

## Get Up to Date with Screenings

Review the <u>USPSTF screening guidelines</u> and check with your healthcare provider to see which health screenings are necessary for you. Then, schedule or complete at least one health screening this month to get up to date.

Employer Completion Form		
I,with Screen	nings Wellbeing Activity by:	_, successfully completed the Get Up to Date
Signed:		Date:

