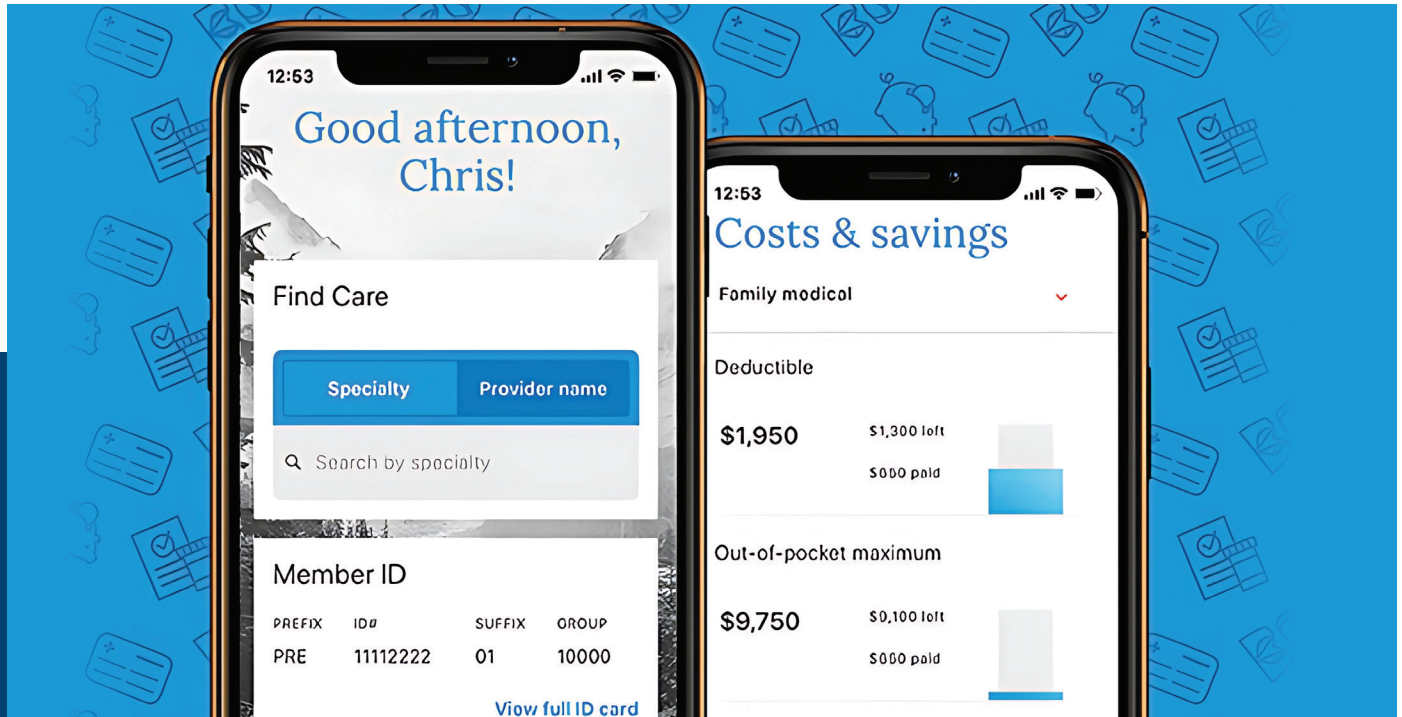


Virtual Healthcare with Aegis Premera Benefit Plans

Treatment should be easy on you and your wallet.



We know that sitting in a crowded waiting room isn't fun, especially when you or a family member is sick.

DON'T WAIT TO FEEL BETTER!

Through the Premera MyCare app, you can get seen virtually right now. Premera MyCare offers low-cost, convenient, and high-quality care from the comfort of your home. Get access to virtual care providers for timely treatment options, including:

98point6	PHYSICAL HEALTH: On-demand, text-based primary care 98point6.com/Premera
dr. on demand	PHYSICAL AND MENTAL HEALTH: Video chat with a doctor Doctorondemand.com/Premera
talkspace	MENTAL HEALTH: Virtual access to a licensed therapist through text or video Talkspace.com/Premera
Boulder	SUBSTANCE AND ALCOHOL ABUSE: Virtual access to licensed professionals Bouldercares.com/Premera
omada	PHYSICAL THERAPY: Virtual access to licensed physical therapist Premera MyCare app

IMPORTANT REMINDERS...

- You must be enrolled in an Aegis medical plan to access these virtual health plan options.
- Deductibles and copays may still apply.
- If you registered with 98point6 prior to 4/1/2024, you must reregister through the Premera MyCare app or at 98point6.com/Premera to access benefits.

FOR MORE INFORMATION

Please contact the Aegis Benefit Advocates Center at 833.262.1832 or bac.aegisliving@ajg.com or the Aegis Benefits department at benefits@aegisliving.com.

SCAN TO
DOWNLOAD



You can feel confident getting care with Premera MyCare because you will only see providers covered by your plan in real time.

Scan the code to download the Premera MyCare app and get the care you need now.

Aegis Living
Assisted Living | Memory Care

