



As the events of yesterday continue to unfold, we know that there are many in our Waukesha Community and beyond impacted by the trauma. Our thoughts and prayers go out to all those impacted, first responders, and our entire community during this distressing time. We know that wait times for therapy can be long and have compiled a list of resources to access immediate care. If you are in crisis and need immediate assistance, please call 211.

The following partners are available for appointments with little or no wait time:

- Patrice Flanagan-Morris, LCSW Empowerment Within LLC 262-563-9207 Family Services of Waukesha: <https://www.fswaukesha.org/>
- On Purpose Psyche (Oconomowoc): <https://www.onpurposepsyche.com>
- Cedar Lake Counseling (Brookfield): <https://www.cedarlakecounseling.com/>
- Hope for a Better Tomorrow (Waukesha): <https://www.hopeforabettertomorrow.com/>

For children and family support groups:

- Healing Hearts of Waukesha: <https://www.healingheartsofwaukesha.org/>
- NAMI Southeast WI Peer Support Youth Outreach Specialist: Text or call: 262-993-6903 Email: Isandoval@namisoutheastwi.org

For emotional Support via telephone:

- Children's Hospital: 414-266-6500
- Disaster Distress Helpline: Call or text 800-985-5990

If you need assistance connecting to a resource, please do not hesitate to contact the NAMI Southeast WI Waukesha Program Office at 262-524-8886 or info@namiwaukesha.org.

[National Alliance on Mental Illness \(NAMI\) Southeast Wisconsin \(namisoltheastwi.org\)](https://www.namisoltheastwi.org)