

Flexible Spending Account (FSA) Enrollment Form



By selecting an FSA, you're making a smart decision to set aside pre-tax dollars to pay for eligible healthcare expenses. If you think you'll have medical expenses that won't be reimbursed by another plan, FSAs are a great way to save money while covering those costs.

Fill out your personal information on the back of this form and select the FSA(s) that are right for you. Talk with your employer to find out any contribution limits and which plans are available for your company.

For more information about FSAs, please visit [MedMutual.com/CDHAccounts](https://www.MedMutual.com/CDHAccounts).

Please complete and return the form based on your employer's instructions.

Note: If your employer asks you to complete the fillable PDF and return the form via email, please complete all fillable fields as noted and save this PDF form with a new file name, such as:

Example: John_SmithFSA.pdf

Please follow your employer's directions regarding specific formatting and email return instructions or contact your employer with any questions. [Click here to download the free Adobe PDF Reader.](#)

Medical Mutual FSA Options

Option 1A — Medical Mutual Flexible Spending Account (FSA)*

The FSA reduces your taxable income by setting aside pre-tax dollars to pay for eligible healthcare expenses.

Option 1B — Medical Mutual Limited-Purpose Flexible Spending Account (LPF)*

The LPF is available only if you elect to enroll in a health savings account (HSA). The LPF is in addition to your HSA and is limited to paying only qualified dental and/or vision expenses that are not covered by your employer's health plan or any other health plan.

Option 2 — Medical Mutual Dependent Care/Elder Care Account (DCA)*

The DCA pays for day care expenses for a dependent child, adult or elder, so you may work. Eligible services include: nursery school, nanny, and before-or after-school care/day camp through age 12; day care for a disabled adult or child; and elder day care for parent or dependent.

*Account contributions are subject to IRS regulations and are subject to IRS limits. Based on IRS limits, your employer will determine contribution limit for your account. Please review your Summary Plan Description for contribution levels. You may contribute up to this amount for the plan year. This annual election amount will be deducted evenly out of each pay check on a pre-tax basis and deposited into your account.

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Member Information				
Employer			Date of Hire	
Employee First Name		Employee Last Name		Date of Birth
Street Address				
City			State	ZIP
SSN	Email		Primary Phone	
Account Options				
Option 1A – Medical Mutual Flexible Spending Account (FSA)				
Yes, I elect to contribute A (before taxes) for the PLAN YEAR*, which is B per pay period, to fund my account that pays qualified out-of-pocket, healthcare expenses that are not covered by my employer's health plan or any other health plan. A: \$ _____ B: \$ _____				
No, I decline this option for this plan year and understand that I will lose all tax savings that I could receive as a participant.				
Option 1B – Medical Mutual Limited-Purpose Flexible Spending Account (LPF)				
Yes, I elect to contribute A (before taxes) for the PLAN YEAR*, which is B per pay period, to fund my account that pays qualified out-of-pocket, healthcare expenses not covered by my employer's health plan or any other health plan. A: \$ _____ B: \$ _____				
No, I decline this option for this plan year and understand that I will lose all tax savings that I could receive as a participant.				
Option 2 – Medical Mutual Dependent Care/Elder Care Account (DCA)				
Yes, I elect to contribute A (before taxes) for the PLAN YEAR, which is B per pay period, to fund my account that pays qualified dependent day care or elder care expenses. A: \$ _____ B: \$ _____				
No, I decline this option for this plan year and understand that I will lose all tax savings that I could receive as a participant.				
Authorization				
IMPORTANT Please read the following before signing this enrollment form. My employer and I agree that my taxable income will be reduced each pay period during the year by an equal portion of the benefit elections set forth above and that qualified expenses will be paid on a tax-free basis. I understand that I may change my election in the event of certain changes in my status and that, prior to the first day of each plan year, I will be offered the opportunity to change my benefit election for the upcoming plan year. I acknowledge that I have received, read and understand the Summary Plan Description. I understand that the Medical Mutual debit card is available to pay only qualified expenses and that qualified expenses paid with the card cannot be reimbursed by any other plan and that I will not seek reimbursement for expenses paid with the card from any other source. I understand that when using the Medical Mutual debit card I must keep all receipts and that, on occasion, I may be asked for documentation of charges made with the Medical Mutual debit card. I also understand that if a payment is made that is not for qualified expenses, I will repay my employer. For any expenses not repaid by me, I authorize my employer to deduct the amount from my paycheck (if permitted by state law).				
Employee Signature			Date	
This section to be completed by employer only.				
Does this employee have Medical Mutual insurance?		Yes	No	Plan Year Start Date
Please note: All employees with Medical Mutual insurance must be actively enrolled for FSA enrollment to be processed.				
Member's Plan Effective Date	First Payroll Start Date	Number of Pays	Department	

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