductible	30%; after deductible
Substance abuse telehealth	Covered 100%; after deductible	30%; after deductible
consultations	0 14000/ 6 1 1 111	000/ 5/ 1 1 1/1/1
Other substance abuse services	Covered 100%; after deductible	30%; after deductible
	facility but don't stay overnight, your co	ost sharing amount counts toward all
covered benefits during your visit.	IN NETWORK DECIONATED	OUT OF NETWORK
THERAPY SERVICES	IN-NETWORK DESIGNATED PROVIDERS	OUT-OF-NETWORK
Spinal manipulation therapy	Covered 100%; after deductible	30%; after deductible
Outpatient rehabilitative physical	Covered 100%, after deductible  Covered 100%; after deductible	30%; after deductible
and occupational therapy	Covered 100%, after deductible	50 %, after deductible
Limited to 30 visits per year		
Outpatient rehabilitative speech	Covered 100%; after deductible	30%; after deductible
therapy	Covered 10070, and deddonois	5676, arter adductible
Limited to 30 visits per year		
Habilitative physical therapy	Covered 100%; after deductible	30%; after deductible
Habilitative occupational therapy	Covered 100%; after deductible	30%; after deductible
Habilitative speech therapy	Covered 100%; after deductible	30%; after deductible
Autism related physical therapy	Covered 100%; after deductible	30%; after deductible
Autism related occupational	Covered 100%; after deductible	30%; after deductible
therapy		, <del></del>
Autism related speech therapy	Covered 100%; after deductible	30%; after deductible
Autism related behavioral therapy	Covered 100%; after deductible	30%; after deductible
These benefits are combined with outp		•
•		



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Autism related applied behavior	Covered 100%; after deductible	30%; after deductible
analysis		
	e same as any other outpatient mental h	
OTHER SERVICES	IN-NETWORK DESIGNATED PROVIDERS	OUT-OF-NETWORK
Skilled nursing facility	Covered 100%; after deductible	30%; after deductible
Limited to 60 days per year		
	r the care you need, your cost sharing am	nount counts toward all covered benefits
you receive.		
Home health care	Covered 100%; after deductible	30%; after deductible
Limited to 60 visits per year		
Home health care services include pri		the control of the form to the control of the contr
	from a home health care agency. One vis	
Hospice care - inpatient	Covered 100%; after deductible	30%; after deductible
you receive.	r the care you need, your cost sharing am	
Hospice care - outpatient	Covered 100%; after deductible	30%; after deductible
covered benefits during your visit.	facility but don't stay overnight, your cos	
Private duty nursing	Covered as part of home health care	Covered as part of home health care
We count each period of up to 8 hours		
Durable medical equipment	Covered 100%; after deductible	30%; after deductible
<b>Diabetic supplies</b> (if not covered under the prescription drug benefit)	Covered same as any other medical expense.	Covered same as any other medical expense.
	You pay your prescription drug cost sharing amount if you have	You pay your prescription drug cost sharing amount if you have
	prescription drug coverage. If not,	prescription drug coverage. If not,
	you pay your PCP visit cost sharing	you pay your PCP visit cost sharing
	amount.	amount.
Infusion therapy - home/office	Covered 100%; after deductible	30%; after deductible
Infusion therapy - outpatient hospital/freestanding facility	Covered 100%; after deductible	30%; after deductible
Transplants	Covered 100%; after deductible	30%; after deductible
	In-network coverage is only available	Out-of-network coverage applies
	at Institutes of Excellence (IOE)	when you use a non-IOE facility. You
	contracted facility.	will pay more out of pocket when
		using a non-IOE facility.
Bariatric surgery	Not Covered	Not Covered
Acupuncture Limited to 10 visits per year	Covered 100%; after deductible	30%; after deductible
network.	oinsurance, after deductible, for services	
FAMILY PLANNING	IN-NETWORK DESIGNATED PROVIDERS	OUT-OF-NETWORK
Infertility treatment	Your cost sharing amount depends on the type of service and where you receive it.	Your cost sharing amount depends on the type of service and where you receive it.
You have coverage for the diagnosis a	and treatment of the underlying cause of	infertility.



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Comprehensive infertility services Artificial insemination and ovulation ind	Not Covered uction	Not Covered
Advanced Reproductive	Not Covered	Not Covered
Technology (ART)		
In-vitro fertilization (IVF), zygote intrafa	llopian transfer (ZIFT), gamete intrafall	opian transfer (GIFT), cryopreserved
embryo transfers, intracytoplasmic spe		
Vasectomy	Covered 100%; after deductible	30%; after deductible
Tubal ligation	Covered 100%; no deductible	30%; after deductible
PHARMACY	IN-NETWORK	OUT-OF-NETWORK
The full cost of the drug is applied to th	e deductible before any benefits are co	onsidered for payment under the
pharmacy plan.		
Pharmacy plan type	Advanced Control Plan - Aetna	
Prescription drug deductible	Prescription drug expenses apply to	your medical deductible.
Preventive medications - We waive the	ne deductible for certain preventive me	dications. For a full list of these drugs, go
to your secure member site or ask your	r employer.	
Prescription drug out-of-pocket	Prescription drug expenses apply to	your medical out-of-pocket limit.
limit		
Value Drugs Tier 1A		
Retail	Covered 100%	20% of submitted cost
Mail order	Covered 100%	20% of submitted cost; after
		applicable in-network cost share
Preferred generic drugs		
Retail	\$10 copay	20% of submitted cost; after
		applicable in-network cost share
Mail order	\$25 copay	20% of submitted cost; after
		applicable in-network cost share
Preferred brand-name drugs		
Retail	\$45 copay	20% of submitted cost; after
		applicable in-network cost share
Mail order	\$112.50 copay	20% of submitted cost; after
		applicable in-network cost share
Non-preferred generic and brand-na	me drugs	
Retail	\$70 copay	20% of submitted cost; after
		applicable in-network cost share
Mail order	\$175 copay	20% of submitted cost; after
		applicable in-network cost share
Specialty drugs		
Preferred specialty	20%	20% of submitted cost; after
		applicable in-network cost share
	Maximum \$150	
Non-preferred specialty	20%	20% of submitted cost; after
-		applicable in-network cost share
	Maximum \$250	



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Pharmacy day supply and requirements

**Retail** You can get up to a 30-day supply from Aetna National Network

Mandatory maintenance choice Maintenance drugs are prescriptions commonly used to treat conditions that

require regular, daily use of medicines.

If you take a maintenance drug, you can get two retail fills.

Then you must fill a 31-90-day supply of the maintenance drug at CVS Caremark® Mail Service Pharmacy, a designated network pharmacy, or a

CVS Pharmacy®.1

If you do not, you will need to pay 100% of the drug cost.

**Opt Out** You must notify us if you want to continue to fill the medicine at a network

retail pharmacy. Just call the number on the member ID card.

Specialty You can get up to a 30-day supply of specialty drugs

You must fill all specialty drugs through our preferred specialty pharmacy

network.

Advanced Control Formulary Aetna Insured List

### Your prescription drug plan also includes:

Diabetic supplies

- \$25 copay maximum per fill per 30 day supply for formulary insulin drugs; no deductible for formulary insulin drugs
- Sexual dysfunction drugs, including daily dose, additional 6 tablets a month for erectile dysfunction
- A limited list of over-the-counter medications when filled with a prescription

### Family planning

• Contraceptives covered up to a 12-month supply. Contraceptive copay strategy applies.

### The following are covered 100% in-network:

- Oral chemotherapy drugs
- Seasonal vaccinations
- Preventive vaccinations
- Affordable Care Act (ACA) eligible preventive medications and contraceptives

Refer to **Aetna.com** for a complete list of eligible prescription drugs.

#### **Precertification requirements**

Some covered prescription drugs need approval from us before we will cover the drug.

Some covered prescription drugs require step therapy before we cover them. With step therapy, you must first try one or more drugs before we will pay for drugs that require step therapy.

To get the most up-to-date precertification requirements and a list of drugs that require step therapy, see your plan documents or go online to your member website.

Choose generics with dispense as written (DAW) override - Sometimes your physician may say you need a brand-name prescription drug even if a generic is available. If so, you will pay the brand-name copay. If you ask for a brand-name prescription drug when a generic is available, you will pay the applicable brand-name copay plus the difference between the generic price and the brand-name price.

#### **GENERAL PROVISIONS**

Dependents who are eligible to be on your plan

Spouse, children from birth to age 26. Student status of children does not matter.

\*\*We cover the cost of services based on whether doctors are "in network" or "out of network." We want to help you understand how much we pay for your out-of-network care. At the same time, we want to make it clear how much more you will need to pay for this "out-of-network" care.

You may choose a provider (doctor or hospital) in our network. You may choose to visit an out-of-network provider. If you choose a doctor who is out of network, your health plan may pay some of that doctor's bill. Most of the time, you will pay a lot more money out of your own pocket if you choose to use an out-of-network doctor or hospital.



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When you choose out-of-network care, we limit the amount it will pay. This limit is called the "recognized" or "allowed" amount.

- For doctors and other professionals the amount is based on what Medicare pays for these services. The government sets the Medicare rate. Exactly how much we "recognize" depends on the plan you or your employer picks.
- For hospitals and other facilities, the amount is based on what Medicare pays for these services. The government sets the Medicare rate. Exactly how much we "recognize" depends on the plan you or your employer picks.

Your doctor sets his or her own rate to charge you. It may be higher -- sometimes much higher -- than what your plan "recognizes." Your doctor may bill you for the dollar amount that we don't "recognize." You must also pay any copayments, coinsurance and deductibles under your plan. No dollar amount above the "recognized charge" counts toward your deductible or out-of-pocket maximums. To learn more about how we pay out-of-network benefits visit our website.

You can avoid these extra costs by getting your care from Aetna's broad network of health care providers. Go to www.aetna.com and click on "Find a Doctor" on the left side of the page. If you are already a member, sign on to your Navigator member site.

This applies when you choose to get care out of network. When you have no choice (for example: emergency room visit after a car accident, or for other emergency services), we will pay the bill as if you got care in network. You pay cost sharing and deductibles for your in-network level of benefits. Contact us if your provider asks you to pay more. You are not responsible for any outstanding balance billed by your providers for emergency services beyond your cost sharing and deductibles.

This way of paying out-of-network doctors and hospitals applies when you choose to get care out of network. When you have no choice (for example: emergency room visit after a car accident), we will pay the bill as if you got care innetwork. You pay your plan's copayments and deductibles for your in-network level of benefits. Contact us if your provider asks you to pay more. You are not responsible for any outstanding balance billed by your providers for emergency services beyond your copayments and deductibles.

Plans are provided by: Aetna Health Inc. While this material is believed to be accurate as of the production date, it is subject to change.

Health benefits and health insurance plans contain exclusions and limitations. Not all health services are covered.

See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by location and are subject to change. Providers are independent contractors and are not our agents. Provider participation may change without notice. We do not provide care or guarantee access to health services.



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The following is a list of services and supplies that are *generally* not covered. However, your plan documents may contain exceptions to this list based on state mandates or the plan design or rider(s) purchased by your employer.

- All medical and hospital services not specifically covered in, or which are limited or excluded by your plan documents.
- Cosmetic surgery, including breast reduction.
- Custodial care.
- Dental care and dental X-rays.
- Donor egg retrieval
- Experimental and investigational procedures, except for coverage for medically necessary routine patient care costs for members participating in a cancer clinical trial.
- Hearing aids
- Home births
- Immunizations for travel or work, except where medically necessary or indicated.
- Implantable drugs and certain injectable drugs including injectable infertility drugs.
- Infertility services, including artificial insemination and advanced reproductive technologies such as IVF, ZIFT, GIFT, ICSI and other related services, unless specifically listed as covered in your plan documents.
- Long-term rehabilitation therapy.
- · Non-medically necessary services or supplies.
- Outpatient prescription drugs (except for treatment of diabetes), unless covered by a prescription plan rider and overthe-counter medications (except as provided in a hospital) and supplies.
- Radial keratotomy or related procedures.
- Reversal of sterilization.
- Services for the treatment of sexual dysfunction/enhancement, including therapy, supplies or counseling or prescription drugs.
- · Special duty nursing.
- Therapy or rehabilitation other than those listed as covered.
- Weight control services including surgical procedures, medical treatments, weight control/loss programs, dietary regimens and supplements, appetite suppressants and other medications; food or food supplements, exercise programs, exercise or other equipment; and other services and supplies that are primarily intended to control weight or treat obesity, including Morbid Obesity, or for the purpose of weight reduction, regardless of the existence of comorbid conditions.

In case of emergency, call 911 or your local emergency hotline, or go directly to an emergency care facility.

Translation of this material into another language may be available. Please call Member Services at the number on the back of your ID card.

Puede estar disponible la traduccion de este material en otro idioma. Por favor llame a Servicios al Miembro al **1-888-982-3862**.

Plan features and availability may vary by location and group size.

For more information about Aetna plans, refer to www.aetna.com.

Aetna and MinuteClinic, LLC (which either operates or provides certain management support services to MinuteClinic-branded walk-in clinics) are both within the CVS Health family.

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