

**CITY OF SAINT PETER EMPLOYEE  
COVID QUARANTINE POLICY – EFFECTIVE  
August 23, 2021**



**A. If you have not been vaccinated and have either COVID 19 symptoms or you test positive:**

1. For 10 days, you must QUARANTINE:
  - a. Stay home from work and all other activities.
  - b. Stay apart from others.
  - c. Do not share anything that others touch like phones, eating utensils, remote controls, etc. If you must share a bathroom, clean with disinfectant wipes after each use.
  - d. Call your supervisor and tell them your situation.
  - e. Stay home until these three things have been met:
    - i. It has been at least 10 days since your symptoms first started; and
    - ii. You are fever free for 24 hours without using fever reducing medicine; and
    - iii. You have no symptoms from the COVID Symptom Checklist.

**B. If you have close contact to someone who has tested positive or someone who develops symptoms for COVID within two days\* (48 hours) after your contact – whether at home, work or in the community:**

*\*This time period is when the person with COVID is most infectious. To be clear, "close contact" means within 6 feet for 15 minutes over a period of 24 hours. The 15 minutes is cumulative so if for example you stop in my office for 5 minutes three times in one day, that equals 15 minutes.*

**If you have not been vaccinated:**

1. For 10 days, you must QUARANTINE:
  - a. Stay home from work and all other activities.
  - b. Stay apart from others.
  - c. Do not share anything that others touch like phones, eating utensils, remote controls, etc. If you must share a bathroom, clean with disinfectant wipes after each use.
  - d. Call your supervisor and tell them your situation.
2. If you do not get COVID symptoms you should be tested **after 5 days**. If your test comes back negative and you have not developed symptoms, call your supervisor and they will tell you what to do in order to return to work.
3. If you get COVID symptoms, during your time away from work you must QUARANTINE:
  - a. Continue to stay home from work and all other activities.
  - b. Stay away from others.
  - c. Do not share anything that others touch like phones, eating utensils, remote controls, etc. If you must share a bathroom, clean with disinfectant wipes after each use.
  - d. Stay home until these three things have been met:
    - i. It has been at least 10 days since your symptoms first started; and
    - ii. You are fever free for 24 hours without using fever reducing medicine; and
    - iii. You have no symptoms from the COVID Symptom Checklist

**If you have received a COVID-19 vaccination:**

1. If an employee has completed COVID-19 vaccination (two doses in a two-dose series or one dose in a one-dose series) and is exposed, they do not need to quarantine if ALL of the following are true:
  - a. The COVID-19 exposure was at least 14 days after their vaccination series was fully completed
  - b. They do not currently have any symptoms of COVID-19 or a positive COVID-19 Test.

**COVID SYMPTOMS LIST**

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

This list does not include all possible symptoms.

If you have questions please feel free to contact the City Administrator.