

# YOUR GUIDE TO

# **2025 Benefits** HAWAII EMPLOYEES

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Important legal notices about your benefits can be found on the benefits portal at **c2mb.ajg.com/aloha**.



## WELCOME

When you work for one of the Saltchuk Aviation Family of Companies, you give us your time, your energy, your enthusiasm, and all your other talents. We have a responsibility toward you, and every reason to invest in you. One way we do that is through our benefits, which help you stay healthy, happy and financially secure. Benefits are a huge part of your compensation; get the most out of them with this guide.

## ELIGIBILITY

All regular full-time and part-time employees scheduled to work 20 or more hours a week are eligible for health benefits. All regular full-time employees working 30 or more hours a week are eligible for life and AD&D insurance and voluntary benefits. If you are eligible, you can also cover your family, including your:

- Spouse
- Domestic partner
- Children up to age 26 (including adopted children, stepchildren, foster children and domestic partner's dependents) or dependent children of any age who are incapable of self-support

If your enrolled dependent becomes ineligible (due to divorce, a child reaching age 26, etc.), you must remove them from your coverage within 60 days of the date they are no longer eligible.

## ENROLLING

Enroll when you first become eligible or during annual open enrollment. You can also enroll or change coverage if you have a qualified change in status, such as a marriage, birth, divorce or death. You must make your change within 30 days of the qualifying event.

If you enroll as a new hire your benefits will be effective the first of the month following your date of hire. If you are hired on the first of the month, your coverage is effective immediately.

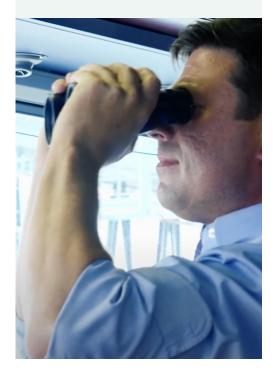
#### **IF YOU WAIVE MEDICAL COVERAGE**

If you choose to waive medical coverage, you will need to complete and return a State of Hawaii HC-5 form to prove you have other medical coverage. If you do not return this form, you will be automatically enrolled in employee-only HMSA CompMED coverage.

### QUESTIONS? YOUR BENEFIT ADVOCATE CAN HELP.

You have access to a team of Benefit Advocates to help you and your covered family members:

- Call 833-535-9195, weekdays 6 a.m. to 6 p.m. Pacific time
- Email bac.alohaaircargo@ajg.com



- Review this guide and the benefits portal at c2mb.ajg.com/aloha.
- Enroll within 30 days of becoming eligible. Contact Human Resources at EmpSrvc2@alohaaircargo.com if you have questions.

## BENEFIT OVERVIEW

We offer a wide variety of benefits. For some benefits, you share the cost and you need to enroll to be covered. Other benefits are provided automatically at no cost to you.

| Plan  | Details   | Enrolling  |
|---|---|--|
| <b>Medical</b> (including vision for full-time employees) | <ul> <li>HMSA CompMED</li> <li>HMSA Preferred Provider Plan (PPP)</li> <li>Kaiser HMO</li> </ul>          | Log in to UKG and go to <i>Myself &gt;</i><br><i>Benefits &gt; Enrollments</i> . Click Enroll Now.<br>Follow the prompts to make your elections. If  |
| Dental  | <ul><li>HDS Base Plan</li><li>HDS Buy-up Plan</li></ul>   | <ul> <li>you wish to cover dependents, be sure to add their information in the Verify Beneficiary and Dependent Information section.</li> <li>To complete your enrollment, be sure to</li> </ul>   |
| Flexible Spending<br>Accounts (FSAs)                      | Health Care and Dependent Care accounts   | click Submit on the Confirm Your Elections or<br>Changes page.   |
| Voluntary benefits  | Additional life, accident and disability<br>insurance and other benefits to round out<br>your coverage    | <ul> <li>Go to GallaghervChoiceEnroll.com and log in using your PIN:</li> <li>Your PIN is the last four digits of your Social Security number followed by the two-digit year of your birth</li> <li>Example: Someone with an SSN of xxx- xx-1234 and born in 1980 would have the PIN 123480</li> </ul> |
| Basic life and AD&D insurance                             | Benefits in the event you are injured or die  |  |
| Disability coverage                                       | Temporary disability coverage if you are<br>unable to work due to a non-work-related<br>illness or injury | You are automatically enrolled in these benefits, which are provided at no cost to you.  |
| Employee Assistance<br>Program                            | Free confidential support when you need it  |  |
| 401(k) plan   | You decide how much to contribute; receive company matching contributions                                 | You are automatically enrolled at the contribution rate of 2% of your pre-tax pay. Change your participation at <b>401k.com</b> .  |



## MEDICAL

We offer three medical plans. All cover generally the same services, but differ in what you pay for coverage (premiums) and how much you pay when you get care (deductible, copay and coinsurance).

The HMSA Preferred Provider Plan (PPP) and HMSA CompMED are PPO plans, you can see any doctor you like, but you'll pay less when you see a doctor in the HMSA network. The Kaiser plan is an HMO, which only covers services from associated facilities (except in emergencies).

The HMSA plans provide the most freedom. Participants don't need to choose a primary care physician, and can see specialists without a referral. The Kaiser HMO requires participants to choose a primary care physician to coordinate their care, and you'll need a referral to see a specialist.

#### **ON-DEMAND PRIMARY CARE**

If you are enrolled in a medical plan, you have an additional resource to help you stay well and get the care you need.

#### **98POINT6**

98point6 connects you and your covered dependents age 1 or older with a physician via text through your mobile device – so you can get a diagnosis and treatment anywhere. There is no cost for up to 36 visits per year, then you'll pay \$5 per visit.

Additional services – such as prescriptions and lab tests – are covered at your medical plan's regular level of benefits. Kaiser members must receive additional services from Kaiser providers and facilities.

### **SETTING UP 98POINT6 IS EASY**

Download the 98point6 app from Google Play or the Apple App Store.



## **MEDICARE CONSULTING SERVICES**

Choosing the right Medicare plan can be confusing and stressful. That is why we have partnered with LIG Solutions to offer free consulting services for Medicare eligible employees and dependents.

Contact LIG to set up a free consultation at partner.ligsolutions.com/Saltchuk-Medicare or call 866-203-9831.

### **FINDING NETWORK PROVIDERS**

#### **HMSA PLANS**



To find participating providers go to **hmsa.com** > *Find a doctor*. From there, select your plan:

- Preferred Provider Plan (PPO), or
- CompMED

Then search for providers by name, location, specialty or condition. You can also call HMSA at **808-948-6111**.

#### **KAISER HMO**



To find a Kaiser provider or facility go to **kp.org** > *Find Doctors & Locations*. Choose your service area. Then search by provider specialty, location or distance.

## **PLAN COMPARISON**

The table below shows the amounts you pay for in-network care. Out-of-network coverage is only offered on the HMSA plans (except for emergencies) and you may pay more of the cost, including charges over eligible limits.

| Medical plan highlights  | HMSA PPP   | HMSA CompMED  | Kaiser HMO   |  |
|--|--|---|--|--|
| Calendar year deductible   | \$100 per person<br>\$300 family   | \$200 per person<br>\$600 per family  | No deductible  |  |
| Calendar year out-of-<br>pocket maximum (includes<br>deductible and coinsurance) | \$2,500 per person \$7,500<br>family   | \$2,200 per person<br>\$6,600 family  | \$2,500 per person<br>\$7,500 family   |  |
| Coinsurance  | 10% – 20% (deductible may<br>apply)  | 20%   | 10% - 20%  |  |
| Preventive care  |  | No charge   |  |  |
| <b>Doctor office visit</b><br>(primary care or specialist)                       | 10%  | \$12 copay  | \$15 copay (\$0 primary care visits for children through age 17)   |  |
| Outpatient surgery   | Facility: 10%<br>Surgeon: 10% (cutting);<br>20% (non-cutting)  | 20%*  | 10%  |  |
| Hospital (inpatient)   | 10%*   | 20%*  | 10%  |  |
| Emergency room   | 20%* \$20 copay and 20% of fac<br>charge   |   | \$100 copay  |  |
| Urgent care  | 10% \$12 copay   |   | \$15 copay   |  |
| <b>Chiropractic care</b><br>(only available to full-time<br>employees)           | Applicable copays or coinsura<br>8 visits per calendar year, add<br>authorization.   | \$20 copay<br>Up to 20 visits per calendar year,<br>combined with acupuncture and<br>massage therapy                |  |  |
| <b>Acupuncture</b><br>(only available to full-time<br>employees)                 | \$10 copay<br>24 visits per calendar year  |   | \$20 copay<br>Up to 20 visits per calendar year,<br>combined with chiropractic and<br>massage therapy                        |  |
| Prescription drugs (only av  | ailable to full-time employees   | ) – at participating pharmacies   | s only   |  |
| Rx calendar year out-of-<br>pocket max   | \$4,350 per person<br>\$5,700 family   |   |  |  |
| Retail (30-day supply)   | <ul> <li>Generic (tier 1) - \$7</li> <li>Preferred (tier 2) - \$50</li> <li>Brand name (tier 3) - \$95</li> <li>Preferred specialty<br/>(tier 4) - 30%</li> <li>Brand specialty<br/>(tier 5) - 40%</li> <li>Generic (tier 1) - \$7</li> <li>Preferred (tier 2) - \$30</li> <li>Brand name (tier 3) - \$75</li> <li>Preferred specialty<br/>(tier 4) - \$100</li> <li>Brand specialty<br/>(tier 5) - \$200</li> </ul> |   | <ul> <li>Generic maintenance - \$3</li> <li>Other generic - \$10</li> <li>Brand - \$45</li> <li>Specialty - \$200</li> </ul> |  |
| Mail order (90-day supply<br>Mail-order specialty drugs<br>not covered           | <ul> <li>Generic (tier 1) - \$11</li> <li>Preferred (tier 2) - \$100</li> <li>Brand name (tier 3) - \$235</li> </ul>   | <ul> <li>Generic (tier 1) - \$11</li> <li>Preferred (tier 2) - \$65</li> <li>Brand name (tier 3) - \$200</li> </ul> | <ul> <li>Generic maintenance - \$6</li> <li>Other generic - \$20</li> <li>Brand - \$90</li> </ul>                            |  |

\*Physician services may be different

Please find the medical premiums on page 7.

For a full list of benefits, refer to your plan certificates and summaries of coverage available on c2mb.ajg.com/aloha.



For full-time employees, vision coverage is included in your medical plan. Part-time employees are not eligible for vision coverage. The tables below show what you pay for vision services. If you have coverage through HMSA, your benefit is greater when you see a network provider. If you are covered by Kaiser, the plan only covers in-network services.

| HMSA   |   |                       |  |  |
|--|---|-----------------------|--|--|
|  | In-network                              | Out-of-network        |  |  |
| Basic examination (once every calendar year)                             | \$10 сорау                              | Reimbursed up to \$40 |  |  |
| Lenses (once every calendar year)  |   |                       |  |  |
| Single vision  |   | Reimbursed up to \$16 |  |  |
| • Bifocals   | \$10 copay                              | Reimbursed up to \$25 |  |  |
| • Trifocals  |   | Reimbursed up to \$25 |  |  |
| Contact lens fitting and evaluation<br>(once every calendar year)        | Covered up to \$45                      | Reimbursed up to \$20 |  |  |
| <b>Contact lenses (in lieu of glasses)</b><br>(once every calendar year) | Covered up to \$130 after<br>\$25 copay | Reimbursed up to \$50 |  |  |
| Frames<br>(once every two calendar years)                                | \$15 copay                              | Reimbursed up to \$12 |  |  |

| Kaiser   |   |
|--|---|
| Vision exam<br>(once every calendar year)  | \$15<br>(\$0 for children through age 17) |
| Hardware allowance (including contact lenses in lieu of glasses)<br>(once every calendar year) | \$150                                     |





We offer two dental plans through Hawaii Dental Service (HDS). Receive care from any dentist you choose, but you may pay more of the cost if you use a dentist that is not part of the HDS network.



Non-participating dentists may charge more than the amount allowed by HDS, and you may be responsible for the additional cost.

The table below compares the plans and shows what you'll pay for covered services.

| Dental plan highlights  | Base Plan   | Buy-up Plan  |
|---|-------------|--|
| Calendar year maximum benefit (per person)                            | \$1,000     | \$1,500  |
| Calendar year deductible  | \$0         | \$0  |
| <b>Preventive care</b><br>(up to 2 exams per year, cleanings, X-rays) | \$0         | \$0  |
| Basic services<br>(fillings, extractions, oral surgery)               | 30%         | 30%  |
| <b>Major services*</b><br>(crowns, bridges, dentures, implants)       | 50%         | 30%  |
| Orthodontia for children and adults                                   | Not covered | 50% up to a \$1,500 per person<br>lifetime maximum |

\* 12-month waiting period applies

Please find the dental premiums on page 7.

## FINDING A PARTICIPATING DENTIST

Search for HDS participating dentists online at hawaiidentalservice.com, or call 844-379-4325.



## MEDICAL AND DENTAL PREMIUMS

The tables below shows the monthly costs for medical and dental coverage. Your costs depend on the plans you choose and who you cover. The company pays the majority of the cost of your coverage.

#### **MEDICAL PREMIUMS**

|                   | HMSA PPP                           |                     |         |                                    | HMSA CompMED |                 |         |                 |
|-------------------|------------------------------------|---------------------|---------|------------------------------------|--------------|-----------------|---------|-----------------|
|                   | Includes vision for full-time only |                     |         | Includes vision for full-time only |              |                 |         |                 |
|                   | Full-time                          | Full-time Part-time |         | Full-time                          |              | Part-time       |         |                 |
|                   | You pay                            | Company<br>pays     | You pay | Company<br>pays                    | You pay      | Company<br>pays | You pay | Company<br>pays |
| Employee only     | \$149                              | \$680.90            | \$134   | \$609.60                           | \$120        | \$681.34        | \$105   | \$596.50        |
| Employee + 1      | \$382                              | \$1,277.68          | \$833   | \$654.12                           | \$369        | \$1,233.52      | \$758   | \$644.84        |
| Employee + family | \$572                              | \$1,917.10          | \$1,517 | \$713.70                           | \$553        | \$1,850.26      | \$1,431 | \$673.22        |

|                   | Kaiser HMO<br>Includes vision for full-time only |                 |         |                 |
|-------------------|--|-----------------|---------|-----------------|
|                   |  |                 |         |                 |
|                   | Full-time Part-time                              |                 |         |                 |
|                   | You pay  | Company<br>pays | You pay | Company<br>pays |
| Employee only     | \$103  | \$582.29        | \$72    | \$525.52        |
| Employee + 1      | \$356  | \$1,014.58      | \$550   | \$645.04        |
| Employee + family | \$535  | \$1,520.87      | \$968   | \$824.56        |

### DOMESTIC PARTNER COVERAGE

Coverage for a domestic partner who is not your tax dependent is subject to imputed income. This means you will pay taxes on the value of the coverage. Additionally, premiums for domestic partner coverage are deducted on an after-tax basis.

#### **DENTAL PREMIUMS**

|                   | Dental (full- and part-time) |             |  |
|-------------------|------------------------------|-------------|--|
|                   | Base Plan                    | Buy-up Plan |  |
|                   | You pay                      | You pay     |  |
| Employee only     | \$14.25                      | \$20.60     |  |
| Employee + 1      | \$28.64                      | \$41.39     |  |
| Employee + family | \$42.98                      | \$67.28     |  |

## FLEXIBLE SPENDING ACCOUNTS

Flexible Spending Accounts (FSAs) are a way to save tax-free dollars for health care expenses and for child- or elder-care costs. We offer Health Care and Dependent Care FSAs.

#### **HEALTH CARE FSA**

Use a Health Care FSA to save for medical expenses. Contribute up to \$3,200 (this limit may increase in 2025). Use your FSA to pay for your and your tax dependents' outof-pocket medical, dental and vision expenses, including deductibles, copays and coinsurance amounts.

#### **DEPENDENT CARE FSA**

Use a Dependent Care FSA to pay for your eligible childor elder-care expenses. Contribute up to \$5,000 per year (\$2,500 if married but filing taxes separately).

**NAVIA** FSAs are administered by Navia. To file a claim or manage your account, go to naviabenefits.com. Or download the MyNavia Benefits app.

### **PLAN CAREFULLY**

Be careful when figuring how much to contribute. You can't change your contribution during the year unless you have a qualified change in status, such as a marriage, birth, divorce, etc. You cannot transfer funds between the accounts.

If you are enrolled in the Health Care FSA you have an additional two and a half month grace period after the end of the year to use the funds in your account. The Dependent Care FSA does not have a grace period and unused funds are forfeited at the end of the year.

## 401(k) PLAN

Our 401(k) plan helps you save for your future and get company contributions. All full-time employees are eligible, as well as seasonal and casual employees.

When you enroll, you decide how much you'd like to contribute to your account, as well as how you'd like to invest your contributions. You can make pre-tax, after-tax or Roth contributions.

If you don't enroll, you'll be automatically signed up for a 2% of pay pre-tax contribution rate, with an automatic increase of 1% each year up to a maximum of 15%. You can change your contribution rate at any time.

#### COMPANY CONTRIBUTIONS

The company will match what you contribute dollar for dollar, up to the first 4% of pay you contribute to your pretax or Roth 401(k) account. So if you want the most free money, contribute at least 4% each payday, and your total savings will equal 8% of pay. After-tax contributions are not eligible for company match.

You own the matching contributions immediately - there is no vesting.

#### **IRS LIMITS**

Total annual contributions are limited by the IRS to \$23,000. If you turn 50 or older in 2025, you can make up to an additional \$7,500 in catch-up contributions. These limits may change in 2025.

TOPITY

To access your account, register with Fidelity

Investments at 401k.com or call 800-835-5095 (tell Fidelity you work for a Saltchuk company).



Designate your beneficiary at 401k.com. If you haven't named a beneficiary, benefits may not be paid out as you'd like in the event of your death.

## BASIC LIFE AND AD&D INSURANCE

We offer basic life and accidental death and dismemberment (AD&D) insurance through Symetra. If you work a minimum of 30 hours per week you are automatically enrolled the first of the month following your date of hire. If you are hired on the first of the month, your coverage is effective immediately.

In the event of your death, your basic life insurance coverage pays your beneficiary a benefit equal to your annual salary, up to \$250,000.

If you die as a result of an accident, your beneficiary will also receive benefits from basic AD&D insurance, equal to your basic life insurance amount. If you are seriously injured in an accident, you'll receive a portion of the coverage depending on the injury.

Basic life and AD&D insurance age reduction begins at age 65. For additional details, visit the benefits portal at **c2mb.ajg.com/aloha**.

Be sure to elect your life insurance beneficiary by completing a Symetra Life Insurance Beneficiary Designation Form and uploading it to your UKG documents. Contact Human Resources for more information.

## TEMPORARY DISABILITY COVERAGE

We provide you with temporary disability coverage. If you suffer a non-work-related illness or injury, disability coverage will replace a portion of your income while you are unable to work.

**Temporary Disability Insurance (TDI)** begins after a seven-day waiting period and provides a benefit of 58% of your base weekly earnings, up to \$798 per week (this amount may change in 2025) for a maximum of 26 weeks.

#### **FILING A CLAIM**

Contact John Mullen and Company at 808-531-9733.

You'll need to provide information about your condition as well as contact information for yourself and your doctor.

If your disability is planned, please contact the disability administrator ahead of time. If unplanned, begin the process as quickly as possible, so your first payment is not delayed.

\* Saltchuk Aviation Shared Services (SASS) Hawaii based employees should refer to Saltchuk Aviation Alaska/mainland life, AD&D and disability coverage information

## VOLUNTARY BENEFITS

## **BUY-UP LIFE AND AD&D INSURANCE**

You can buy additional life and AD&D insurance coverage to supplement the basic coverage provided by the company, as shown in the table below. You can purchase coverage for yourself, your spouse or domestic partner, and your children.

| Plan        | Coverage levels   |
|-------------|---|
| Buy-up life | <ul> <li>You: 1-5 times your annual salary, up to \$750,000</li> <li>Spouse/domestic partner: 0.5-5 times your annual salary, up to \$750,000 or 100% of your coverage, whichever is less</li> <li>Child(ren): \$10,000 (\$1,000 until six months old)</li> </ul> |
| Buy-up AD&D | You: Increments of \$100,000, up to \$500,000 or 10 times your annual salary, whichever is less<br>Spouse/domestic partner: Increments of \$50,000, up to \$250,000 or 50% of your coverage,<br>whichever is less<br>Child(ren): \$10,000                         |

Enroll at **GallaghervChoiceEnroll.com**. Depending on the level of coverage you elect, you and/or your spouse may need to provide proof of good health.

## LONG-TERM DISABILITY

**Long-term disability** coverage is available to full-time employees. Benefits begin if you are unable to work for more than 180 days and provides 50% of your usual monthly earnings (up to \$10,000 a month). Benefits continue to at least age 65 (if you remain disabled), depending on when your disability starts.

For more information on cost and coverage or to enroll, visit **GallaghervChoiceEnroll.com**.

## **ACCIDENT INSURANCE**

Nobody plans to have an accident – and most people don't budget for one either. Accident insurance helps you pay for out-of-pocket expenses that medical insurance won't cover.

If you or a covered family member is injured in a covered accident, you'll receive benefits based on the accident and treatment. For more information on cost and coverage or to enroll, visit **GallaghervChoiceEnroll.com**.

## **CRITICAL ILLNESS INSURANCE**

Medical insurance alone can't stop a major diagnosis from draining your finances. Copays, deductibles, alternative treatments – these unexpected expenses can add up quickly. Critical illness insurance provides an affordable option for easing the financial burden that can come with a serious illness. This coverage is offered through Standard Insurance Company.

Critical illness insurance will pay a lump sum upon diagnosis of a covered critical illness. You may elect \$15,000 worth of coverage for yourself, as well as cover your spouse or domestic partner for the same amount. Children are automatically covered at \$3,750 at no extra cost. Certain additional illnesses are covered at 25% of the total coverage level, and the plan covers certain preventive screenings, up to \$50 per year. Learn more at GallaghervChoiceEnroll.com.

### **METLIFE LEGAL PLAN**

Most of us will need legal assistance at some point. Whether it is help with drafting a will or purchasing a home, a legal plan can give you the support you need. The legal service plan is offered through MetLife.

MetLife offers telephone and office consultations for a variety of legal matters. During the consultation, the attorney will review the law, discuss your rights and responsibilities, explore your options and recommend a course of action. This benefit can be used to assist you and your immediate family with many issues, including:

- · Family and personal law
- Money matters
- Home and real estate
- Vehicle and driving issues
- Civil lawsuits

For more information, contact MetLife at **800-423-0300** or go to **legalplans.com**.

### **PET INSURANCE**

Recent advances in veterinary medicine mean pets can live longer, healthier lives. Pet insurance can help ensure your pets get care when they need it. Pet insurance is offered through Pets Best Insurance, and the plans cover a wide variety of routine and emergency care.

To see full plan details, get a quote and enroll in coverage, go to **petsbest.com/saltchuk**. Or you can call **888-984-8700** and use the discount code: SALTCHUK.

## **IDENTITY FRAUD PROTECTION**

Identity fraud is one of the fastest growing crimes in the world and can strike anyone at any time. Identity fraud protection can help to proactively and effectively protect you and your family's personal information. Identity fraud protection is offered through Allstate Identity Protection.

Features include:

- Identity monitoring
- Credit monitoring
- · Identity reports
- · Identity theft insurance
- Solicitation reduction

Learn more at **infoarmor.com** or call **800-789-2720**. Exclusions and limitations apply.



## ADDITIONAL BENEFITS

### EMPLOYEE ASSISTANCE PROGRAM

#### **WORKLIFE HAWAII**

Everyone needs help at some point, and an Employee Assistance Program (EAP) is one easy way to get it. Our EAP is a free and confidential resource for you and your family

to talk through problems or find resources. Use the EAP for:

- Counseling: Up to six face-to-face counseling sessions per year for help with depression, anxiety, substance abuse, family issues or everyday concerns
- Parenting support: Guidance and referrals to help you find child care, tutoring or summer camps, adoption resources and more
- Elder care resources: Referrals for assisted living facilities and home health care, senior transportation and more
- Financial and legal help: Talk to a financial counselor or lawyer
- Services for work and life: Search for housing, pet care, activities and more

Contact the EAP directly at **808-543-8445** to schedule an appointment. They are also available 24/7 at **800-994-3571** or at **worklifehawaii.org**.

## **TRANSPORTATION DISCOUNTS**

Receive a 50% discount on the cost of parking in the adjacent Elliot Street parking lot or on the monthly cost of a Department of Transportation Services bus system parking pass.

Your share of the cost will be deducted from your paycheck.

## CHARITABLE GIFT MATCHING

The company will match your charitable donation of \$25 or more, up to a maximum of \$100 per employee per calendar year.

## EMPLOYEE EDUCATION ASSISTANCE

Eligible full-time employees can receive 100% reimbursement, up to \$5,250 per calendar year, for tuition and eligible education related expenses. Your coursework must be directly related to your profession and approved before you enroll.

Alternative sources of funding, such as grants and loans, must be exhausted before education assistance is available.

Saltchuk Aviation Shared Services employees should refer to the SASS Handbook for tuition reimbursement information.

## FITNESS REIMBURSEMENT

Be reimbursed up to \$200 per calendar year for expenses related to physical fitness, including gym memberships, subscriptions, trackers and weight loss programs. Receive an additional reimbursement when you participate in annual fitness challenges.

Employees must have at least six months of service and memberships must be in the employee's name to be eligible for reimbursement.

# CONTACTS

| Benefit plan                            | Administrator  | Phone   | Website or email                                      |
|---|--|---|---|
| Benefit Advocates                       | Gallagher  | 833-535-9195  | c2mb.ajg.com/aloha<br>bac.alohaaircargo@ajg.com       |
| Medical                                 | HMSA<br>Group number:<br>2631612                             | Toll-free: 800-776-4672   | hmsa.com  |
|   | Kaiser Permanente<br>Group number: 04822                     | 800-966-5955  | kp.org  |
| Dental                                  | Hawaii Dental Service<br>Group number: 2835                  | 844-379-4325  | hawaiidentalservice.com<br>CS@HawaiiDentalService.com |
| Basic life and AD&D                     | Symetra<br>Group number: 01-<br>016857-04                    | 877-377-6773  | symetra.com   |
| Temporary Disability<br>Insurance (TDI) | John Mullen and<br>Company<br>Group number: 01-<br>016857-05 | 808-531-9733<br>Fax: 808-531-0053                                 | claims@johnmullen.com                                 |
| FSAs                                    | Navia<br>Group: AAC  | 800-669-3539  | naviabenefits.com                                     |
| EAP                                     | WorkLife Hawaii  | Toll-free 24/7: <b>800-994-3571</b><br>Local: <b>808-543-8445</b> | worklifehawaii.org                                    |
| 401(k) plan                             | Fidelity Investments<br>Group number: 93610                  | 800-835-5095*   | 401k.com  |
| Medicare Consulting                     | LIG Solutions  | 866-203-9831  | partner.ligsolutions.com/Saltchuk-<br>Medicare        |
| Voluntary benefits**                    | Gallagher  | 833-535-9195  | GallaghervChoiceEnroll.com                            |
| Prepaid legal                           | MetLife  | 800-423-0300  | legalplans.com  |
| Identity fraud<br>protection            | Allstate   | 800-789-2720  | infoarmor.com   |
| Pet insurance                           | Pets Best Insurance  | 888-984-8700  | petsbest.com/saltchuk                                 |

\* When calling Fidelity reference Saltchuk

\*\* Buy-up life and AD&D, accident and critical illness insurance

## NOTICES

#### SUMMARY OF BENEFITS AND COVERAGE

The Summary of Benefits and Coverage, or SBC, is available for each of your medical plans on the benefits portal at **c2mb.ajg.com/aloha**. SBCs provide a different format than provided in this guide as to what your medical plans cover and what it will cost you for different medical services, plus other information about the plans, including coverage examples. You can view the SBCs on the benefits portal at **c2mb.ajg.com/aloha** or by contacting your HR department to order a printed copy. You also have a right to view the Summary Plan Description for your benefit plans, which provides an easy-to-understand overview of how the plans work.

#### NOTICES

As a plan participant, you have rights to know the plan rules, financial information and documents that govern and report out on the operation and management of the plan. Available to you on the benefits portal at **c2mb.ajg.com/aloha** are:

- Medicaid and the Children's Health Insurance Program (CHIP) Notice
- Medicare Part D Creditable Coverage Notice
- Notice of Rights Under the Health Insurance Portability and Accountability Act (HIPAA)
- Wellness Program Notice
- Women's Health and Cancer Rights Act Notice

You have the right to receive a paper copy of these notices by contacting your HR department.

### **NON-DISCRIMINATION NOTICE**

Section 1557 is the non-discrimination provision of the Affordable Care Act. The law prohibits discrimination on the basis of race, color, national origin, sex, age or disability in certain health programs or activities. The Non-Discrimination Notice is available on the benefits portal at **c2mb.ajg.com/aloha** or by contacting your HR department.

This overview has been prepared to briefly highlight key features of your plan and is not to replace your insurance contract or booklet. We have compiled information into summary form to answer common questions. Please refer to the insurance carriers' contracts and booklets for more detailed information and plan limitations. Actual claims paid are subject to the terms and conditions of the individual carriers' contracts.

