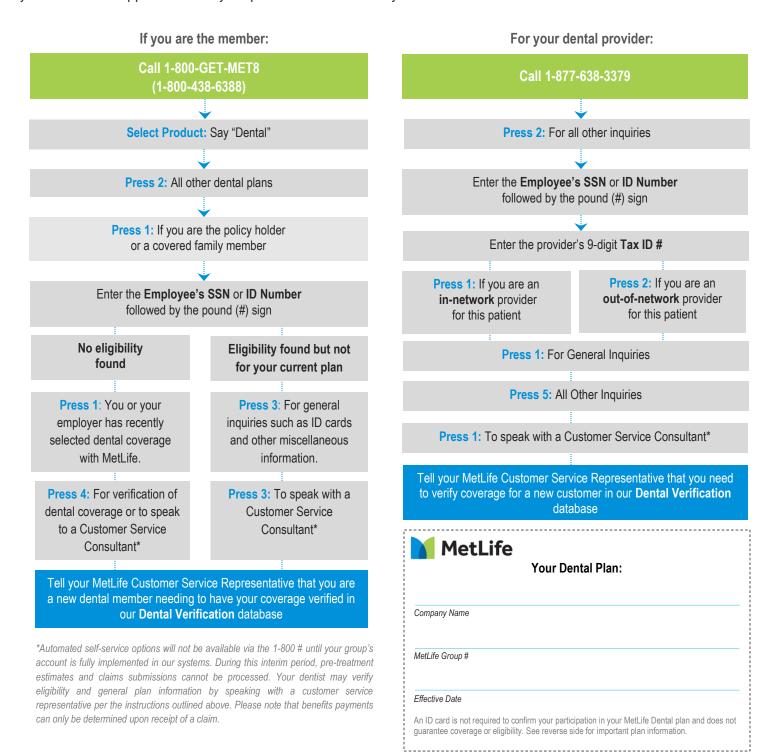


Using your new plan

Having trouble verifying coverage? We may still be in the process of installing your plan, but you can still use your benefits in the meantime. To confirm your participation in a MetLife PPO Dental plan, please follow the steps below to verify eligibility by speaking with one of our customer service representatives. Be sure to take this flyer to your first dental appointment so your provider is able to verify benefits too!





Thank you for choosing MetLife!

Once your plan is fully installed, you may print a personalized ID card by visiting www.metlife.com/mybenefits

Use MyBenefits to:

- Locate a participating dentist.
- Verify eligibility and plan design information.
- Review claim status and claim history for your entire family.
- View and print processed claims with one click.
- Obtain claims forms and educational information.
- Get instant answers to Frequently Asked Questions.

MetLife Dental Claims P.O. Box 981282 El Paso, TX 79998-1282

For International Dental Travel Assistance call 1-312-356-5970