



Carrier App Resource Directory

Access apps from Google Play or the Apple Store to help you better use your benefits - right from the palm of your hand!



Premera Blue Cross

Anytime you need it, the answer is right in your pocket! From your smart phone, with the touch of a button, look up contracted providers, view your benefits, manage your prescriptions, and provide mobile proof of coverage.

Find a Doctor

Find in-network doctors, dentists, pharmacies, urgent care facilities, and hospitals.

Benefits

About to make an appointment? Check to see if it's covered.

Claims

Paying a provider? Check your current deductible and claims status.

Proof of Coverage

Show your coverage on your phone, or email it to your provider.

NurseLine

Not sure whether to see a doctor? Get advice in one touch with the 24-hour Nurseline.



Premera Virtual Care App: MyCare

Your virtual healthcare options are available via one mobile resource, **MyCare**. Premera has a virtual health network providing easy access to board certified, quality care that can save you money and time. Once enrolled, register at Premera.com to learn more about the virtual care resources available to you and your enrolled family members.

DoctoronDemand

Primary & Behavioral Healthcare by phone or video

98point6

Text-Based Primary Care via mobile app

TalkSpace

Behavioral Healthcare features video and text

Omada

Physical Therapy video consults



Kaiser Permanente

Download the free app to schedule an appointment with your Kaiser Permanente care team, contact the Consulting Nurse, manage your prescriptions, locate and find wait times for clinics, pharmacies, and labs – and more!



Delta Dental

It's easy to get the most out of your dental benefits with the free mobile app for Apple iOS and Android users. If you're not already registered, you can set up your account from the app's login page.

Find a Dentist

Quickly search to find out if there's an in-network dentist near you by using the app.

Claims

Recently have dental work? Find out if your claim was paid by viewing your claim status in the app.

Coverage Details

Unfortunately, you need a filling. Sign in to see what percentage is covered by your benefits.

Proof of Coverage

Show your coverage on your phone, or email it to your provider.



Navia

The MyNavia mobile app is a mobile platform that allows you to manage your benefits from the palm of your hand. The app includes access to real-time account balances, tutorial videos, account alerts and claim submissions.



Need help with claims, or difficult issues?

Contact a Gallagher Benefit Advocate for confidential and friendly help!
425-201-8417 | BAC.CityofBellevue@ajg.com



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More information at c2mb.ajg.com/cityofbellevue

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