



## Primary care that fits your lifestyle by phone or video from wherever you are

With Primary360, your Care team takes the time to really get to know you, your health needs and your goals. Together, we'll create a custom care plan that's easy to follow.

### What to expect with Primary360



Choose your primary care provider and schedule a phone or video visit at your convenience



Discuss your medical history, health challenges and goals



Get a personalized care plan to meet all of your unique needs



Message your dedicated Care team 24/7 with follow-up questions

Get started, it's already part of your benefits! Visit [Teladoc.com/Primary360](https://www.teladoc.com/Primary360) to learn more.