



GuidanceResources® Online

Access to Personalized Guidance and Resources

GuidanceResources Online is ComPsych's comprehensive interactive service which provides individuals with instant guidance, information and helpful tools to address life's challenges. This award-winning online service includes a comprehensive library of topics, including health, wellness, consumer, family, career, education, legal and financial information as well as multimedia and interactive tools. GuidanceResources Online seamlessly integrates with employers' intranets and HR portals, as well as with all of ComPsych's services.

Confidential Online Assistance Provided by Experts

GuidanceResources Online provides a confidential source of information and advice. Employees and their families can browse content in privacy as a complement to in-person EAP services. Users also can go to "Ask a GuidanceConsultant" as another method to get information specific to their needs and can use the chat function to receive referrals. GuidanceResources Online can be customized with an employer's name, logo and other identifiers while keeping user access confidential.

Intuitive Design Makes Information Easy to Access

GuidanceResources Online allows users to browse by topic of interest, as well as search by keywords to navigate content quickly. In addition, the site features scenario-based personalization, which offers personalized content recommendations based on a user's past preferences.

Mobile App Provides Support on the Go

Employees can access GuidanceResources Online from their smartphones to browse articles and HelpSheets, search directories and use one-touch dialing to contact local experts 24 hours a day, seven days a week.

In-house Editors Keep Content Fresh and Relevant

To maintain the highest standards in technology and information quality, we develop and manage GuidanceResources Online through a dedicated internal staff of Web design and content experts. The GuidanceResources Online team creates a dynamic library of proprietary content to populate the site with expert articles and other valuable information for our customers. This commitment to producing GuidanceResources Online inhouse has resulted in multiple awards which recognize the very best websites in terms of content, innovation and usability.

Stay Ahead of Performance, Productivity and Health Issues

The ComPsych Difference

- Easy navigation and search by topic and keyword
- HelpSheetsSM on thousands of topics
- Multimedia streaming video and audio clips
- Tools, surveys and self-assessment questionnaires
- Directories and lookups for child care, elder care, education, attorneys and financial professionals
- Integration with customer intranet and HR portals
- Help on the go through the GuidanceResources® Now mobile app
- Specialized support through Centers and Communities on topics such as autism, elder care and maternity issues
- Chat functionality for receiving referrals and information from GuidanceConsultantsSM

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Product Overview

GuidanceResources Online presents information in a variety of helpful ways, including:

- HelpSheets on thousands of topics ranging from medical issues to home improvement
- Centers and Communities offering specialized support on topics such as autism, elder care and maternity, as well as options for employees to connect with each other via discussion forums
- Interactive tools, such as personal finance calculators, budgeting spreadsheets and other assessments
- Multimedia content, such as online streaming video and audio by featured experts
- Customized child care and elder care provider/facility lookup and mapping, availability verification and discounts
- College and university, career school, graduate program, scholarship and testing information using detailed search criteria
- Attorney resource lookup and mapping
- Financial planner lookup by location

Support for a Global Workforce

GuidanceResources Online provides international employees with personalized resources and support anywhere in the world. Employees may select their country of origin and preferred language upon entering the site, as well as reach culturally appropriate, local resources, all with the click of a button. GuidanceResources Online provides localized content and languages for employees in more than 70 countries.

“GuidanceResources Online complements ComPsych’s offline services, offering instant guidance, information and tools.”

About ComPsych

ComPsych® Corporation is the world’s largest provider of employee assistance programs (EAP) and is the pioneer and worldwide leader of fully integrated EAP, behavioral health, wellness, work-life, HR, FMLA and absence management services under its GuidanceResources® brand. ComPsych provides services to more than 45,000 organizations covering more than 100 million individuals throughout the U.S. and 160 countries. By creating “Build-to-Suit” programs, ComPsych helps employers attract and retain employees, increase employee productivity and improve overall health and well-being.

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