



Insurance | Risk Management | Consulting

University of California Postdoctoral Benefit Plan COBRA Rates

January 1, 2022 – December 31, 2022

	Monthly COBRA Rate
Medical HMO - Health Net	
Postdoc Only	\$592.91
Postdoc + child(ren)	\$1,037.68
Postdoc + partner	\$1,423.08
Postdoc + partner + child(ren)	\$1,808.48
Medical PPO - Health Net	
Postdoc Only	\$656.42
Postdoc + child(ren)	\$1,148.76
Postdoc + partner	\$1,575.39
Postdoc + partner + child(ren)	\$2,002.10
Dental POS - Principal	
Postdoc Only	\$23.88
Postdoc + child(ren)	\$55.57
Postdoc + partner	\$49.80
Postdoc + partner + child(ren)	\$89.42
Dental HMO - Health Net	
Postdoc Only	\$7.64
Postdoc + child(ren)	\$14.50
Postdoc + partner	\$13.74
Postdoc + partner + child(ren)	\$21.38
Vision PPO - Health Net	
Postdoc Only	\$3.74
Postdoc + child(ren)	\$6.97
Postdoc + partner	\$6.24
Postdoc + partner + child(ren)	\$10.66