

Join the movement to reverse type 2 diabetes and obesity.

Virta uses the research-backed combination of nutritional ketosis, medical supervision, and one-on-one health coaching. You also get all the supplies you need for biomarker tracking, access to a private patient community, and curated recipes, food guides, and meal plans!

Virta can help you:

- ⬇ Lower blood sugar
- ⬇ Decrease medications
- ⬇ Reduce A1c
- ⬇ Lose weight
- ⬇ Lower triglycerides

How is Virta different?

- ⊘ No calorie counting
- ⊘ No fasting
- ⊘ No exercise required
- ⊘ No medication
- ⊘ No surgery

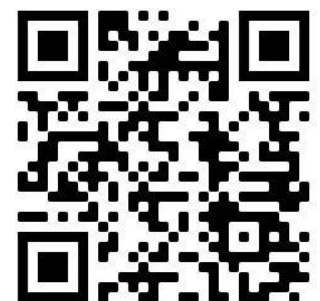
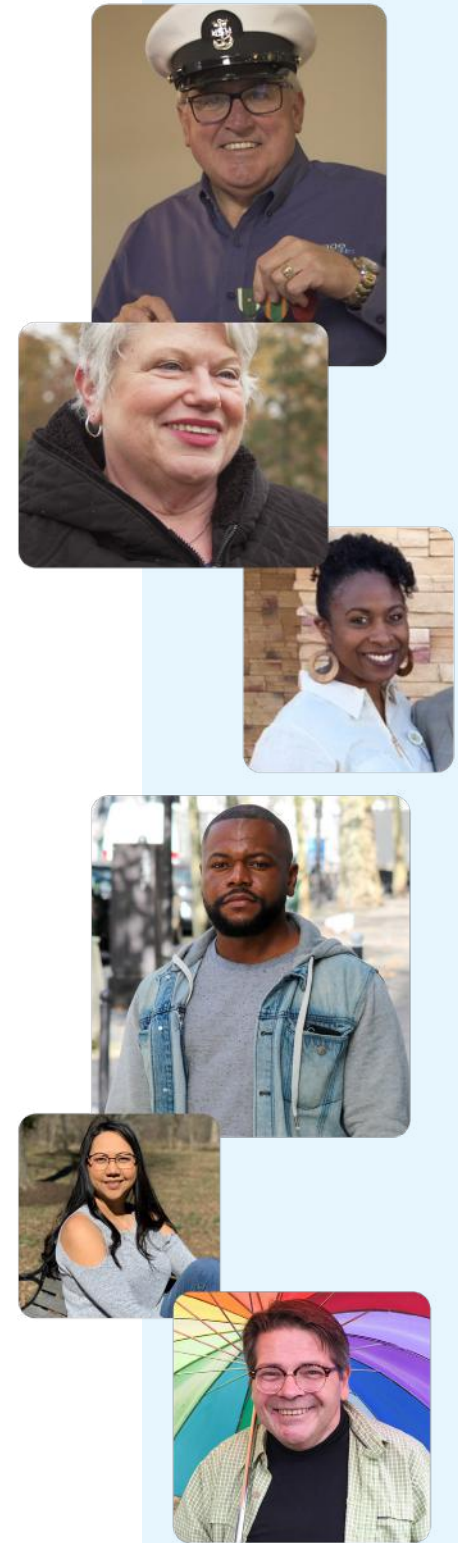
Who is Virta for?

Quartz provides access to Virta at no additional cost* to you if you or your eligible family members have type 2 diabetes. Virta is also covered for those with a BMI of 30 or greater who are interested in safe and sustainable weight loss.

What's the cost?

Quartz provides access to Virta at no additional cost*

Learn more at
virtahealth.com/join/quartz



Scan here to learn more

Virta is available to Quartz members and eligible dependents between the ages of 18 and 79 who are enrolled in an eligible health plan through Quartz. Eligible Quartz health plans include most commercial fully-insured and Medicaid plans. This benefit is currently being offered to those with type 2 diabetes and obesity (defined as having a BMI of 30 or greater). There are some medical conditions that would exclude members from the Virta treatment. Start the application process now to find out if you qualify. *Please note additional costs may be incurred for labs obtained from an out-of-network provider.

Quartz-branded health plans are offered by Quartz Health Benefit Plans Corporation, Quartz Health Plan Corporation, Quartz Health Plan MN Corporation, and Quartz Health Insurance Corporation, which are separate legal entities. © 2022 Quartz Health Solutions, Inc. Quartz complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. QA01746