



# Contact Information

If you have specific questions about a benefit plan, please contact the administrator listed below or your HR department.

	Carrier/ Administrator/ Vendor	Phone	Website/Email
Medical	UMR	(800) 826-9781	<a href="http://www.umar.com">www.umar.com</a>
Pharmacy	CVS Caremark	(866) 818-6911	<a href="http://www.caremark.com">www.caremark.com</a>
Dental	Delta Dental	(800) 236-3712	<a href="http://www.deltadentalwi.com">www.deltadentalwi.com</a>
Vision	Superior Vision	(800) 923-6766	<a href="http://www.superiorvision.com">www.superiorvision.com</a>
Flexible Spending Account	Diversified Benefit Services	(800) 234-1229	<a href="http://www.dbsbenefits.com">www.dbsbenefits.com</a>
Life, Disability, Accident, Critical Illness Plans	UHC	(800) 421-6204	<a href="http://www.uhc.com">www.uhc.com</a>
Identity Theft Protection and Legal Plan	ID Shield	(888) 494-8519	<a href="http://www.idshield.com">www.idshield.com</a>
Employee Assistance Program	BHS	(800) 327-2251	<a href="http://bhsonline.com">bhsonline.com</a>
401(k)	Capital Group American Funds	(757) 670-4900	<a href="http://www.capitalgroup.com">www.capitalgroup.com</a>
401(k) Financial Counseling	Jeremy Bartels Financial Advisor	(715) 732-4408	<a href="mailto:Jeremy.Bartels@dwardjones.com">Jeremy.Bartels@dwardjones.com</a>

