# Summary of Benefits and Coverage: What this Plan Covers & What You Pay for Covered Services

# Aetna LYNDEN INCORPORATED AND PARTICIPATING EMPLOYERS : Aetna Choice® POS II

**Coverage Period: 01/01/2023-12/31/2023**

**Coverage for:** **Individual + Family** **|** **Plan Type:** **POS**

**The Summary of Benefits and Coverage (SBC) document will help you choose a health** [**plan**](https://www.healthcare.gov/sbc-glossary/#plan)**. The SBC shows you how you and the** [**plan**](https://www.healthcare.gov/sbc-glossary/#plan) **would share the cost for covered health care services. NOTE: Information about the cost of this** [**plan**](https://www.healthcare.gov/sbc-glossary/#plan) **(called the** [**premium**](https://www.healthcare.gov/sbc-glossary/#premium)**) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, [www.HealthReformPlanSBC.com](http://www.HealthReformPlanSBC.com) or by calling 1-888-982-3862. For general definitions of common terms, such as [allowed amount](https://www.healthcare.gov/sbc-glossary/#allowed-amount), [balance billing](https://www.healthcare.gov/sbc-glossary/#balance-billing), [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance), [copayment](https://www.healthcare.gov/sbc-glossary/#copayment), [deductible](https://www.healthcare.gov/sbc-glossary/#deductible), [provider](https://www.healthcare.gov/sbc-glossary/#provider), or other underlined terms, see the Glossary. You can view the Glossary at <https://www.healthcare.gov/sbc-glossary/> or call 1-888-982-3862 to request a copy.

| **Important Questions** | **Answers** | **Why This Matters:** |
| --- | --- | --- |
| **What is the overall** [**deductible**](https://www.healthcare.gov/sbc-glossary/#deductible)**?** | In-[Network](https://www.healthcare.gov/sbc-glossary/#network): Individual $1,000 / Family $3,000. Out-of-Network: Individual $1,000 / Family $3,000. | Generally, you must pay all of the costs from [providers](https://www.healthcare.gov/sbc-glossary/#provider) up to the [deductible](https://www.healthcare.gov/sbc-glossary/#deductible) amount before this [plan](https://www.healthcare.gov/sbc-glossary/#plan) begins to pay. If you have other family members on the [plan](https://www.healthcare.gov/sbc-glossary/#plan), each family member must meet their own individual [deductible](https://www.healthcare.gov/sbc-glossary/#deductible) until the total amount of [deductible](https://www.healthcare.gov/sbc-glossary/#deductible) expenses paid by all family members meets the overall family [deductible](https://www.healthcare.gov/sbc-glossary/#deductible). |
| **Are there services covered before you meet your** [**deductible**](https://www.healthcare.gov/sbc-glossary/#deductible)**?** | Yes. [Prescription drugs](https://www.healthcare.gov/sbc-glossary/#prescription-drugs); plus in-[network](https://www.healthcare.gov/sbc-glossary/#network) office visits & [preventive care](https://www.healthcare.gov/sbc-glossary/#preventive-care) are covered before you meet your [deductible](https://www.healthcare.gov/sbc-glossary/#deductible). | This [plan](https://www.healthcare.gov/sbc-glossary/#plan) covers some items and services even if you haven't yet met the [deductible](https://www.healthcare.gov/sbc-glossary/#deductible) amount. But a [copayment](https://www.healthcare.gov/sbc-glossary/#copayment) or [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) may apply. For example, this [plan](https://www.healthcare.gov/sbc-glossary/#plan) covers certain [preventive services](https://www.healthcare.gov/sbc-glossary/#preventive-care) without [cost sharing](https://www.healthcare.gov/sbc-glossary/#cost-sharing) and before you meet your [deductible](https://www.healthcare.gov/sbc-glossary/#deductible).See a list of covered [preventive services](https://www.healthcare.gov/sbc-glossary/#preventive-care) at<https://www.healthcare.gov/coverage/preventive-care-benefits/> |
| **Are there other** [**deductible**](https://www.healthcare.gov/sbc-glossary/#deductible)**s for specific services?** | No. | You don’t have to meet [deductibles](https://www.healthcare.gov/sbc-glossary/#deductible) for specific services. |
| **What is the** [**out-of-pocket limit**](https://www.healthcare.gov/sbc-glossary/#out-of-pocket-limit) **for this** [**plan**](https://www.healthcare.gov/sbc-glossary/#plan)**?** | In-[Network](https://www.healthcare.gov/sbc-glossary/#network): Individual $3,500 / Family $9,000. Out-of-Network: Individual $4,500 / Family $12,000. | The [out–of–pocket limit](https://www.healthcare.gov/sbc-glossary/#out-of-pocket-limit) is the most you could pay in a year for covered services. If you have other family members in this [plan](https://www.healthcare.gov/sbc-glossary/#plan), they have to meet their own [out–of–pocket limits](https://www.healthcare.gov/sbc-glossary/#out-of-pocket-limit) until the overall family [out–of–pocket limit](https://www.healthcare.gov/sbc-glossary/#out-of-pocket-limit) has been met. |
| **What is not included in the** [**out-of-pocket limit**](https://www.healthcare.gov/sbc-glossary/#out-of-pocket-limit)**?** | [Premium](https://www.healthcare.gov/sbc-glossary/#premium)s, balance-billing charges & health care this [plan](https://www.healthcare.gov/sbc-glossary/#plan) doesn't cover. | Even though you pay these expenses, they don’t count toward the [out–of–pocket limit](https://www.healthcare.gov/sbc-glossary/#out-of-pocket-limit). |
| **Will you pay less if you use a** [**network provider**](https://www.healthcare.gov/sbc-glossary/#network-provider)**?** | Yes. See [www.aetna.com/docfind](http://www.aetna.com/docfind) or call 1-855-586-6961 for a list of In-[Network providers](https://www.healthcare.gov/sbc-glossary/#network-provider). | This [plan](https://www.healthcare.gov/sbc-glossary/#plan) uses a [provider](https://www.healthcare.gov/sbc-glossary/#provider) [network](https://www.healthcare.gov/sbc-glossary/#network). You will pay less if you use a [provider](https://www.healthcare.gov/sbc-glossary/#provider) in the [plan’s](https://www.healthcare.gov/sbc-glossary/#plan) [network](https://www.healthcare.gov/sbc-glossary/#network). You will pay the most if you use an [out-of-network provider](https://www.healthcare.gov/sbc-glossary/#out-of-network-provider), and you might receive a bill from a [provider](https://www.healthcare.gov/sbc-glossary/#provider) for the difference between the [provider's](https://www.healthcare.gov/sbc-glossary/#provider) charge and what your [plan](https://www.healthcare.gov/sbc-glossary/#plan) pays ([balance billing](https://www.healthcare.gov/sbc-glossary/#balance-billing)). Be aware, your [network provider](https://www.healthcare.gov/sbc-glossary/#network-provider) might use an [out-of-network provider](https://www.healthcare.gov/sbc-glossary/#out-of-network-provider) for some services (such as lab work). Check with your [provider](https://www.healthcare.gov/sbc-glossary/#provider) before you get services. |
| **Do you need a** [**referral**](https://www.healthcare.gov/sbc-glossary/#referral) **to see a** [**specialist**](https://www.healthcare.gov/sbc-glossary/#specialist)**?** | No. | You can see the [specialist](https://www.healthcare.gov/sbc-glossary/#specialist) you choose without a [referral](https://www.healthcare.gov/sbc-glossary/#referral). |


All [**copayment**](https://www.healthcare.gov/sbc-glossary/#copayment) and [**coinsurance**](https://www.healthcare.gov/sbc-glossary/#coinsurance) costs shown in this chart are after your [**deductible**](https://www.healthcare.gov/sbc-glossary/#deductible) has been met, if a [**deductible**](https://www.healthcare.gov/sbc-glossary/#deductible) applies.

| **Common Medical Event** | **Services You May Need** | **What You Will Pay** | **Limitations, Exceptions, & Other Important Information** |
| --- | --- | --- | --- |
| **In-Network Provider****(You will pay the least)** | **Out-of-Network Provider****(You will pay the most)** |
| **If you visit a health care** [**provider**](https://www.healthcare.gov/sbc-glossary/#provider)**’s office or clinic** | Primary care visit to treat an injury or illness | $25 [copay](https://www.healthcare.gov/sbc-glossary/#copayment)/visit, [deductible](https://www.healthcare.gov/sbc-glossary/#deductible) doesn't apply | 30% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | None |
| [Specialist](https://www.healthcare.gov/sbc-glossary/#specialist) visit | $25 [copay](https://www.healthcare.gov/sbc-glossary/#copayment)/visit, [deductible](https://www.healthcare.gov/sbc-glossary/#deductible) doesn't apply | 30% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | None |
| [Preventive care](https://www.healthcare.gov/sbc-glossary/#preventive-care) /[screening](https://www.healthcare.gov/sbc-glossary/#screening) /immunization | No charge | 30% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | You may have to pay for services that aren't preventive. Ask your [provider](https://www.healthcare.gov/sbc-glossary/#provider) if the services needed are preventive. Then check what your [plan](https://www.healthcare.gov/sbc-glossary/#plan) will pay for. |
| **If you have a test** | [Diagnostic test](https://www.healthcare.gov/sbc-glossary/#diagnostic-test) (x-ray, blood work) | 20% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | 30% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | None |
| Imaging (CT/PET scans, MRIs) | 20% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | 30% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | None |
| **If you need drugs to treat your illness or condition**More information about [**prescription drug coverage**](https://www.healthcare.gov/sbc-glossary/#prescription-drug-coverage) is available at [www.aetnapharmacy.com/standard](http://www.aetnapharmacy.com/standard) | Generic drugs | [Copay](https://www.healthcare.gov/sbc-glossary/#copayment)/prescription, [deductible](https://www.healthcare.gov/sbc-glossary/#deductible) doesn't apply: $10 (retail), $25 (mail order) | 40% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) after [copay](https://www.healthcare.gov/sbc-glossary/#copayment)/prescription, [deductible](https://www.healthcare.gov/sbc-glossary/#deductible) doesn't apply: $10 (retail) | Covers 30 day supply (retail), 31-90 day supply (mail order). Includes contraceptive drugs & devices obtainable from a pharmacy, oral fertility drugs. No charge for preferred generic FDA-approved women's contraceptives in-[network](https://www.healthcare.gov/sbc-glossary/#network). Your cost will be higher for choosing Brand over Generics unless prescribed Dispense as Written. Maintenance drugs- no refill restrictions or penalties apply. Members save with lower [copay](https://www.healthcare.gov/sbc-glossary/#copayment)s at CVS Caremark® Mail Service Pharmacy or CVS Pharmacy. |
| Preferred brand drugs | [Copay](https://www.healthcare.gov/sbc-glossary/#copayment)/prescription, [deductible](https://www.healthcare.gov/sbc-glossary/#deductible) doesn't apply: $30 (retail), $75 (mail order) | 40% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) after [copay](https://www.healthcare.gov/sbc-glossary/#copayment)/prescription, [deductible](https://www.healthcare.gov/sbc-glossary/#deductible) doesn't apply: $30 (retail) |
| Non-preferred brand drugs | [Copay](https://www.healthcare.gov/sbc-glossary/#copayment)/prescription, [deductible](https://www.healthcare.gov/sbc-glossary/#deductible) doesn't apply: $60 (retail), $150 (mail order) | 40% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) after [copay](https://www.healthcare.gov/sbc-glossary/#copayment)/prescription, [deductible](https://www.healthcare.gov/sbc-glossary/#deductible) doesn't apply: $60 (retail) |
| [Specialty drugs](https://www.healthcare.gov/sbc-glossary/#specialty-drug) | 20% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance), [deductible](https://www.healthcare.gov/sbc-glossary/#deductible) doesn't apply | Not covered | First prescription fill at a retail pharmacy or specialty pharmacy. Subsequent fills must be through the Aetna Specialty Performance Pharmacy [Network](https://www.healthcare.gov/sbc-glossary/#network). Precertification required for coverage. $150 maximum [copay](https://www.healthcare.gov/sbc-glossary/#copayment) for each 30 day supply. Certain drugs are eligible for Prudent Rx [copay](https://www.healthcare.gov/sbc-glossary/#copayment) assistance program. Prudent Rx will reach out to eligible members. Prudent Rx Member Support- 1-800-578-4403. |
| **If you have outpatient surgery** | Facility fee (e.g., ambulatory surgery center) | 20% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | 30% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | None |
| Physician/surgeon fees | 20% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | 30% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | None |
| **If you need immediate medical attention** | [Emergency room care](https://www.healthcare.gov/sbc-glossary/#emergency-room-care-emergency-services) | 20% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) after$200 [copay](https://www.healthcare.gov/sbc-glossary/#copayment)/visit | 20% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) after$200 [copay](https://www.healthcare.gov/sbc-glossary/#copayment)/visit | Out-of-[network](https://www.healthcare.gov/sbc-glossary/#network) emergency use paid the same as in-[network](https://www.healthcare.gov/sbc-glossary/#network). |
| [Emergency medical transportation](https://www.healthcare.gov/sbc-glossary/#emergency-medical-transportation) | 20% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | 20% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | Non-emergency transport: not covered, except no charge for Alaska air ambulance if pre-authorized. Out-of-[network](https://www.healthcare.gov/sbc-glossary/#network) emergency use paid the same as in-[network](https://www.healthcare.gov/sbc-glossary/#network). |
| [Urgent care](https://www.healthcare.gov/sbc-glossary/#urgent-care) | $25 [copay](https://www.healthcare.gov/sbc-glossary/#copayment)/visit, [deductible](https://www.healthcare.gov/sbc-glossary/#deductible) doesn't apply | 30% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | None |
| **If you have a hospital stay** | Facility fee (e.g., hospital room) | 20% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | 30% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | [Pre-authorization](https://www.healthcare.gov/sbc-glossary/#preauthorization) required for out-of-network care. |
| Physician/surgeon fees | 20% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | 30% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | None |
| **If you need mental health, behavioral health, or substance abuse services** | Outpatient services | Office: $25 [copay](https://www.healthcare.gov/sbc-glossary/#copayment)/visit, [deductible](https://www.healthcare.gov/sbc-glossary/#deductible) doesn't apply; other outpatient services: 20% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | Office & other outpatient services: 30% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | None |
| Inpatient services | 20% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | 30% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | [Pre-authorization](https://www.healthcare.gov/sbc-glossary/#preauthorization) required for out-of-network care. |
| **If you are pregnant** | Office visits | No charge | 30% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | [Cost sharing](https://www.healthcare.gov/sbc-glossary/#cost-sharing) does not apply for [preventive services](https://www.healthcare.gov/sbc-glossary/#preventive-care). Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.) [Pre-authorization](https://www.healthcare.gov/sbc-glossary/#preauthorization) for out-of-network care may apply. |
| Childbirth/delivery professional services | 20% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | 30% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) |
| Childbirth/delivery facility services | 20% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | 30% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) |
| **If you need help recovering or have other special health needs** | [Home health care](https://www.healthcare.gov/sbc-glossary/#home-health-care) | 20% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | 30% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | 130 visits/calendar year combined with private-duty nursing. [Pre-authorization](https://www.healthcare.gov/sbc-glossary/#preauthorization) required for out-of-network care. |
| [Rehabilitation services](https://www.healthcare.gov/sbc-glossary/#rehabilitation-services) | $25 [copay](https://www.healthcare.gov/sbc-glossary/#copayment)/visit, [deductible](https://www.healthcare.gov/sbc-glossary/#deductible) doesn't apply | 30% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | 45 visits/calendar year for Physical, Occupational & Speech Therapy combined. |
| [Habilitation services](https://www.healthcare.gov/sbc-glossary/#habilitation-services) | $25 [copay](https://www.healthcare.gov/sbc-glossary/#copayment)/visit, [deductible](https://www.healthcare.gov/sbc-glossary/#deductible) doesn't apply | 30% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | None |
| [Skilled nursing care](https://www.healthcare.gov/sbc-glossary/#skilled-nursing-care) | 20% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | 30% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | 60 days/calendar year. [Pre-authorization](https://www.healthcare.gov/sbc-glossary/#preauthorization) required for out-of-network care. |
| [Durable medical equipment](https://www.healthcare.gov/sbc-glossary/#durable-medical-equipment) | 20% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | 30% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | Limited to 1 [durable medical equipment](https://www.healthcare.gov/sbc-glossary/#durable-medical-equipment) for same/similar purpose. Excludes repairs for misuse/abuse. |
| [Hospice services](https://www.healthcare.gov/sbc-glossary/#hospice-services) | 20% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | 30% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | [Pre-authorization](https://www.healthcare.gov/sbc-glossary/#preauthorization) required for out-of-network care. |
| **If your child needs dental or eye care** | Children's eye exam | Not covered | Not covered | Not covered. |
| Children's glasses | Not covered | Not covered | Not covered. |
| Children's dental check-up | Not covered | Not covered | Not covered. |

## Excluded Services & Other Covered Services:

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| **Services Your** [**Plan**](https://www.healthcare.gov/sbc-glossary/#plan) **Generally Does NOT Cover (Check your policy or** [**plan**](https://www.healthcare.gov/sbc-glossary/#plan) **document for more information and a list of any other** [**excluded services**](https://www.healthcare.gov/sbc-glossary/#excluded-services)**.)** |
| * Cosmetic surgery
* Dental care (Adult & Child)
* Glasses (Child)
 | * Hearing aids
* Long-term care
* Non-emergency care when traveling outside the U.S.
 | * Routine eye care (Adult & Child)
* Routine foot care
* Weight loss programs - Except for required [preventive services](https://www.healthcare.gov/sbc-glossary/#preventive-care).
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| **Other Covered Services (Limitations may apply to these services. This isn’t a complete list. Please see your** [**plan**](https://www.healthcare.gov/sbc-glossary/#plan) **document.)** |
| * Acupuncture - 12 visits/calendar year for disease, injury & chronic pain.
* Bariatric surgery
 | * Chiropractic care - 12 visits/calendar year.
* Infertility treatment - Limited to the diagnosis & treatment of underlying medical condition.
 | * Private-duty nursing - Included as part of [home health care](https://www.healthcare.gov/sbc-glossary/#home-health-care).
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## Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is:

* For more information on your rights to continue coverage, contact the [plan](https://www.healthcare.gov/sbc-glossary/#plan) at 1-888-982-3862.
* If your group health coverage is subject to ERISA, you may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [http://www.dol/gov/ebsa/healthreform](https://www.dol.gov/agencies/ebsa/laws-and-regulations/laws/affordable-care-act/)
* For non-federal governmental group health [plans](https://www.healthcare.gov/sbc-glossary/#plan), you may also contact the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or [www.cciio.cms.gov.](http://www.cciio.cms.gov/)
* If your coverage is a church [plan](https://www.healthcare.gov/sbc-glossary/#plan), church [plans](https://www.healthcare.gov/sbc-glossary/#plan) are not covered by the Federal COBRA continuation coverage rules. If the coverage is insured, individuals should contact their State insurance regulator regarding their possible rights to continuation coverage under State law.

Other coverage options may be available to you too, including buying individual insurance coverage through the [Health Insurance](https://www.healthcare.gov/sbc-glossary/#health-insurance) [Marketplace](https://www.healthcare.gov/sbc-glossary/#marketplace). For more information about

the [Marketplace](https://www.healthcare.gov/sbc-glossary/#marketplace), visit [www.HealthCare.gov](http://www.HealthCare.gov/) or call 1-800-318-2596.

## Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your [plan](https://www.healthcare.gov/sbc-glossary/#plan) for a denial of a [claim](https://www.healthcare.gov/sbc-glossary/#claim). This complaint is called a [grievance](https://www.healthcare.gov/sbc-glossary/#grievance) or [appeal](https://www.healthcare.gov/sbc-glossary/#appeal). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](https://www.healthcare.gov/sbc-glossary/#claim). Your [plan](https://www.healthcare.gov/sbc-glossary/#plan) documents also provide complete information on how to submit a [claim](https://www.healthcare.gov/sbc-glossary/#claim), [appeal](https://www.healthcare.gov/sbc-glossary/#appeal), or a [grievance](https://www.healthcare.gov/sbc-glossary/#grievance) for any reason to your [plan](https://www.healthcare.gov/sbc-glossary/#plan). For more information about your rights, this notice, or assistance, contact:

* If your group health coverage is subject to ERISA, you may contact Aetna directly by calling the toll-free number on your Medical ID Card, or by calling our general number at 1-888-982-3862. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [http://www.dol/gov/ebsa/healthreform](https://www.dol.gov/agencies/ebsa/laws-and-regulations/laws/affordable-care-act/)
* For non-federal governmental group health [plans](https://www.healthcare.gov/sbc-glossary/#plan), you may also contact the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or [www.cciio.cms.gov.](http://www.cciio.cms.gov/)
* Additionally, a consumer assistance program can help you file your [appeal](https://www.healthcare.gov/sbc-glossary/#appeal). Contact information is at: [http://www.aetna.com/individuals-families-health-insurance/rights-resources/complaints-grievances-appeals/index.html.](http://www.aetna.com/individuals-families-health-insurance/rights-resources/complaints-grievances-appeals/index.html)

## Does this plan provide Minimum Essential Coverage? Yes.

[Minimum Essential Coverage](https://www.healthcare.gov/sbc-glossary/#minimum-essential-coverage) generally includes [plans](https://www.healthcare.gov/sbc-glossary/#plan), [health insurance](https://www.healthcare.gov/sbc-glossary/#health-insurance) available through the [Marketplace](https://www.healthcare.gov/sbc-glossary/#marketplace) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](https://www.healthcare.gov/sbc-glossary/#minimum-essential-coverage), you may not be eligible for the [premium tax credit](https://www.healthcare.gov/sbc-glossary/#premium-tax-credits).

## Does this plan meet Minimum Value Standards? Yes.

If your [plan](https://www.healthcare.gov/sbc-glossary/#plan)doesn't meet the [Minimum Value Standards](https://www.healthcare.gov/sbc-glossary/#minimum-value-standard), you may be eligible for a [premium tax credit](https://www.healthcare.gov/sbc-glossary/#premium-tax-credits)to help you pay for a [plan](https://www.healthcare.gov/sbc-glossary/#plan)through the [Marketplace](https://www.healthcare.gov/sbc-glossary/#marketplace)**.**

|  |
| --- |
| *To see examples of how this* [*plan*](https://www.healthcare.gov/sbc-glossary/#plan) *might cover costs for a sample medical situation, see the next section* |
|  |

About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this[plan](https://www.healthcare.gov/sbc-glossary/#plan)might cover medical care. Your actual costs will bedifferent depending on the actual care you receive, the prices your [providers](https://www.healthcare.gov/sbc-glossary/#provider) charge, and many other factors. Focus on the [cost-sharing](https://www.healthcare.gov/sbc-glossary/#cost-sharing) amounts ([deductibles](https://www.healthcare.gov/sbc-glossary/#deductible), [copayments](https://www.healthcare.gov/sbc-glossary/#copayment) and [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance)) and [excluded services](https://www.healthcare.gov/sbc-glossary/#excluded-services) under the [plan](https://www.healthcare.gov/sbc-glossary/#plan). Use this information to compare the portion of costs you might pay under different health [plans](https://www.healthcare.gov/sbc-glossary/#plan). Please note these coverage examples are based on self-only coverage.

**Managing Joe’s Type 2 Diabetes**(a year of routine in-network care of a well-controlled condition)

**Mia’s Simple Fracture**(in-network emergency room visit and follow up care)

**Peg is Having a Baby**(9 months of in-network pre-natal care and a hospital delivery)

◼ **The** [**plan's**](https://www.healthcare.gov/sbc-glossary/#plan) **overall** [**deductible**](https://www.healthcare.gov/sbc-glossary/#deductible) **$1,000**

◼ [**Specialist**](https://www.healthcare.gov/sbc-glossary/#specialist)[**copayment**](https://www.healthcare.gov/sbc-glossary/#copayment) **$25**

◼ **Hospital (facility)** [**coinsurance**](https://www.healthcare.gov/sbc-glossary/#coinsurance) **20%**

◼ **Other** [**coinsurance**](https://www.healthcare.gov/sbc-glossary/#coinsurance) **20%**

**This EXAMPLE event includes services like:**

[Specialist](https://www.healthcare.gov/sbc-glossary/#specialist) office visits (*prenatal care)*

Childbirth/Delivery Professional Services

Childbirth/Delivery Facility Services

[Diagnostic tests](https://www.healthcare.gov/sbc-glossary/#diagnostic-test) (*ultrasounds and blood work)*

[Specialist](https://www.healthcare.gov/sbc-glossary/#specialist) visit *(anesthesia)*

|  | **Total Example Cost** | **$12,700** |  |
| --- | --- | --- | --- |
|  | **In this example, Peg would pay:** |  |  |
|  | [*Cost Sharing*](https://www.healthcare.gov/sbc-glossary/#cost-sharing) |  |  |
|  | [Deductibles](https://www.healthcare.gov/sbc-glossary/#deductible) | $1,000 |  |
|  | [Copayments](https://www.healthcare.gov/sbc-glossary/#copayment) | $10 |  |
|  | [Coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | $2,100 |  |
|  | *What isn't covered* |  |  |
|  | Limits or exclusions | $60 |  |
|  | **The total Peg would pay is** | **$3,170** |  |

The [plan](https://www.healthcare.gov/sbc-glossary/#plan) would be responsible for the other costs of these EXAMPLE covered services.

◼ **The** [**plan's**](https://www.healthcare.gov/sbc-glossary/#plan) **overall** [**deductible**](https://www.healthcare.gov/sbc-glossary/#deductible) **$1,000**

◼ [**Specialist**](https://www.healthcare.gov/sbc-glossary/#specialist)[**copayment**](https://www.healthcare.gov/sbc-glossary/#copayment) **$25**

◼ **Hospital (facility)** [**coinsurance**](https://www.healthcare.gov/sbc-glossary/#coinsurance) **20%**

◼ **Other** [**coinsurance**](https://www.healthcare.gov/sbc-glossary/#coinsurance) **20%**

**This EXAMPLE event includes services like:**

[Primary care physician](https://www.healthcare.gov/sbc-glossary/#primary-care-physician) office visits *(including disease education)*

[Diagnostic tests](https://www.healthcare.gov/sbc-glossary/#diagnostic-test) *(blood work)*

[Prescription drugs](https://www.healthcare.gov/sbc-glossary/#prescription-drugs)

[Durable medical equipment](https://www.healthcare.gov/sbc-glossary/#durable-medical-equipment) *(glucose meter)*

|  | **Total Example Cost** | **$5,600** |  |  |
| --- | --- | --- | --- | --- |
|  | **In this example, Joe would pay:** |  |  |  |
|  | [*Cost Sharing*](https://www.healthcare.gov/sbc-glossary/#cost-sharing) |  |  |  |
|  | [Deductibles](https://www.healthcare.gov/sbc-glossary/#deductible) |  | $100 |  |  |
|  | [Copayments](https://www.healthcare.gov/sbc-glossary/#copayment) |  | $1,000 |  |  |
|  | [Coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) |  | $0 |  |  |
|  | *What isn't covered* |  |  |
|  | Limits or exclusions |  | $20 |  |  |
|  | **The total Joe would pay is** |  | **$1,120** |  |  |

◼ **The** [**plan's**](https://www.healthcare.gov/sbc-glossary/#plan) **overall** [**deductible**](https://www.healthcare.gov/sbc-glossary/#deductible) **$1,000**

◼ [**Specialist**](https://www.healthcare.gov/sbc-glossary/#specialist)[**copayment**](https://www.healthcare.gov/sbc-glossary/#copayment) **$25**

◼ **Hospital (facility)** [**coinsurance**](https://www.healthcare.gov/sbc-glossary/#coinsurance) **20%**

◼ **Other** [**coinsurance**](https://www.healthcare.gov/sbc-glossary/#coinsurance) **20%**

**This EXAMPLE event includes services like:**

[Emergency room care](https://www.healthcare.gov/sbc-glossary/#emergency-room-care-emergency-services) *(including medical supplies)*

[Diagnostic test](https://www.healthcare.gov/sbc-glossary/#diagnostic-test) *(x-ray)*

[Durable medical equipment](https://www.healthcare.gov/sbc-glossary/#durable-medical-equipment) *(crutches)*

[Rehabilitation services](https://www.healthcare.gov/sbc-glossary/#rehabilitation-services) *(physical therapy)*

|  | **Total Example Cost** | **$2,800** |  |
| --- | --- | --- | --- |
|  | **In this example, Mia would pay:** |  |  |
|  | [*Cost Sharing*](https://www.healthcare.gov/sbc-glossary/#cost-sharing) |  |  |
|  | [Deductibles](https://www.healthcare.gov/sbc-glossary/#deductible) | $1,000 |  |
|  | [Copayments](https://www.healthcare.gov/sbc-glossary/#copayment) | $100 |  |
|  | [Coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | $200 |  |
|  | *What isn't covered* |  |  |
|  | Limits or exclusions | $0 |  |
|  | **The total Mia would pay is** | **$1,300** |  |

## Assistive Technology

Persons using assistive technology may not be able to fully access the following information. For assistance, please call 866-393-0002.

## Smartphone or Tablet

To view documents from your smartphone or tablet, the free WinZip app is required. It may be available from your App Store.

## Non-Discrimination

Aetna complies with applicable Federal civil rights laws and does not unlawfully discriminate, exclude or treat people differently based on their race, color, national origin, sex, age, disability, gender identity or sexual orientation.

We provide free aids/services to people with disabilities and to people who need language assistance.

If you need a qualified interpreter, written information in other formats, translation or other services, call the number on your ID card.

If you believe we have failed to provide these services or otherwise discriminated based on a protected class noted above, you can also file a grievance with the Civil Rights Coordinator by contacting:

Civil Rights Coordinator,

P.O. Box 14462, Lexington, KY 40512 (CA HMO customers: P.O. Box 24030, Fresno, CA 93779),

1-800-648-7817, TTY: 711,

Fax: 859-425-3379 (CA HMO customers: 860-262-7705), CRCoordinator@aetna.com.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, or at 1-800-368-1019, 800-537-7697 (TDD).

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TTY: 711

## Language Assistance:

For language assistance in your language call 1-888-982-3862 at no cost.

 Albanian - Për asistencë në gjuhën shqipe telefononi falas në 1-888-982-3862.

 Amharic - ለቋንቋ እገዛ በ አማርኛ በ 1-888-982-3862 በነጻ ይደውሉ

 Arabic - 1-888-982-3862

 Armenian - Լեզվի ցուցաբերած աջակցության (հայերեն) զանգի 1-888-982-3862 առանց գնով:

 Bahasa Indonesia - Untuk bantuan dalam bahasa Indonesia, silakan hubungi 1-888-982-3862 tanpa dikenakan biaya.

 Bantu-Kirundi - Niba urondera uwugufasha mu Kirundi, twakure kuri iyi nomero 1-888-982-3862 ku busa

 Bengali-Bangala - বাংলায় ভাষা সহায়তার জন্য বিনামুল্যে 1-888-982-3862-তে কল করুন।

 Bisayan-Visayan - Alang sa pag-abag sa pinulongan sa (Binisayang Sinugboanon) tawag sa 1-888-982-3862 nga walay bayad.

 Burmese - 1-888-982-3862

 Catalan - Per rebre assistència en (català), truqui al número gratuït 1-888-982-3862.

 Chamorro - Para ayuda gi fino' (Chamoru), ågang 1-888-982-3862 sin gåstu.

 Cherokee - ᎾᏍᎩᎾ ᎦᏬᏂᎯᏍᏗ ᏗᏂᏍᏕᎵᏍᎩ ᎾᎿᎢ (ᏣᎳᎩ) ᏫᏏᎳᏛᎥᎦ 1-888-982-3862 ᎤᎾᎢ Ꮭ ᎪᎱᏍᏗ ᏧᎬᏩᎵᏗ ᏂᎨᏒᎾ.

 Chinese - 欲取得繁體中文語言協助，請撥打 1-888-982-3862，無需付費。

 Choctaw - (Chahta) anumpa ya apela a chi I paya hinla 1-888-982-3862.

 Cushite - Gargaarsa afaan Oromiffa hiikuu argachuuf lakkokkofsa bilbilaa 1-888-982-3862 irratti bilisaan bilbilaa.

 Dutch - Bel voor tolk- en vertaaldiensten in het Nederlands gratis naar 1-888-982-3862.

 French - Pour une assistance linguistique en français appeler le 1-888-982-3862 sans frais.

 French Creole - Pou jwenn asistans nan lang Kreyòl Ayisyen, rele nimewo 1-888-982-3862 gratis.

 German - Benötigen Sie Hilfe oder Informationen in deutscher Sprache? Rufen Sie uns kostenlos unter der Nummer 1-888-982-3862 an.

 Greek - Για γλωσσική βοήθεια στα Ελληνικά καλέστε το 1-888-982-3862 χωρίς χρέωση.

 Gujarati - ગુજરાતીમાં ભાષામાં સહાય માટે કોઈ પણ ખર્ચ વગર 1-888-982-3862 પર કૉલ કરો.

 Hawaiian - No ke kōkua ma ka ʻōlelo Hawaiʻi, e kahea aku i ka helu kelepona 1-888-982-3862. Kāki ʻole ʻia kēia kōkua nei.

Hindi -  1-888-982-3862 

Hmong - Yog xav tau kev pab txhais lus Hmoob hu dawb tau rau 1-888-982-3862.

Ibo - Maka enyemaka asụsụ na Igbo kpọọ 1-888-982-3862 na akwụghị ụgwọ ọ bụla

Ilocano - Para iti tulong ti pagsasao iti pagsasao tawagan ti 1-888-982-3862 nga awan ti bayadanyo.

Italian - Per ricevere assistenza linguistica in italiano, può chiamare gratuitamente 1-888-982-3862.

Japanese - 日本語で援助をご希望の方は、1-888-982-3862 まで無料でお電話ください。

Karen - 1-888-982-3862

Korean - 한국어로 언어 지원을 받고 싶으시면 무료 통화번호인 1-888-982-3862 번으로 전화해 주십시오.

Kru-Bassa - 1-888-982-3862

Kurdish - 1-888-982-3862

Laotian - 1-888-982-3862

Marathi - कोणत्याही शुल्काशिवाय भाषा सेवा प्राप्त करण्यासाठी, 1-888-982-3862 वर फोन करा.

Marshallese - Ñan bōk jipañ ilo Kajin Majol, kallok 1-888-982-3862 ilo ejjelok wōnān.

Micronesian-

Pohnpeyan - Ohng palien sawas en soun kawewe ni omw lokaia Ponape koahl 1-888-982-3862 ni sohte isais.



Mon-Khmer, 1-888-982-3862

Cambodian -

Navajo - T'áá shi shizaad k'ehjí bee shíká a'doowol nínízingo Diné k'ehjí koji' t'áá jíík'e hólne' 1-888-982-3862

Nepali - (नेपाली) मा निःशुल्क भाषा सहायता पाउनका लागि 1-888-982-3862 मा फोन गर्नुहोस् ।

Nilotic-Dinka - Tën kuɔɔny ë thok ë Thuɔŋjäŋ cɔl 1-888-982-3862 kecïn aɣöc.

Norwegian - For språkassistanse på norsk, ring 1-888-982-3862 kostnadsfritt.

Panjabi - ਪੰਜਾਬੀ ਵਿੱਚ ਭਾਸ਼ਾਈ ਸਹਾਇਤਾ ਲਈ, 1-888-982-3862 ‘ਤੇ ਮੁਫ਼ਤ ਕਾਲ ਕਰੋ।

Pennsylvania Dutch - Fer Helfe in Deitsch, ruf: 1-888-982-3862 aa. Es Aaruf koschtet nix.

Persian - 1-888-982-3862

Polish - Aby uzyskać pomoc w języku polskim, zadzwoń bezpłatnie pod numer 1-888-982-3862.

Portuguese - Para obter assistência linguística em português ligue para o 1-888-982-3862 gratuitamente.

Romanian - Pentru asistenţă lingvistică în româneşte telefonaţi la numărul gratuit 1-888-982-3862

Russian - Чтобы получить помощь русскоязычного переводчика, позвоните по бесплатному номеру 1-888-982-3862.

Samoan - Mo fesoasoani tau gagana I le Gagana Samoa vala'au le 1-888-982-3862 e aunoa ma se totogi.

Serbo-Croatian - Za jezičnu pomoć na hrvatskom jeziku pozovite besplatan broj 1-888-982-3862.

Spanish - Para obtener asistencia lingüística en español, llame sin cargo al 1-888-982-3862.

Sudanic-Fulfude - Fii yo on heɓu balal e ko yowitii e haala Pular noddee e oo numero ɗoo 1-888-982-3862. Njodi woo fawaaki on.

Swahili - Ukihitaji usaidizi katika lugha ya Kiswahili piga simu kwa 1-888-982-3862 bila malipo.

Syriac - 1-888-982-3862

Tagalog - Para sa tulong sa wika na nasa Tagalog, tawagan ang 1-888-982-3862 nang walang bayad.

Telugu - భాషతో సాయం కొరకు ఎలాంటి ఖర్చు లేకుండా 1-888-982-3862 కు కాల్ చేయండి. (తెలుగు)

Thai - สำหรับความช่วยเหลือทางด้านภาษาเป็น ภาษาไทย โทร 1-888-982-3862 ฟรีไม่มีค่าใช้จ่าย

Tongan - Kapau ‘oku fiema'u hā tokoni ‘i he lea faka-Tonga telefoni 1-888-982-3862 ‘o ‘ikai hā ōtōngi.

Trukese - Ren áninnisin chiakú ren (Kapasen Chuuk) kopwe kékkééri 1-888-982-3862 nge esapw kamé ngonuk.

Turkish - (Dil) çağrısı dil yardım için. Hiçbir ücret ödemeden 1-888-982-3862.

Ukrainian - Щоб отримати допомогу перекладача української мови, зателефонуйте за безкоштовним номером 1-888-982-3862.

Urdu - 1-888-982-3862

Vietnamese - 1-888-982-3862.

Yiddish - 1-888-982-3862

Yoruba - Fún ìrànlọwọ nípa èdè (Yorùbá) pe 1-888-982-3862 lái san owó kankan rárá.