



# Telemedicine

Provided by Teladoc

Teladoc gives you access to U.S. board-certified doctors through convenience of phone, video or mobile app visits 24/7/365. It's an affordable alternative to costly urgent care and ER visits when you need care now.

## General Medicine

Talk to a board-certified doctor or pediatrician 24/7 for non-emergency conditions.

- Prescription refills
- Sinus infections
- Allergies
- Stomach bug
- COVID-19 advice
- And more

## Mental Health

Talk to a therapist or psychiatrist of your choice 7 days a week from anywhere.

- Stress and anxiety
- Depression
- Trauma
- Grief
- Burnout
- Medication management

## Dermatology

Upload images and details of your skin issues in the Teladoc Health app. A dermatologist will review them and provide a treatment plan within 24 hours. Follow up via in-app messaging for 7 days after your results.

- Eczema
- Psoriasis
- Poison ivy
- Rashes
- Rosacea, And More

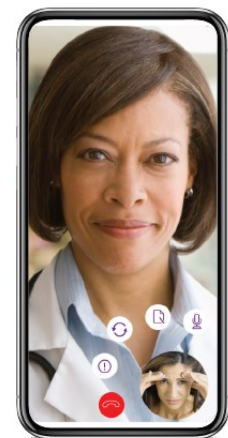
## Chronic Condition Management **NEW**

Chronic condition management services give eligible members access to connected health management devices, certified health coaches and mental health coaches. It's offered by Chemdesign at **no cost to you**.

- Diabetes Management
- Hypertension Management
- Diabetes Prevention

Already registered for Teladoc Health?	New to Teladoc Health?
<ul style="list-style-type: none"> <li>• Simply log-in to your account via the Teladoc Health app or TeladocHealth.com</li> <li>• Select "Condition Management" to discover the support for your needs</li> </ul>	<ul style="list-style-type: none"> <li>• Download the Teladoc Health app or visit TeladocHealth.com and create your account</li> <li>• Once you complete registration, select "Condition Management" to find what benefit fits your needs</li> </ul>

	PPO Plan Members	HDHP Plan Members <sup>1</sup>
<b>General Medicine</b>		
Per visit charge	\$54	20% after deductible
<b>Mental Health</b>		
Therapist per visit charge	\$95	20% after deductible
Psychiatrist first visit charge	\$235	20% after deductible
Psychiatrist ongoing visits charge	\$105	20% after deductible
<b>Dermatology</b>		
Per online review	\$85	20% after deductible



Set up your account or log in to get started today

Visit [Teladoc.com](https://www.teladoc.com)  
Call 1-800-TELADOC (835-2362) | Download the app  

Your care. Your way.  
Access your Teladoc Health benefits anytime.



Scan the code to activate your benefits