

## Mail Service Means One Less Thing for You to Do

Your prescription benefit offers you the convenient option to get 90-day\* supplies of your long-term\*\* medications delivered to you by mail. When you use the CVS Caremark Mail Service Pharmacy to fill your prescriptions, you'll enjoy the many benefits it provides:

- **Added value** – 24/7 access to pharmacists, alert messages by e-mail, text or phone
- **Cost savings** – one 90-day supply may cost less than three 30-day supplies at a retail pharmacy
- **Greater convenience** – at-home delivery at no extra cost, easy refills online or by phone
- **Quality and safety** – dedicated pharmacists checking each and every order

Let us handle the legwork of filling your long-term prescriptions so you don't have to. See the back side to learn how to get started.

**To learn more, visit [www.caremark.com](http://www.caremark.com) or call the number on your Prescription Card.**

\*Actual quantity may vary depending on your plan.

\*\*A long-term medication is taken regularly for chronic conditions, such as high blood pressure, high cholesterol or diabetes, or long-term therapy.

### Mail Service

*Your medicine will be delivered within 10 days from the time your order is placed.*

**CVS**  
**CAREMARK**

# Get Started with CVS Caremark Mail Service

It's quick and easy!

If you have a prescription, choose one of two ways to submit it:

- **Mail your prescription** and a completed order form to CVS Caremark
- **Ask your doctor** to call in your prescription toll-free at 1-800-378-5697

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If you need a prescription, choose from two FastStart® options to get started:

- **Phone** – Call FastStart toll-free at **1-800-875-0867\*** from 7 a.m. to 7 p.m. (CT) Monday-Friday
- **Online** – Log on to **[www.caremark.com/faststart](http://www.caremark.com/faststart)** and sign in or register, if necessary

Have your Prescription Card number, the names of your medicines, your doctor's information and your payment information ready. We'll handle the rest.

\*For TDD assistance, please dial toll-free 1-800-231-4403.

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Mail Service

*FastStart is quick, convenient and saves you a trip to the doctor's office for a new prescription.*

**CVS**  
**CAREMARK**

[www.caremark.com](http://www.caremark.com)