

Notice to Enrollees

The City of Bellevue's self-insured Core and LEOFF 1 Plans administered by Premera Blue Cross

The City of Bellevue is required to provide the following information to employees electing coverage under the City of Bellevue's self-insured plans, administered by Premera.

The notice is to let you know that the coverage for mental health benefits are remaining at the same levels as they are in 2021 for the Premera Core and LEOFF 1 plans.

Typically, mental health parity requirements related to employer health plans have been expanded and made permanent; however, to help contain healthcare costs, the City of Bellevue is choosing to not expand coverage in this area at this time for the Premera Core and LEOFF 1 plans.

Group health plans sponsored by State and local governmental employers must generally comply with Federal law requirements in title XXVII of the Public Health Service Act. However, these employers are permitted to elect to exempt a plan from the requirement listed below for any part of the plan that is "self-funded" by the employer, rather than provided through a health insurance policy.

The City of Bellevue has elected to exempt the City of Bellevue Health Plans (Core; LEOFF 1) from the following requirement:

Protections against having benefits for mental health and substance use disorders be subject to more restrictions than apply to medical and surgical benefits covered by the plan.

The exemption from this Federal requirement will be in effect for the 2022 plan year beginning January 1, 2022 and ending December 31, 2022. The election may be renewed for subsequent plan years.

Please call Human Resources at 425-452-4585 if you have any questions about this notice.