

You? Your family? Your job? You don't have to choose.

Problems can come from anywhere. And they can affect everything.
Your Assistance Program works confidentially and quickly
to untangle what overwhelms you.

JBG Clinical Care Licensed therapists – in private offices, by telephone or through internet chat – help with stress, depression, marital, grief, substance abuse, and most of life's pressures.

JBG Personal Care Professional consultants – by telephone or through internet chat, and website – help with these issues; legal, financial, ID theft, child and elder care, education, housing, and other personal assistance needs.

JORGENSEN  **brooks**
group

Employee Assistance Programs

Call - 24 hours/7days

Tucson: (520) 575-8623 • Toll Free: (888) 520-5400

CONFIDENTIAL • YOUR EMPLOYER IS NOT TOLD WHO USES THIS PROGRAM

www.jorgensenbrooks.com

Family matters most

Help them. Help yourself. Help your job.



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Confidential counseling for employees and dependents
PERSONAL • WORK • FAMILY

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A hard hat for your life



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Protect yourself. Your family. Your job.

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Domestic Violence:

"... violence that occurs between people who are related or who have a social relationship"

JBG Clinical Care
100% free and confidential

**Whether a spouse, a partner or a child,
no one deserves to be hurt.**

But the definition of "*hurt*" needs to be better understood. Certainly hitting with hands or objects defines physical violence. But more damaging to the victims can be the brutal weapons of words and threats; these tools of the abuser maim the mind and spirit.

Perhaps we should say:

***People are not for hitting.
And they are not for hurting.***



Photo Credit: <http://annecarolinedrake.com/2012/10/11/dv-awareness-2012-celebrating-purple-ribbons-and-logos/>

Resources:

National Domestic Violence Hotline (www.hotline.org)

National Coalition Against Domestic Violence (www.ncdov.org)

Family Violence Prevention Fund (www.endabuse.org)

Jorgensen Brooks Group (www.jorgensenbrooks.com)

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JBG Clinical Care.

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We all worry about COVID-19.
Add counseling now to your
emotional protection plan.

You can manage feelings that make the virus feel overwhelming.

It is wise to be concerned about getting sick. It is not wise to allow your “concern” to take over your life. If you, and those around you, make common sense efforts to stay safe, you very likely will stay healthy.

But you may forget that reality when stuck at home, worrying about your job, watching news that doesn’t tell you that
more than 98%
of the country has not gotten sick.

People who once handled their anxieties with a quick talk to themselves, now doubt and fear nearly everything. Your employer has a solution for you and your family with free counseling through the Employee Assistance Program [EAP].

Call Jorgensen Brooks Group for immediate help with a crisis or to schedule confidential counseling by telephone [some in-person sessions may be available].

Follow JBG on

WEBSITE: www.jorgensenbrooks.com



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Toll-free: **888-520-5400**

**Call
for
help now.**