

### PLAN DESIGN & BENEFITS MEDICAL PLAN PROVIDED BY AETNA LIFE INSURANCE COMPANY

PLAN FEATURES IN-NETWORK OUT-OF-NETWORK Benefit limitations - Some service or supplies have limits on them per year. There might be a maximum number of visits or days, or a dollar limit per year. In such cases, the benefit year begins on the day your plan coverage takes effect (unless otherwise noted). Refer to your plan documents to learn more. **Deductible** (per plan year) \$5.000 per Individual \$10.000 per Individual \$10,000 per Family \$20,000 per Family Covered expenses in-network add up towards your in-network deductible. Covered expenses out-of-network add up towards your out-of-network deductible. You must first meet the deductible before the plan begins paying benefits, unless otherwise noted. The amount you pay (cost sharing) for some medical services does not count toward your deductible. Prescription drug costs count toward the deductible. Refer to your plan documents for details. Your family will have one deductible. You will meet it when the expenses of several family members add up to the family deductible. No one person will have to pay more than the individual deductible. Member coinsurance You pay 50% You pay 20% Applies to all expenses except as noted. Out-of-pocket limit (per plan year) \$6,850 per Individual \$20,000 per Individual \$13.700 per Family \$40,000 per Family Covered expenses in-network add up towards your in-network out-of-pocket limit. Covered expenses out-of-network add up towards your out-of-network out-of-pocket limit. Your pharmacy expenses count toward your out-of-pocket limit. In-network expenses include coinsurance/copays and deductibles. Out-of-network expenses include coinsurance and deductibles. Penalty amounts do not apply. Your family will have one out-of-pocket limit. You will meet it when the expenses of several family members add up to the family out-of-pocket limit. No one person will have to pay more than the individual out-of-pocket limit amount. Lifetime maximum Unlimited except where otherwise indicated. Payment for out-of-network care\*\* Does not apply Professional: 100% of Medicare Facility: 100% of Medicare Primary care physician selection Does not apply Does not apply Precertification requirements -Some out-of-network services need approval by us in advance (precertification). Without this approval, we reduce benefits by \$400. Refer to your plan documents for a full list of services that need this approval. Referral requirement Not required None

**Telehealth consultations** - You can access covered services for telehealth visits from different kinds of providers in your network. Log on to **Aetna.com** to see a list of telehealth providers. You'll also find more about your options, including cost share amounts.

**Virtual care consultations** - You can access covered services for virtual care visits from different kinds of providers in your network. Log on to **Aetna.com** to see a list of virtual care providers. You'll also find more about your options, including cost share amounts.

CVS VIRTUAL CARE	IN-NETWORK	OUT-OF-NETWORK
<b>CVS Health Virtual Primary Care</b>	Covered 100%; no deductible	Not applicable
(VPC) - preventive care		
consultations		
Includes screening and counseling services through CVS Health Virtual Primary Care for members age 18 and older;		
refer to Aetna.com for more information.		
CVS Health Virtual Primary Care	Covered 100%; no deductible	Not applicable
(VPC) - consultations		

Includes basic medical service consultations through CVS Health Virtual Primary Care for members age 18 and older: refer to Aetna.com for additional information.



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CVS Health Virtual Care (VC) -	Covered 100%; no deductible	Not applicable
general medicine	0 14000/ 1 1 1	Al c P II
CVS Health Virtual Care (VC) -	Covered 100%; no deductible	Not applicable
mental health	IN NETWORK	OUT OF NETWORK
PREVENTIVE CARE	IN-NETWORK	OUT-OF-NETWORK
Routine adult physical exams/	Covered 100%; no deductible	50%; after deductible
immunizations	then 1 average average 10 magnified and CE and	ما مامام،
Routine well child	then 1 exam every 12 months age 65 and	50%; after deductible
exams/immunizations	Covered 100%; no deductible	50%, after deductible
• 7 exams in the first 12 months		
	ontho	
• 3 exams from age 13 months to 24 m		
• 3 exams from age 25 months to 36 m		
• 1 exam every 12 months thereafter un Routine gynecological care exams	Covered 100%; no deductible	50%; after deductible
1 exam and pap smear per year, include		50%, after deductible
Routine mammogram	Covered 100%; no deductible	40%; after deductible
Recommended: One per year for mem		4070, after deductible
Women's health	Covered 100%; no deductible	50%; after deductible
	betes, HPV (Human- Papillomavirus) DN	
	screening for human immunodeficiency v	
	reastfeeding support, supplies and couns	
	ACA mandated contraceptives, including	
	lures (including tubal ligation), patient ed	
apply.	iaros (moraamy tasar nganom), panom sa	acation and counceming. Emilio may
Pre-natal maternity	Covered 100%; no deductible	50%; after deductible
Routine digital rectal exam	Covered 100%; no deductible	50%; after deductible
Recommended: For members age 40		0070, 0.110. 00000
Prostate-specific antigen test	Covered 100%; no deductible	50%; after deductible
Recommended: For members age 40		
Colorectal cancer screening	Covered 100%; no deductible	50%; after deductible
Recommended: For members age 45		,
Routine eye exams	Covered 100%; no deductible	50%; after deductible
1 routine exam per 12 months.		·
Routine hearing screening	Covered 100%; no deductible	50%; after deductible
PHYSICIAN SERVICES	IN-NETWORK	OUT-OF-NETWORK
Office visits to non-specialist	\$5 office visit copay; no deductible	50%; after deductible
Includes services of an internist, general physician, family practitioner or pediatrician.		
Telehealth consultation with non-		50%; after deductible
specialist		
Specialist office visits	\$65 office visit copay; after deductible	50%; after deductible
Telehealth consultation with	\$65 office visit copay; after deductible	50%; after deductible
specialist	• •	
Hearing exams	Not Covered	Not Covered
Walk-in clinics	\$5 copay; no deductible	50%; after deductible



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### **Designated Walk-in clinics**

Covered 100%; no deductible

Walk-in clinics are free-standing health care facilities. Sometimes they may be within a pharmacy, drug store, supermarket, or other retail store. They offer some limited medical care and services.

Not walk-in clinics: Urgent care centers, emergency rooms, the outpatient department of a hospital, ambulatory

surgical centers, and physician offices.

covered benefits during your visit.

Allergy testing	Your cost sharing amount depends	Your cost sharing amount depends
,g	on the type of service and where you	on the type of service and where you
A II a a a a a a a a a a a a a a a a a a	receive it.	receive it.
Allergy injections	Your cost sharing amount depends	Your cost sharing amount depends
	on the type of service and where you	on the type of service and where you
	receive it.	receive it.
DIAGNOSTIC PROCEDURES	IN-NETWORK	OUT-OF-NETWORK
Diagnostic X-ray (Other than	20%; after deductible	50%; after deductible
complex imaging services)	- familia annia at thair affice and anni	
	s for this service at their office, you pay y	
Diagnostic laboratory	20%; after deductible	50%; after deductible
	s for this service at their office, you pay y	
Diagnostic complex imaging	20%; after deductible	50%; after deductible
	s for this service at their office, you pay y	
EMERGENCY MEDICAL CARE	IN-NETWORK	OUT-OF-NETWORK
Jrgent care provider	\$30 office visit copay; no deductible	50%; after deductible
Non-urgent use of urgent care	Not Covered	Not Covered
provider		
Emergency room	20% after \$200 copay; after	Same as in-network care
	deductible	
Copay waived if admitted		
Non-emergency care in an	Not Covered	Not Covered
emergency room		
Emergency use of ambulance	20%; after deductible	Same as in-network care
Non-emergency use of ambulance	Not Covered	Not Covered
HOSPITAL CARE	IN-NETWORK	OUT-OF-NETWORK
npatient coverage	20%; after deductible	50%; after deductible
When you're admitted into a hospital for penefits you receive.	or the care you need, your cost sharing a	mount counts toward all covered
npatient maternity coverage includes delivery and postpartum care)	20%; after deductible	50%; after deductible
When you're admitted into a hospital for penefits you receive.	or the care you need, your cost sharing a	
Outpatient hospital	20%; after deductible	50%; after deductible
When you receive outpatient care at a covered benefits during your visit.	hospital but don't stay overnight, your co	est sharing amount counts toward all
Outpatient surgery - hospital	20%; after deductible	50%; after deductible
When you receive outpatient care at a	hospital but don't stay overnight, your co	est sharing amount counts toward all
sovered benefite during your vicit	, ,	=



50%; after deductible

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Outpatient surgery - freestanding 20%; after deductible 50%; after deductible facility

When you receive outpatient care at a hospital but don't stay overnight, your cost sharing amount counts toward all

	Hospital but don't stay overlight, your or	ost shaning annount counts toward an
covered benefits during your visit.		
MENTAL HEALTH SERVICES	IN-NETWORK	OUT-OF-NETWORK
npatient	20%; after deductible	50%; after deductible
	or the care you need, your cost sharing a	amount counts toward all covered
penefits you receive.		
Mental health office visits	\$65 copay; no deductible	50%; after deductible
Mental health telehealth	\$65 office visit copay; no deductible	50%; after deductible
consultations		
Other mental health services	20%; after deductible	50%; after deductible
When you receive outpatient care at a	facility but don't stay overnight, your cos	st sharing amount counts toward all
covered benefits during your visit.		
SUBSTANCE ABUSE	IN-NETWORK	OUT-OF-NETWORK
Inpatient	20%; after deductible	50%; after deductible
	or the care you need, your cost sharing a	amount counts toward all covered
benefits you receive.		
Residential treatment facility	20%; after deductible	50%; after deductible
When you're admitted into a facility for	the care you need, your cost sharing ar	mount counts toward all covered benefit
you receive.		
Substance abuse office visits	\$65 copay; no deductible	50%; after deductible
Substance abuse telehealth	\$65 office visit copay; no deductible	50%; after deductible
consultations		
Other substance abuse services	20%; after deductible	50%; after deductible
	facility but don't stay overnight, your cos	st sharing amount counts toward all
covered benefits during your visit.		
THERAPY SERVICES	IN-NETWORK	OUT-OF-NETWORK
Spinal manipulation therapy	\$5 copay; no deductible	50%; after deductible
Outpatient rehabilitative physical	\$65 copay; after deductible	50%; after deductible
and occupational therapy		
Limited to 30 visits per year		
Outpatient rehabilitative speech	\$65 copay; after deductible	50%; after deductible
therapy		
Limited to 30 visits per year		
Habilitative physical therapy	20%; after deductible	50%; after deductible
Habilitative occupational therapy	20%; after deductible	50%; after deductible
Habilitative speech therapy	20%; after deductible	50%; after deductible
Autism related physical therapy	20%; after deductible	50%; after deductible
Autism related occupational	20%; after deductible	50%; after deductible
therapy		
Autism related speech therapy	20%; after deductible	50%; after deductible
Autism related behavioral therapy	\$65 copay; no deductible	50%; after deductible
These benefits are combined with outp	patient mental health visits	
Aution voleted applied beleavier	000/. often deductible	FOO(, often deducatible

Your benefits for these services are the same as any other outpatient mental health other services benefit

20%; after deductible

Autism related applied behavior

analysis



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OTHER SERVICES	IN-NETWORK	OUT-OF-NETWORK
Skilled nursing facility	20%; after deductible	50%; after deductible
Limited to 60 days per year		
When you're admitted into a facility for	the care you need, your cost sharing am	nount counts toward all covered benefits
you receive.		
Home health care	20%; after deductible	50%; after deductible
Limited to 60 visits per year		
Home health care services include priv	rate duty nursing	
Limited to three visits per day by staff f	rom a home health care agency. One vis	sit equals a period of four hours or less.
Hospice care - inpatient	20%; after deductible	50%; after deductible
When you're admitted into a facility for	the care you need, your cost sharing am	nount counts toward all covered benefits
you receive.		
Hospice care - outpatient	20%; after deductible	50%; after deductible
	facility but don't stay overnight, your cos	t sharing amount counts toward all
covered benefits during your visit.		
Private duty nursing	Covered as part of home health care	Covered as part of home health care
We count each period of up to 8 hours	as one private duty nursing shift.	
Durable medical equipment	20%; after deductible	50%; after deductible
Diabetic supplies		
• If not covered under the prescription	You pay your PCP visit cost sharing	You pay your PCP visit cost sharing
drug benefit	amount	amount
<ul> <li>If covered under the prescription</li> </ul>	You pay your applicable prescription	You pay your applicable prescription
drug benefit	drug cost sharing amount	drug cost sharing amount
Infusion therapy - home/office	\$65 copay; after deductible	50%; after deductible
Infusion therapy - outpatient	20%; after deductible	50%; after deductible
hospital/freestanding facility		
Gene-based, Cellular, and other	Your cost sharing amount depends	Not Covered
Innovative Therapies (GCIT™)	on the type of service and where you	
	receive it.	
	\$65 copay: after deductible for gene	
	therapy drugs, if applicable	
	In-network coverage is provided at	
	GCIT™ designated facilities only.	
Transplants	20%; after deductible	50%; after deductible
•	In-network coverage is only available	Out-of-network coverage applies
	at Institutes of Excellence (IOE)	when you use a non-IOE facility. You
	contracted facility.	will pay more out of pocket when
	<u> </u>	using a non-IOE facility.
Bariatric surgery	Not Covered	Not Covered
Acupuncture	\$5 copay; no deductible	50%; after deductible
Limited to 10 visits per year	• •	

**"Other" health care -** 20% member coinsurance, after deductible, for services that are neither in-network nor out-of-network.

FAMILY PLANNING	IN-NETWORK	OUT-OF-NETWORK
Basic Infertility	Your cost sharing amount depends	Your cost sharing amount depends
	on the type of service and where you	on the type of service and where you
	receive it.	receive it.

You have coverage for artificial insemination and the diagnosis and treatment of the underlying cause of infertility.



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Advanced Reproductive Technology (ART)	Not Covered	Not Covered
Fertility preservation	Not Covered	Not Covered
Vasectomy	Your cost sharing amount depends on the type of service and where you receive it.	50%; after deductible
Tubal ligation	Covered 100%; no deductible	50%; after deductible
PHARMACY	IN-NETWORK	OUT-OF-NETWORK
	e deductible before any benefits are con	sidered for payment under the
pharmacy plan.		
Pharmacy plan type	Advanced Control Plan - Aetna	
Prescription drug deductible	Prescription drug expenses apply to yo	our medical deductible.
No deductible for generic drugs		
No deductible for value drugs/tier 1A		
	deductible for certain chronic medication	s. For a full list of these drugs, go to
your secure member site or ask your e		
Prescription drug out-of-pocket limit	Prescription drug expenses apply to yo	our medical out-of-pocket limit.
Value Drugs Tier 1A		
Retail	\$3 copay	20% of submitted cost; after
		applicable in-network cost share
Mail order	\$7.50 copay	20% of submitted cost; after
		applicable in-network cost share
Preferred generic drugs	• • •	
Retail	\$12 copay	20% of submitted cost; after
	•	applicable in-network cost share
Mail order	\$30 copay	20% of submitted cost; after
		applicable in-network cost share
Preferred brand-name drugs	<b>4-</b> 0	
Retail	\$50 copay	20% of submitted cost; after
<b>84</b> -9	<b>#405</b>	applicable in-network cost share
Mail order	\$125 copay	20% of submitted cost; after
Non-professed sounds and broad as	us a during	applicable in-network cost share
Non-preferred generic and brand-na		200/ of authorition costs offer
Retail	\$75 copay	20% of submitted cost; after
Mail order	\$187.50 copay	applicable in-network cost share 20% of submitted cost; after
wan order	\$167.50 copay	the contract of the contract o
Specialty drugs		applicable in-network cost share
Preferred specialty	20%	20% of submitted cost; after applicable in-network cost share
	Maximum \$250	• •
Non-preferred specialty	20%	20% of submitted cost; after applicable in-network cost share
	Maximum \$500	,,



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Pharmacy day supply and requirements

Mandatory maintenance choice

Retail You can get up to a 30-day supply from Aetna National Network

Maintenance drugs are prescriptions commonly used to treat conditions that

require regular, daily use of medicines.

If you take a maintenance drug, you can get two retail fills.

Then you must fill a 31-90-day supply of the maintenance drug at CVS Caremark® Mail Service Pharmacy, a designated network pharmacy, or a

CVS Pharmacy®.

If you do not, you will need to pay 100% of the drug cost.

**Opt Out** You must notify us if you want to continue to fill the medicine at a network

retail pharmacy. Just call the number on the member ID card.

**Specialty** You can get up to a 30-day supply of specialty drugs

You may fill your first prescription at any retail or specialty pharmacy. After that, all other fills must be through our preferred specialty pharmacy network.

Advanced Control Formulary Aetna Insured List

### Your prescription drug plan also includes:

- · Diabetic supplies
- \$25 copay maximum per fill per 30 day supply for formulary insulin drugs; no deductible for formulary insulin drugs
- Sexual dysfunction drugs, including daily dose, additional 6 tablets a month for erectile dysfunction
- A limited list of over-the-counter medications when filled with a prescription

### **Family planning**

- · Oral fertility drugs included.
- Contraceptives covered up to a 12-month supply. Contraceptive copay strategy applies.

### The following are covered 100% in-network:

- · Oral chemotherapy drugs
- Seasonal vaccinations
- Preventive vaccinations
- Affordable Care Act (ACA) eligible preventive medications and contraceptives

Refer to **Aetna.com** for a complete list of eligible prescription drugs.

#### **Precertification requirements**

Some covered prescription drugs need approval from us before we will cover the drug.

Some covered prescription drugs require step therapy before we cover them. With step therapy, you must first try one or more drugs before we will pay for drugs that require step therapy.

To get the most up-to-date precertification requirements and a list of drugs that require step therapy, see your plan documents or go online to your member website.

Choose generics with dispense as written (DAW) override - Sometimes your physician may say you need a brand-name prescription drug even if a generic is available. If so, you will pay the brand-name copay. If you ask for a brand-name prescription drug when a generic is available, you will pay the applicable brand-name copay plus the difference between the generic price and the brand-name price.

#### **GENERAL PROVISIONS**

# Dependents who are eligible to be on your plan

Spouse, children from birth to age 26. Student status of children does not matter.

\*\*We cover the cost of services based on whether doctors are "in network" or "out of network." We want to help you understand how much we pay for your out-of-network care. At the same time, we want to make it clear how much more you will need to pay for this "out-of-network" care.

You may choose a provider (doctor or hospital) in our network. You may choose to visit an out-of-network provider. If you choose a doctor who is out of network, your health plan may pay some of that doctor's bill. Most of the time, you will pay a lot more money out of your own pocket if you choose to use an out-of-network doctor or hospital.



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When you choose out-of-network care, we limit the amount it will pay. This limit is called the "recognized" or "allowed" amount.

- For doctors and other professionals the amount is based on what Medicare pays for these services. The government sets the Medicare rate. Exactly how much we "recognize" depends on the plan you or your employer picks.
- For hospitals and other facilities, the amount is based on what Medicare pays for these services. The government sets the Medicare rate. Exactly how much we "recognize" depends on the plan you or your employer picks.

Your doctor sets his or her own rate to charge you. It may be higher -- sometimes much higher -- than what your plan "recognizes." Your doctor may bill you for the dollar amount that we don't "recognize." You must also pay any copayments, coinsurance and deductibles under your plan. No dollar amount above the "recognized charge" counts toward your deductible or out-of-pocket maximums. To learn more about how we pay out-of-network benefits visit our website.

You can avoid these extra costs by getting your care from Aetna's broad network of health care providers. Go to www.aetna.com and click on "Find a Doctor" on the left side of the page. If you are already a member, sign on to your Navigator member site.

This applies when you choose to get care out of network. When you have no choice (for example: emergency room visit after a car accident, or for other emergency services), we will pay the bill as if you got care in network. You pay cost sharing and deductibles for your in-network level of benefits. Contact us if your provider asks you to pay more. You are not responsible for any outstanding balance billed by your providers for emergency services beyond your cost sharing and deductibles.

This way of paying out-of-network doctors and hospitals applies when you choose to get care out of network. When you have no choice (for example: emergency room visit after a car accident), we will pay the bill as if you got care innetwork. You pay your plan's copayments and deductibles for your in-network level of benefits. Contact us if your provider asks you to pay more. You are not responsible for any outstanding balance billed by your providers for emergency services beyond your copayments and deductibles.

Plans are provided by: Aetna Health Inc. While this material is believed to be accurate as of the production date, it is subject to change.

Health benefits and health insurance plans contain exclusions and limitations. Not all health services are covered.

See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by location and are subject to change. Providers are independent contractors and are not our agents. Provider participation may change without notice. We do not provide care or guarantee access to health services.



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The following is a list of services and supplies that are *generally* not covered. However, your plan documents may contain exceptions to this list based on state mandates or the plan design or rider(s) purchased by your employer.

- All medical and hospital services not specifically covered in, or which are limited or excluded by your plan documents
- Cosmetic surgery, including breast reduction.
- Custodial care.
- Dental care and dental X-rays.
- Donor egg retrieval
- Experimental and investigational procedures, except for coverage for medically necessary routine patient care costs for members participating in a cancer clinical trial.
- Hearing aids
- Home births
- Immunizations for travel or work, except where medically necessary or indicated.
- Implantable drugs and certain injectable drugs including injectable infertility drugs.
- Infertility services, including artificial insemination and advanced reproductive technologies such as IVF, ZIFT, GIFT, ICSI and other related services, unless specifically listed as covered in your plan documents.
- Long-term rehabilitation therapy.
- Non-medically necessary services or supplies.
- Outpatient prescription drugs (except for treatment of diabetes), unless covered by a prescription plan rider and overthe-counter medications (except as provided in a hospital) and supplies.
- Radial keratotomy or related procedures.
- · Reversal of sterilization.
- Services for the treatment of sexual dysfunction/enhancement, including therapy, supplies or counseling or prescription drugs.
- · Special duty nursing.
- Therapy or rehabilitation other than those listed as covered.
- Weight control services including surgical procedures, medical treatments, weight control/loss programs, dietary regimens and supplements, appetite suppressants and other medications; food or food supplements, exercise programs, exercise or other equipment; and other services and supplies that are primarily intended to control weight or treat obesity, including Morbid Obesity, or for the purpose of weight reduction, regardless of the existence of comorbid conditions.

In case of emergency, call 911 or your local emergency hotline, or go directly to an emergency care facility.

Translation of this material into another language may be available. Please call Member Services at the number on the back of your ID card.

Puede estar disponible la traduccion de este material en otro idioma. Por favor llame a Servicios al Miembro al **1-888-982-3862.** 

Plan features and availability may vary by location and group size.

For more information about Aetna plans, refer to www.aetna.com.



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Aetna and MinuteClinic, LLC (which either operates or provides certain management support services to MinuteClinic-branded walk-in clinics) are both within the CVS Health family.

\*\*\*This plan document provides you with an overview of some of your benefits and your cost share obligations. This information is for illustrative purposes ONLY. This document is not an official document and may differ from your Certificate of Coverage (COC), which is your official document. Refer to your COC for your coverage and services and any obligations on your part.

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