

ASBAIT provides the opportunity for members to obtain the lowest cost for pickup or mail-order maintenance medications.

### Making sure your medication is covered

First, start filling medications you take regularly (such as diabetes, asthma or high blood pressure medications) in 90-day supplies. Second, be sure to fill at CVS Pharmacy® or CVS Caremark® Mail Service Pharmacy. If you fill 30-day supplies or use another pharmacy, you'll pay more for your medication and miss out on savings. Effective July 1, 2022, 90-day fills are only available at CVS pharmacies or through the 90-day mail order program.

### How to start saving with 90-day supplies

Typically, most prescriptions are ordered in 30-day supplies. If a provider writes a prescription for a larger supply, but the plan only allows 30 days, the prescription will be decreased to the supply allowed by the plan. Filling in 30-day supplies or at another pharmacy? You'll need to transfer your prescriptions. Choose pickup at any CVS Pharmacy or get delivery from CVS Caremark Mail Service Pharmacy. If you don't currently have a 90-day prescription, you will need to have your doctor prescribe one for you.

- For pickup at a CVS Pharmacy, visit: [www.Caremark.com/MoveMyMeds](http://www.Caremark.com/MoveMyMeds).
- For delivery by mail, visit: [www.Caremark.com/MailService](http://www.Caremark.com/MailService).

#### Don't want to elect 90-day supplies?

You can opt out by calling Customer Care at **1.866.475.7589**.



**What is a maintenance drug?** Maintenance drugs are prescriptions used to treat ongoing, chronic or long-term conditions.

**How do I find out if my prescription is considered a maintenance drug?** Members can call Customer Care at **1.866.475.7589** or visit [www.caremark.com](http://www.caremark.com) to find out if their prescription is considered a maintenance drug. Some examples include medications used to treat high blood pressure, heart disease, asthma or diabetes.

**What is the benefit to receiving 90-day supplies through CVS Pharmacy or mail order?** When you utilize this service for 90-day prescription fills, you only pay two copays for a three month supply—instead of paying three separate 30-day supply copays. This is the advantage of using Maintenance Choice!

### Change your mind?

Need to make a change? No problem! You can switch between pickup at CVS Pharmacy and delivery from CVS Caremark Mail Service Pharmacy at anytime.