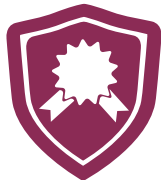




Teladoc Health is the on-demand health care solution that gives you the medical care you need, when you need it. You can talk to a doctor anytime, anywhere about non-emergent medical conditions.

#### Benefits of Teladoc Health:

- Saves time and money
- Quicker recovery from illness
- Convenient prescriptions
- Choice of consultation method
- Great health means peace of mind



With Teladoc Health, you can talk to a doctor 24/7/365 by phone, online video or mobile app. Use Teladoc Health for medical advice and care when:

- Your primary care doctor is not open.
- You are at home, traveling or do not want to take time off work to see a doctor.
- You need a prescription or refills\*.

*\*Please note, there is no guarantee you will be prescribed medication.*

#### Highly qualified, experienced doctors

When you use Teladoc Health, your medical questions will be answered by a highly qualified doctor. Teladoc Health doctors are:

- Specially trained in telemedicine.
- Experienced—with an average of over 10–15 years in practice.
- Progressive—using the latest technology to provide excellent care.
- U.S. board-certified and state-licensed.

#### Our members love Teladoc Health

*“We had a good experience with the doctor. She called and talked to me, and gave great service. I had no problem picking up my prescription. This is a really good service.”*

## Common conditions treated:

- Allergies
- Headaches/migraine
- Sinus infections
- Urinary tract infections
- Bronchitis
- Eye/ear infection
- Stomach ache
- Many other conditions
- Cold/flu
- Rash/skin infections

## There's more than one way to reach a doctor



### By phone.

Just call **1.800.835.2362**.



### Online.

Simply request a video consultation online at [www.Teladoc.com](http://www.Teladoc.com).



### On the go.

You can download the Teladoc Health mobile app by visiting the App Store® or Google Play™.

## How to register for Teladoc Health

You can use Teladoc Health anywhere you have internet access. Just:

1. Visit [www.Teladoc.com](http://www.Teladoc.com) and click *Set Up Account*.
2. Enter your name, date of birth, ZIP code, email address, preferred language and gender and click *Continue*. The system will identify you based on this information. If you're unable to be identified, you'll be directed to Teladoc Health Customer Service.
3. On the next screen, enter the required information and click *Set up my account*. Your registration is now complete!

Then, you can complete your profile by clicking on *My Medical History*. You can enter your history right after registering or you can come back to finish it later. By finishing it when you register, you'll be ready to request a consultation any time and you won't have to fill out your medical history when you're feeling sick.

If you have any questions, or run into any problems when setting up your account, call Teladoc Health at **1.800.TELADOC (1.800.835.2362)**.



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